

The Strafford Community Calendar

November 2015

Volume 39



**DEADLINE for the DECEMBER Issue of
The Strafford Community Calendar is NOVEMBER 15**

**STRAFFORD COMMUNITY CALENDAR
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HOW TO SUBMIT ADS

Please email ads in Microsoft Word format (file name ends with .docx or .doc) or PDF format (file name ends with .pdf) to staff@straffordcommunitycalendar.com and your payment to SCC, P.O. Box 341, Strafford, NH 03884 by the 15th of the month before publication (e.g., July 15 for inclusion in the August issue). See Ad Rates & Sizes (below) on page 2 of every issue.

If you want us to design your ad, send us an idea of what you want included, along with your payment and the phone number where you can be reached with questions, to the SCC address above. Email any further questions to staff@straffordcommunitycalendar.com or call 942-8164.

WHERE TO FIND

THE STRAFFORD COMMUNITY CALENDAR

Here are the locations where you can find a copy of the *Strafford Community Calendar*: Elf's; Hill Library; Post Office; Strafford Town Hall; Strafford School; Isinglass Store; K & J's Diner; Sheilah's Deli & Market; Nippo Lake Golf Club; Northwood Garage; Northwood Physical Therapy; and online. The online version is posted in PDF format, complete with ads and working links on our website. Go to straffordcommunitycalendar.com; click on Download Current Issue or Download Previous Issue; save to your computer.



PHOTO CREDITS

This month's cover photo of a flying squirrel and the Veteran's Day memorial picture on page 14 were taken by Bill & Linda Hodgdon. The moose photo on page 12 was snapped by Nancy Goodspeed. The rest were sent along with their related articles. Thank you all!

Send your photos to staff@straffordcommunitycalendar.com.

HOW TO SUBMIT ARTICLES

Please send articles to staff@straffordcommunitycalendar.com in Microsoft Word format (File name ends with .docx or .doc) or RTF format (File name ends with .rtf). Otherwise, place the text of your article directly into the message section of your email. (See guidelines below to submit photos with your article.) Place the name of your organization or article topic on the subject line. Include your name, email address, and phone number(s) on all submissions. We do not accept anonymous submittals.

The editors of this newsletter reserve the right to make any such corrections, additions, and/or deletions as needed in material submitted in accordance with established editorial practice. Opinions expressed in the *Strafford Community Calendar* do not necessarily reflect the opinions of the staff. The staff is not responsible for changes in function dates, times, or locations; errors; omissions; or cancellations. All materials must be received by the 15th of the month for inclusion in the following month's issue. Thank you for your cooperation.

HOW TO SUBMIT PHOTOS

Email photos in .jpg or .png format to staff@straffordcommunitycalendar.com. Attach them to your email and include the photographer's name and the photo location(s) in your email, along with a statement of permission to print your photo(s). Send photos separately from your article; do not embed them into a Microsoft Word document.

**THE STRAFFORD COMMUNITY CALENDAR
AD RATES & SIZES**

Regular Ads:

- 1-inch ad for 1 month: \$12.25; 3 3/4 in. wide x 1 in. high
- 1-inch ad for 6 months: \$68.50
- 1-inch ad for 1 year: \$117.00
- 2-inch ad for 1 month: \$24.50; 3 3/4 in. wide x 2 in. high
- 2-inch ad for 6 months: \$137.00
- 2-inch ad for 1 year: \$237.00
- 1/4-page ad for 1 month: \$30.00; 3 3/4 in. wide x 5 in. high
- 1/4-page ad for 6 months: \$170.00
- 1/4-page ad for 1 year: \$330.00

Inserts:

- \$70 (After our review of your insert, you provide 1000 copies delivered to Lilac Printing, Rochester, NH by the 15th of the month before publication; e.g., May 15th for the June issue). A handling fee may be charged for more than one 8 1/2 x 11 page.

Please remember:

1. Inserts in the *Strafford Community Calendar* must be approved by the editors on or before the deadline.
2. Inserts and ads are prepaid.

TURKEY SUPPER ON FIRST CROWN POINT ROAD

All are welcome at the Crown Point Baptist Church on First Crown Point Road in Strafford, on Saturday, November 14, 2015, from 4:30 to 6:30 pm for our famous turkey supper—turkey, stuffing, potatoes, gravy, squash, string beans, rolls, beverages, and homemade pies. Takeout is available. Cost is by donation.

READY RIDES

Ready Rides is a non-profit organization formed to provide rides for seniors and physically challenged neighbors in Barrington, Durham, Lee, Madbury, Newmarket, Northwood, Nottingham, and Strafford who need transportation to medical and dental appointments.

