

The Strafford Community Calendar

July 2015

Volume 39



**DEADLINE for the AUGUST Issue of
The Strafford Community Calendar is JULY 15**

**STRAFFORD COMMUNITY CALENDAR
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HOW TO SUBMIT ADS

Please email ads in Microsoft Word format (file name ends with .docx or .doc) or PDF format (file name ends with .pdf) to staff@straffordcommunitycalendar.com and your payment to SCC, P.O. Box 341, Strafford, NH 03884 by the 15th of the month before publication (e.g., July 15 for inclusion in the August issue). See Ad Rates & Sizes (below) on page 2 of every issue.

If you want us to design your ad, send us an idea of what you want included, along with your payment and the phone number where you can be reached with questions, to the SCC address above. Email any further questions to staff@straffordcommunitycalendar.com or call 942-8164.

HOW TO SUBMIT ARTICLES

Please send articles to staff@straffordcommunitycalendar.com in Microsoft Word format (File name ends with .docx or .doc) or RTF format (File name ends with .rtf). Otherwise, place the text of your article directly into the message section of your email. (See guidelines below to submit photos with your article.) Place the name of your organization or article topic on the subject line. Include your name, email address, and phone number(s) on all submissions. We do not accept anonymous submittals.

The editors of this newsletter reserve the right to make any such corrections, additions, and/or deletions as needed in material submitted in accordance with established editorial practice. Opinions expressed in the *Strafford Community Calendar* do not necessarily reflect the opinions of the staff. The staff is not responsible for changes in function dates, times, or locations; errors; omissions; or cancellations. All materials must be received by the 15th of the month for inclusion in the following month's issue. Thank you for your cooperation.

HOW TO SUBMIT PHOTOS

Email photos in .jpg or .png format to staff@straffordcommunitycalendar.com. Attach them to your email and include the photographer's name and the photo location(s) in your email, along with a statement of permission to print your photo(s). Send photos separately from your article; do not embed them into a Microsoft Word document.

**THE STRAFFORD COMMUNITY CALENDAR
AD RATES & SIZES**

Regular Ads:

- 1-inch ad for 1 month: \$12.25; 3 3/4 in. wide x 1 in. high
- 1-inch ad for 6 months: \$68.50
- 1-inch ad for 1 year: \$117.00
- 2-inch ad for 1 month: \$24.50; 3 3/4 in. wide x 2 in. high
- 2-inch ad for 6 months: \$137.00
- 2-inch ad for 1 year: \$237.00
- 1/4-page ad for 1 month: \$30.00; 3 3/4 in. wide x 5 in. high
- 1/4-page ad for 6 months: \$170.00
- 1/4-page ad for 1 year: \$330.00

Inserts:

- \$70 (After our review of your insert, you provide 1000 copies delivered to Lilac Printing, Rochester, NH by the 15th of the month before publication; e.g., May 15th for the June issue). A handling fee may be charged for more than one 8 1/2 x 11 page.

Barbara Paiton contributed this month's cover photo. The fireworks photo on page 9 was taken by Bill & Linda Hodgdon. The photo on page 14 of feeding time for one of twin eaglets born this year is courtesy of Pat Sims. Thanks all!

Send your photos to staff@straffordcommunitycalendar.com.

STRAFFORD LINKS

Bow Lake Camp Owners Association blcoa.org
Bow Lake Community Club www.bowlakecc.org
Bow Lake Sailing wessexusa.com/bls_main1.html
BSA Troop 23 straffordtroop23.webs.com
Coe-Brown Northwood Academy www.coebrown.org
Hill Library hilllibrary.org
Lakeside Players thelakesideplayers.org
Strafford Community Calendar
straffordcommunitycalendar.com
Strafford Police straffordpolice.org
Strafford Recreational Sports, Inc. straffordrec.org
Strafford School strafford.k12.nh.us
Strafford Swamp Stompers Snowmobile Club
straffordswampstompers.org
Strafford Town Democratic Committee
strafforddems.org
Town of Strafford strafford.nh.gov

PLEASE REMEMBER

Inserts in the *Strafford Community Calendar*
must be approved by the editors on or before the deadline.
Inserts and ads are prepaid.
942-8164 or staff@straffordcommunitycalendar.com

TOM BROPHY MEMORIAL BOAT PARADE

Tom Brophy launched this annual Christmas-in-July Boat Parade on Bow Lake 12 years ago. We carry on the tradition this year on Bow Lake on Saturday, July 18, gathering between 8 and 8:30 pm in front of Bennett's Bridge. Rain date is July 25. We will be traveling counter-clockwise around the lake. There are no fees, no registrations, and no commitments; just decorate and enjoy the fun. Lead boats will start just after 8:30 pm. Jump in and join the line at any time. For additional information, email Patrick Lavoie at patrickplavoie@gmail.com. All themes are allowed so get creative and add to the holiday weekend festivities. If you are on the shore, show your support with flashlights, add your own festive dock décor, or flash us your house lights! Enjoy the parade, join us this year, and have fun!

AN EVENING OF POETRY

Join area poets and poetry lovers at Hill Library in Strafford on July 30, from 5:00 to 7:00 p.m., for an Evening of Poetry. Feature poet will be Eric Marsh, followed by an Open Mic. There will also be snacks, beverages, and a door prize or two. Contact skip.manning@aol.com with questions.

PANCAKE BREAKFAST ON AUGUST 1st

What is all that activity at the Bow Lake Grange Hall on the last day of July? Members of the Strafford Garden Club are busily cutting up fresh fruit, cooking fresh blueberry sauce, and setting up for their second annual Pancake Breakfast, which will be served Saturday, August 1, from 7:30 to 10:30 am in the dining hall of Bow Lake Grange Hall. Tickets will be sold at the door for \$6.00. The menu includes fluffy pancakes, New Hampshire maple syrup, freshly cooked blueberry sauce, sausage patties, and fresh fruit salad. Your choice of coffee, tea, or milk is included in the price.

Please bring your family, friends, and summer guests to enjoy a delicious breakfast prepared and served by members of the Strafford Garden Club. Proceeds from the breakfast will benefit a college scholarship to be awarded to a Strafford resident and will aid in the Garden Club's efforts to beautify Strafford by planting and tending the many planters and barrels of flowers placed around our Town.



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SWC SUMMER RAFFLE 2015

The Strafford Women's Club is offering tickets for sale for its Summer Raffle 2015 Fundraiser for scholarships and select community projects—One Ticket for \$1 or six tickets for \$5. Tickets are available at our Ice Cream Socials on July 8 and August 5 at the Bow Lake Grange Hall or from Carol Cooper at 942-8164. This is a pick-a-prize raffle where you choose the prize you wish to win by placing your tickets in the appropriate jar at the Social. A partial list of prizes includes gifts and/or certificates from Blue Oasis; Bow Lake Community Club; Cavarretta Gardens; Cooper Hill Pizza; Durham Village Garage; Garden Basket; Halo's Family Hair Salon; Hannaford