We continue to see a growth in ride requests month after month. The success of our program depends on our volunteer drivers. We are always looking for new drivers. Our program works around your schedule and availability; you can do as many or as few rides as you want. Drivers select rides from a list of requested trips to match a driver to a rider. We offer training programs for new drivers and mileage reimbursement.

To request information about registering as a rider or

volunteering as a driver, please email us at info@readyrides.org or call 603-244-8719.

Monetary donations are always appreciated and can be mailed to Ready Rides, P.O. Box 272, Northwood, NH 03261. Your gifts are tax deductible. Thank you.

STRAFFORD WOMEN'S CLUB

Stop! Sniff! What is wafting through the air? Is it that time again when the sweet scent of chocolate, peanut butter and sugar begins to travel throughout the town, finding its way to the Idlepines Room of the Bow Lake Church? It is! The annual *Cookie Swap* happens on November 23, following the meeting which begins at 1:30. We will indulge in each other's freshly baked confectionary creations, tuck some away in our own empty containers, and leave plenty to mound the "cookie plates" which will be filled and delivered to confined members and friends after the meeting.

As always, the Women's Club welcomes visitors! Consider yourself invited to our "swap"; bring along four dozen cookies, and return home with the aroma of a sampling of all the other treats with you. Mmmmm and we'll supply the milk. Do you have questions about the Women's Club? Do you have need of a ride? Call Jane at 664-9202.



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STONE WALLS PROGRAM

Join Kevin Gardner, author of *The Granite Kiss*, at Hill Library on November 23 at 7 pm, as he discusses the history, technique, stylistic development and aesthetics of New England stone walls. Mr. Gardner will also explain the how and why New England came to acquire its thousands of miles of stone walls, the ways in which they and other dry stone structures were built, how their styles emerged and changed over time, and their significance to the famous New England landscape.

Along the way, Kevin occupies himself building a miniature wall or walls on a tabletop, using tiny stones from a five-gallon bucket. There will be a generous question-and-answer period, during which listeners are encouraged to bring up specific problems or projects on their own properties.

Since the publication of *The Granite Kiss*, Kevin has presented his program at dozens of historical societies, bookstores, and town libraries all over New England.

The program will be held on Monday, November 23, 2015 at 7 pm at Hill Library, 1151 Parker Mountain Road in Strafford. This program is made possible by a grant from the NH Humanities Council through its Humanities To Go program and is co-sponsored by the Friends of the Hill Library. For more information, please call the Library at 664-2800.



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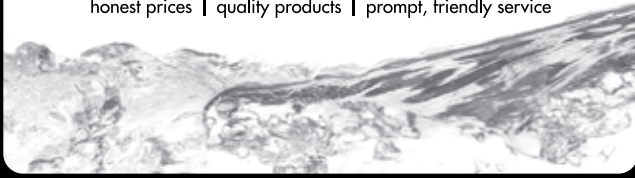
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LIBRARY LINES

Our next Story Time session will run from November 4 to December 16. Stop in for seasonal stories, crafts, and new friends. Come in and check out our telescope! We also have three Kindles that can be checked out. We will be closed on Veterans Day, November 11.

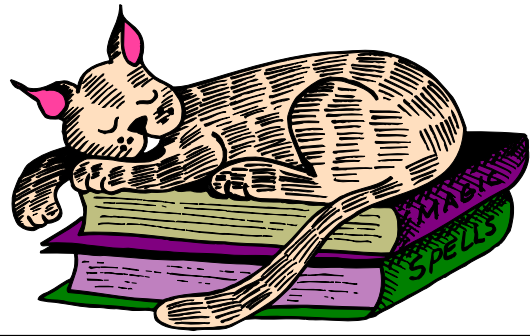
THE COLLECTION—Adult Fiction: *The Dressmaker* by Ham, *Secrets of a Charmed Life* by Meissner, *The Little Paris Bookshop* by George, *The Murderer’s Daughter* by J. Kellerman, *Undercover* by Steel, *The Heart Goes Last* by Atwood and *The Girl in the Spider’s Web* by Lagercranz, *Rabble in Arms* by Roberts. Non Fiction: *Fail, Fail Again, Fail Better* by Chodron, *Plunder and Deceit* by Levin, *When Things Fall Apart* by Chodron. DVDS: Avengers: Age of Ultron, “9”, Father Brown Seasons 1 and 2, Star Trek, Dead Man, Far From the Madding Crowd.

Children/Young Adults: *Serafina and the Black Cloak* by Beatty, *What This Story Needs is a Pig in a Wig* by Virjon, *If You Plant A Seed* by Nelson, *Magnus Chase and the Guards of Asgard* by Riordan, *Ladybug Girl and Her Mama, You Are Not Small* by Kang, *Tiger Boy* by Perkins, *Percy Jackson’s Greek Heroes* by Riordan.

THE TRUSTEES—The next Trustee Meeting is Thursday, November 5 at 6 pm. If you think you might be interested in being a Hill Library Trustee Alternate, come by and see what the Trustees are all about. We are looking for energetic, creative folks to bring fresh perspectives to

the Board. If you need transportation to the meeting, please call 664-2800.

PROGRAMMING—Feeling artistic? Try the Cartoon and Drawing Club on November 3 and 17, from 5-7 pm. *Note the change in time for this event. Come by and do some coloring at our Adult Coloring Night on November 10 from 6 to 7 pm. Bricks4Kidz will resume on November 14 from 12:00 to 1:30. Minecraft Club will be held on Saturday, November 21, from 11 to 1 pm. We will supply snacks; you bring your devices. All are welcome to come in and play. Join us on Thursday, November 19, at 6:30 for this month’s Book Club. The featured book will be *Crossing Places* by Elly Griffiths. Discovering New England Stone Walls, November 23, 2015, 7 pm. Bring yourselves and your poetry to share at “An Evening of Spoken Word” featuring Ed Pacht on November 30 from 5 to 7 pm. Save the Date—*Benedict Arnold: Patriot or Traitor?* on December 10, 2015, 7 pm.



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NOTES FROM THE TOWN CLERK

Fall/Winter Town Hall closed schedule: Wednesday, November 11, 2015–Veteran’s Day; Thursday, November 26, 2015–Thanksgiving Day; Thursday, December 24, 2015–Christmas Eve Day; Friday, December 25, 2015–Christmas Day; Thursday, December 31, 2015–New Year’s Eve Day, closing at Noon.

On-Line Vehicle Renewals & Dog Licensing—You can renew your vehicle registrations and license your dogs with the Strafford Town Clerk online. Just follow the instructions on the renewal letters we send OR go to www.strafford.nh.gov (our Town website) and locate the red “Online Payments” button. The Strafford Town Clerk will process your online renewals and mail your registrations/licenses to you. It’s easy and convenient. Only renewals can be processed on-line; dog licenses for 2016 can be processed online beginning January 1, 2016; allow one week for processing; all new vehicles, vehicle transfers, and new dogs must continue to be processed in person at the Town Clerk’s office. Note: We continue to offer renewal services by mail or in person at the Town Clerk’s office.

For further information or questions, please contact Diane Waldron, Strafford Town Clerk, at 664-2192 ext. 102. We wish you all a happy Holiday Season!

FROM THE U.S. POSTAL SERVICE, PLEASE KEEP WALKWAYS SAFE FOR LETTER CARRIERS

Leaves in an array of colors add a blanket of pre-winter beauty to the New England landscape. But what lies beneath those leaves can be treacherous. Holes, hoses, branches and toys can be camouflaged trip hazards around your home, and wet leaves can be as slippery as ice. That puts any visitor to your residence, including letter carriers, at risk. You can help protect visitors to your home by removing debris and leaves and promptly repairing broken stairs or walkways. Please keep your entryway free of items that can become hidden hazards, and make sure your downspouts are clear and direct water away from walkways.

To safely deliver, carriers need a clear path to your mailbox. Overhanging branches or leaf piles at boxes should be removed. Boxes that are improperly mounted, rusted, or won’t close securely should be replaced, and house numbers on boxes should be visible. This is the time of year to address any mailbox issues before the snowfalls.

With Daylight Saving Time it will be getting dark earlier. Leaving a light on to illuminate any outdoor hazards will help your carrier to safely deliver your mail. As we approach the holiday season, thank you for your cooperation keeping your property safe while our letter carriers continue to provide the first class service you’ve come to expect.

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STRAFFORD TOWN DEMOCRATS

The next meeting of the Strafford Town Democratic Committee will take place on Tuesday, November 3, at 7 pm at Hill Library. Please join us for an update on Presidential Primary politics, as well as Governor Maggie Hassan's campaign for U.S. Senate and Carol Shea Porter's bid for U.S. Congress. It is an exciting election year, and you can make a difference by being involved. Stay in touch with the Strafford Town Democrats at www.stafforddems.org.

BOY SCOUT TROOP 23

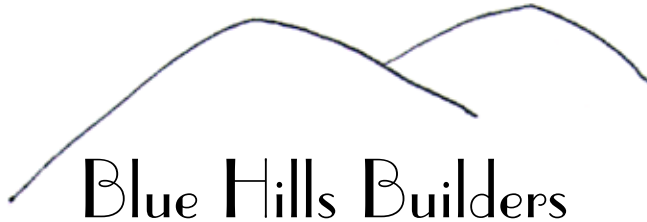
The Boy Scouts of Strafford's Troop 23 will be collecting and disposing of Christmas trees following the holiday season. Target pick-up dates are Saturdays, January 2 and 9. The cost is \$10 (\$5 for seniors 65+ or military veterans).

If interested, please send a note via email to StaffordTroop23@gmail.com with your name and address to reserve your spot today. No artificial trees, please.

STRAFFORD TOWN REPUBLICANS

October's Columbus Day Round Table Discussion of the Town of Strafford Republican Committee touched on the various Presidential candidates. Representative Kurt Wuelper, a member of the Judicial Committee, spoke about some of the bills now before this Committee. Kurt shared that one of the bills is an updating of the Criminal Forfeiture Law 636 which is currently such a mess that most goods seized from crime are handled through the Drug Law 318. We also discussed CACR5 which would allow New Hampshire Citizens the right to sue the State of New Hampshire. They will also hear a number of bills on aborting the lives of people in utero around the topics of late term, genetic abnormalities, and pain felt by the person in utero. The House Judicial Committee will also be looking at the Right to Know Laws which can be encumbered by unreasonable time and dollar requirements for production of copies of documents requested.

Please join us for November's Round Table Discussion from 6:30 to 8:00 pm on Monday, November 9, at Strafford's Hill Library. All are welcome.



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BOW LAKE COMMUNITY CLUB NEEDS YOU!

Wow, what a year! As the water flows over the Dam in preparation for the upcoming winter, we are looking back on a banner year of community events and an incredibly successful membership drive. From Lakeside Players' entertaining productions of Impersonators of Romance in April and the oh-so-ghoulish Halloween Dinner Show in October, to the Community Club's toothsome Your Just Desserts and Auction in May, succulent Pulled Pork Drive-Thru in July, nail-biting Ducks O'er the Dam and our first internet cafe in September; plus the epic Chili & Chowder Challenge in October, we have so enjoyed this year with you in our Bow Lake community. We are already planning next year's events (get ready for some surprises) and are hard at work improving your Bow Lake Grange Hall and upgrading the commercial kitchen.

If you are looking for a way to get involved, have fun, and help maintain the Bow Lake Grange Hall as the heart of all that's happening, we would love to have you. If you're not a member, it's easy to join by visiting our website at bowlakecc.org. If you are a member and want to help, consider becoming a member-at-large. As a member-at-large, you'll be invited to attend our (snack-filled) monthly meetings and have your vote count on important matters regarding the Club and the Bow Lake Grange Hall. If a member-at-large is more than you'd like to take on, how about becoming part of our ready group of volunteers to help

with one of our community events? Call Vicky Mowers at 397-7134 to learn more.

Looking ahead, *Christmas in Strafford* is just a short nine weeks away (December 5 and 6). The Community Club will be serving soup, sandwiches, and more on Saturday at the Grange Hall for hungry shoppers. Check out their website at www.christmasinstraftord.com for the latest information.

INFORMATIONAL MEETING ON DEPRESSION AND SUICIDE PREVENTION

As the holidays approach and the daylight grows shorter, loneliness and hopelessness can be overwhelming. You are welcome to come to an informational meeting on Depression and Suicide Prevention at Bow Lake Church on Wednesday, November 11, 2015, from 7 to 8 pm in the Idlepines Room of the Bow Lake Church. This is not a counseling session; rather it is to learn what the warning signs are, what can be done to help, and resources available in the community. Come for yourself. Come for someone you love.

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STRAFFORD GARDEN CLUB

Did you ever wonder what the Strafford Garden Club is all about? Let us tell you!

FUN is a key component of Strafford Garden Club. Members get together once a month to attend a meeting and enjoy refreshments and a program topic. Members also frequently travel to nearby events and places of interest. Last month we ventured to Framingham, MA to visit the New England Wild Flower Society's renowned Garden in the Woods. This month we are headed to the Currier Museum of Art in Manchester, NH to view Maxwell Parrish's Power of the Print Exhibit. We will all enjoy lunch together at Julien's Corner Kitchen in Manchester.

EDUCATION is another constant in our Garden Club. Do you love plants and flowers but find yourself with anything but a green thumb? Learn to grow plants, vegetables, and beautiful gardens by attending our monthly meetings. We enjoy sharing our own best garden practices as well as topics of horticultural interest. Last month the program topic was "Basil, King of Herbs." Did you know that it has antibacterial and anti-inflammatory properties, as well as a reputation as an aphrodisiac herb of love? This herb is a key ingredient for tomato sauces, pesto recipes, pizza, soups and stews, fish and meat dishes, and salads. Attendees sampled a delicious Salad Caprese atop bruschetta.

COMMUNITY INVOLVEMENT is at the heart of our Garden Club. Each year the Garden Club works to beautify

the community with flowers, planters and gardens around our Town. Have you noticed people picking up litter on the side of the roads? That's us! We also sponsor the Annual Plant Sale and the Blueberry Pancake Breakfast.

Sound interesting? Our next meeting is scheduled for November 2, 2015 at 1:00 pm at the Grange Hall. Our program is entitled, "The Lazy Gardeners Way to More Veggies Than You Can Eat." We'd love to see you there! Membership is open to men, women, and the young and old alike! Contact Carolyn Page at carolynenzpage@gmail.com for more information.

STRAFFORD RECREATIONAL SPORTS

Strafford Recreational Sports provides youth sports opportunities for all children in Strafford, including soccer, cross country, basketball, skiing & snowboarding, track & field, baseball & softball, and volleyball. See our website www.straffordrec.org for details about each sport, including important registration deadlines.

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CONSERVATION NOTES

How about a good November walk before we need to do it with snowshoes? It's been a while since we wrote about the walk up to Little Niagara, a very picturesque Strafford waterfall. Does everyone know how to get there? Take First Crown Point Road way up over the high point, keep going past the parking lot for the Blue Job Mountain trail, another good walk, and continue on First Crown Point until you see Little Niagara Road on the left. Down Little Niagara Road past several houses you'll find a parking area by the big wetland. You'll have to walk the road beyond that point about a half mile to the falls on your left where the Big River tumbles into a ravine.

Or maybe you'd like to try the newly trimmed out and flagged Neil Mooers trail as it continues through the woods from near the top of the wide forest access road at the Town Forest. In late summer, Conservation Commission members and volunteers worked to bring the trail back to easy-to-follow shape.

Many have enjoyed the trails at the Isinglass River Conservation Reserve, and one of them extends into the Bedford Property that is part of the several tracts of land that make up the IRCR. That parcel begins right across from the Strafford Recycling Center, and its boundaries are now even more clearly defined thanks to work by Carolyn Page and Mimi Jost, who have spent time refreshing blazes and posting the Bear-Paw conservation easement signs. Find the IRCR

trail map at the Conservation Commission portion of the Town website.

Our conservation lands are open for hunting, but that shouldn't stop hikers from enjoying them in November. Everyone, just wear that blaze orange and enjoy Strafford in autumn!

WOMEN'S BREAKFAST

The Bow Lake Church extends an invitation to all community women to come together for a once-a-month pot luck breakfast. This gathering is designed for women of all ages to enjoy the fellowship of one another as well as giving the opportunity, through the easy channel of food, to become better acquainted. There is no charge, no homework, no deadline and no lists, but we do ask that everyone bring a dish to pass. Each breakfast features a new (and brief) speaker. Breakfast begins at 9 am on the first Saturday of every month in the Idlepines Room of the Church. Place settings and beverages are provided. Welcome! Come and enjoy.



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MUSEUM REIMBURSEMENT PROGRAM

The Strafford Library Association (Hill Library's "friends group") offers a \$500.00 per calendar year fund for reimbursement on admission fees to any museum in New England. A family can request up to \$25.00 per visit per year (amount not to exceed the actual admission fees). All you need to do following a visit to a museum is fill out a reimbursement request form (which will include the patron's library card number) and submit it at the circulation desk in the Library, together with the receipt from your visit which shows the full cost, number of attendees, and the date. Requests made after the \$500 fund is depleted will not be processed. The required form will be available at Hill Library or can be downloaded from the Library's website—www.strafflib.org. There are hundreds of museums throughout New England. Visit the following websites for more information: <http://www.museumlink.com>; <http://visitnewengland.com>; or HistoricNewEngland.org.

COMMUNITY CAFÉ

CREATING A VIRTUAL RECIPE BOX

Gather with your neighbors and come to the Grange Hall on Saturday, December 12, from 10 am to 1 pm to enjoy our free internet and a very timely internet-based workshop. Do you still rely on that disorganized box stuffed with decades old recipes? Have you ever searched online and found the perfect recipe, only to lose it when you try to find it again? Ever wonder how to find that exotic recipe for Pad Thai? Just in time for the prime holiday cooking season, Beverley Nemetz will be joining us during our Community Café from 11 am to 12 noon to show us how to accurately search for and save your favorite online recipes to your own virtual recipe box. All you need to bring is you, your online device (laptop, iPad, Surface, etc.), and lunch if you'd like. We will provide the internet and beverages (coffee and water). RSVP to Sheila Jenkins-Hamilton at sjh@metrocast.net or 664-9362.

EVENING OF SPOKEN WORD AND OPEN MIC

Come to Hill Library in Strafford on November 30 for the Hill Library's "Evening of Spoken Word & Open Mic" featuring poet-storyteller-history-buff Ed Pacht, followed by Open Mic. Sign-ups start at 5:30 pm; feature at 6 pm; All are welcome to attend this free event. Snacks, beverages, and surprises await you.



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for schedule

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E-mail: boyencpa@metrocast.net

HISTORICAL NOTES



We hope that you have noticed that Austin Hall received a new coat of paint this summer and is looking better than ever. Painting was made possible by two major donations to the Austin Hall painting fund (see photo). The members of the Strafford Historical Society would

like to thank all of our donors for helping us finish this work, which is the last part of our Austin Hall restoration project, begun nearly five years ago with the help of LCHIP.

The Historical Society will be hosting a meeting and special program on Tuesday, November 17, at 7:00 pm featuring Strafford's own barn expert, Ed Pape, on "What to Look For in Your Barn". Please join us at the Old Waldron Store, 520 Province Road, for this fascinating program featuring recent and not so recent stories and photos including some local barns.

Later this month, watch for information on this year's edition of *Christmas in Strafford*. The Old Waldron Store will be open again this year for this unique community event. See you there!



JoAnn Brown, President, with Jane Cooper Fall & Jo Laird, who made major donations for the painting of Austin Hall.



SHS Past President Roger Leighton and current President JoAnn Brown, accompanied by Vice-Presidents Ken Berry and Charles Burnham, inspecting the newly painted Austin Hall.

**VETERANS
DAY**

**November
11,
2015**



ANOTHER STRAFFORD CENTENARIAN

Stephen O'Grady is celebrating his 100th birthday at the Kerivan farm on Northwood Road on Friday, November 13, 2015. Mr. O'Grady is a healthy 100 year old as he continues to mow the lawn and make repairs to the tractor. He and his kid sister Rita, age 95, live at the farm. Steve was born and raised in the "Whaling Capital of the World," New Bedford, MA. As a boy, three-masted ships were still combing the seas for the great whale. At the time, New Bedford was bustling with tool and dye manufacturers, cotton mills, and commercial fishing. It was one of the richest per capita cities in the World.

Steve served in the Army in World War II. At first, he was sent by Roosevelt to help fight the American Union workers. He was one of 400 Military Policemen sent to Springfield, MA, to fend off strikes at the Springfield Arms Company. He was later trained as a Medic and sent to the Philippines in preparation for the invasion of Japan. Luckily, the A-bomb made the invasion unnecessary.

After the War, Steve worked for the New Bedford School Department as a custodian in the same school his father had worked. Steve was a licensed steam boiler operator in charge of the school's large coal-fired boiler. Steve retired in 1978 and moved to the farm in 1980 with his brother, Francis O'Grady.

Steve does not divulge his secret for longevity. One theory for his great health is attributed to diet—bacon and eggs for breakfast and meat and potatoes for supper. However, one must take into consideration his vice-free life, his "everything in moderation" attitude, and a solid religious faith.

*HAPPY BIRTHDAY,
STEPHEN O'GRADY!*

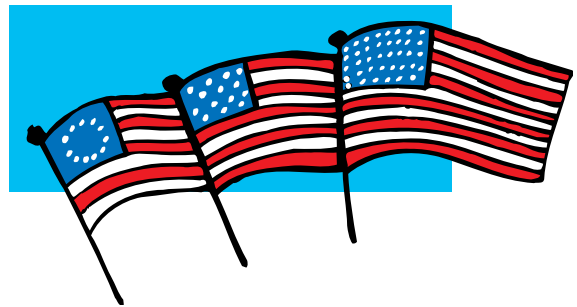


CATAMOUNT 5K: RUN AROUND THE FAIRGROUNDS

Enjoy the scenic, autumn beauty of New England's Oldest Family Fairgrounds at the Inaugural Catamount 5k at the Deerfield Fairgrounds on Sunday, November 1, 2015. This 5k is offered by Catamount Womenaid and designed to bring the community together and promote health and wellness while supporting the small Deerfield-based nonprofit. The course is a cross country-type run on dirt, gravel, grass and a little pavement. "About 90% of the route is in open view of spectators and there's only a slight incline along with a decent downhill. The route tours the grounds without entering the events area. About the flattest course one can find in Deerfield and the first of its kind on the historic Deerfield Fairgrounds," says Julie DeCosta, Catamount 5k Planning Committee Member. Walkers and runners of all ages are encouraged to participate.

Online registration is available until 10/31/15 for \$22. Free fleece hats for the first 100 registrants. Race day registration for \$30 starts at 7am and the 5k begins at 9am. Parking is close and easy, using a main gate at 34 Stage Road. Don't forget to set your clocks back—daylight saving time ends 11/1/15—makes coming to a morning race even easier. There will be an Emcee with music and announcements to start out the day and to motivate runners during the race. After crossing the finish line, there will be an assortment of donated baked goods and fruit and beverages. Grab your friends and family and register for this unique 5k. Tickets will be available to purchase for a variety of raffle baskets. Drawing will be at the completion of the race. *Like* Catamount 5k at the Deerfield Fairgrounds on Facebook to stay in touch about the raffle and other news about the event.

We are grateful for our sponsors, including Deerfield Veterinary Clinic, Northeast Eye Care, The Robertson Insurance Agency, Northeast Delta Dental, and Neatline Associates. All proceeds benefit Catamount Womenaid, providing emergency financial assistance to men, women and children in Deerfield, Epsom, Pittsfield, and Strafford, NH. Visit www.catamountwomenaid.org to register.



We Salute Their Bravery

Contacts

EMERGENCY NUMBERS

Police/Fire/Medical Emergency.....	911
Police Non-Emergency.....	664-5644
Police Business Line	664-7462
Dog Officer.....	664-5644
Poison Control.....	1-800-562-8236
All Emergencies.....	911
Fire Department Business Line	664-6863

Town Hall.....664-2192

Town Clerk's Hours (Ext. 102):

Monday, Wednesday, & Thursday.....	8:30–2:00
Tuesday.....	1:00–7:00

Tax Collector's Hours (Ext. 103):

Monday & Wednesday.....	8:30–2:00
Tuesday.....	1:00–6:00

Town Office/Selectmen's Hours (Ext. 110 or 101):

Monday, Tuesday, Wednesday	9:00–noon
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Building Inspector's Hours (Ext. 104 or by appointment):

Tuesday.....	4:00–7:00
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Planning & Zoning (Ext. 105)

Assessor (Ext. 107)

Hill Library.....664-2800

Monday through Thursday.....	11:00–7:00
Saturday.....	10:00–2:00

Recycling Center Year-Round Hours:

Wednesday.....	4:00 p.m.–7:00 p.m.
Saturday & Sunday.....	9:00 a.m.–1:00 p.m.

Strafford Post Office.....664-2118

1079 Parker Mountain Road (Rt. 126), Strafford, NH 03884

Monday–Friday:

Retail Service.....	8:00 a.m. – 12:30 p.m. & 1:30 p.m. – 4:30 p.m.
Lobby & Post Office Box Access	6:45 a.m. – 5:00 p.m.

Saturday:

Retail Service.....	8:00 a.m. – 12:00 p.m.
Lobby & Post Office Box Access	6:45 a.m. – 12:00 p.m.

Cornerstone VNA.....603-332-1133

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CHURCH DIRECTORY

Bow Lake Baptist Church.....664-7401

530 Province Road, Strafford, NH www.blfwbc.org

Worship Service 10:00 a.m.

3rd Baptist Church of Ctr. Strafford.....664-7750

Worship Service 10:00 a.m.

Crown Point Baptist Church.....509-2224

274 First Crown Point Rd.

Worship Service 9:00 a.m.

St. Joseph's Catholic Church.....942-8716

Rte. 4, Northwood

Sunday Mass 10:00 a.m.

Northwood Congregational Church U.C.C.....942-7116

881 First NH Turnpike (Rte. 4), Northwood, NH 03261

Sunday Service 9:00 a.m.

St. Stephen's Episcopal Church.....435-7908

50 Main Street, Pittsfield, NH 03263 www.ststephenspittsfieldnh.org

Sunday Service 9:30 a.m.

New Hope Church.....285-3533

34 Raymond Rd. (Rte. 156), Nottingham, NH 03290

www.new-hopechurch.com

Sunday Service 10:00 a.m.

Nottingham Community Universalist Church.....679-8400

106 Church St. (Rt. 156 & Church St.), Nottingham, NH 03290

www.nc_uc@yahoo.com

Sunday Service 10:00 a.m.

St. George's Episcopal Church.....868-2785

One Park Court at 14 Main Street, Durham, NH 03824

www.stgeorgesdurham.org

Sunday Services 8:00 a.m. & 10:00 a.m.

Northwood Advent Christian Church.....834-0863

113 School St, Northwood, NH

Worship Service 10:00 a.m.

STRAFFORD LINKS

Bow Lake Camp Owners Association blcoa.org

Bow Lake Community Club www.bowlakecc.org

Bow Lake Sailing wessexusa.com/bls_main1.html

BSA Troop 23 straffordtroop23.webs.com

Coe-Brown Northwood Academy www.coebrown.org

Hill Library hilllibrary.org

Lakeside Players thelakesideplayers.org

Strafford Community Calendar

straffordcommunitycalendar.com

Strafford Police straffordpolice.org

Strafford Recreational Sports, Inc. straffordrec.org

Strafford School strafford.k12.nh.us

Strafford Swamp Stompers Snowmobile Club

straffordswampstompers.org

Strafford Town Democratic Committee

strafforddems.org

Town of Strafford

strafford.nh.gov

The Christian Cupboard and USDA emergency food distribution

site at the Christian Center continues to serve the Town of Strafford.

Persons needing food are invited to come to the Center on Thursdays between 8:00 and 10:00 a.m. for confidential emergency food distribution.

Calendar of Events



- | | | | |
|----|------|---|--|
| 1 | Sun | 2:00 am
9:00 am | <i>Daylight Saving Time ends; fall back!</i>
Catamount 5K; see article.
See <i>Contacts</i> page for local religious services. |
| 2 | Mon | 1:00 pm
5-6 pm

7:00 pm
7:00 pm | Strafford Garden Club meeting at Bow Lake Grange Hall; see article.
Free Dinner at Interfaith Community Kitchen, St. Joseph's Parish Hall, Northwood (every Monday)
Fire Department Business Meeting.
Conservation Commission meeting at Town Hall. |
| 3 | Tues | 5-7 pm
6:15 pm
7:00 pm | Cartoon & Drawing Club meeting at Hill Library.
TOPS (Take Off Pounds Sensibly) at Police Station (every Tuesday).
Strafford Town Democrats meeting at Hill Library; see article. |
| 4 | Wed | 11:00 am
5-6:30 pm
7:00 pm | Story Time at Hill Library; see <i>Library Lines</i> .
Free Dinner at Community Kitchen, Christian Center, Third Baptist Church (every Wednesday).
Fire Department EMS Training. |
| 5 | Thur | 8-10 am
6:00 pm
7:30 pm | Food Pantry at Christian Center (every Thursday).
Library Trustees meeting at Hill Library.
Planning Board meeting at Town Hall. |
| 6 | Fri | 7:30 pm | AA meeting in Idlepines Room, Bow Lake Church (every Friday). |
| 7 | Sat | 9:00 am | Women's Breakfast in Idlepines Room, Bow Lake Baptist Church. |
| 9 | Mon | 6:30 pm
7:00 pm | Strafford Town Republicans meeting at Hill Library; see article.
Fire Department Training. |
| 10 | Tues | 6-7 pm
6:00 pm
6:00 pm | Adult Coloring Night at Hill Library; see <i>Library Lines</i> .
Selectmen meeting at Town Hall.
School Board meeting in Strafford School Library. |
| 11 | Wed | 7-8 pm | VETERANS DAY. Town Hall, School, Library closed.
Info meeting on Depression and Suicide Prevention at Bow Lake Church; see article. |
| 12 | Thur | 7:00 pm | Strafford Swamp Stompers Snowmobile Club meeting at Nippo Lake Golf Club. |
| 14 | Sat | 12-1:30 pm
4:30-6:30pm | Bricks4Kidz at Hill Library; see <i>Library Lines</i> .
Turkey Supper at First Crown Point Church; see article. |
| 15 | Sun | | DEADLINE for December <i>Strafford Community Calendar</i> . |
| 16 | Mon | 7:00 pm
7:30 pm | Fire Department Work Session at respective stations.
Fire Department Officers Meeting. |
| 17 | Tues | 5-7 pm
7:00 pm | Cartoon & Drawing Club meeting at Hill Library.
Barn Program by Historical Society at Old Waldron Store; see article. |
| 18 | Wed | 11:00 am
6:00 pm | Story Time at Hill Library; see <i>Library Lines</i> .
SAU 44 Joint School Board meeting in CBNA Library. |
| 19 | Thur | 6:30 pm | Book Club meeting at Hill Library; see <i>Library Lines</i> . |
| 21 | Sat | 11am-1pm
9am-2pm | Minecraft Club meeting at Hill Library.
Holly Fair at St. Stephen's Church, 50 Main Street, Pittsfield. |
| 22 | Sun | 2:00 pm | Sew & Chat at Hill Library. |
| 23 | Mon | 1:30 pm
7:00 pm
7:00 pm | Strafford Women's Club Cookie Party; see article.
Fire Department Work Session at respective stations.
New England Stone Walls program at Hill Library; see article. |
| 24 | Tues | 6:00 pm | Selectmen meeting at Town Hall. |
| 25 | Wed | | No School—Thanksgiving recess November 25 through 27. |
| 26 | Thur | | HAPPY THANKSGIVING |
| 30 | Mon | 5:30 pm
7:00 pm | Evening of Spoken Word and Open Mic with Ed Pacht at Hill Library; see article.
Fire Department Work Session at respective stations. |

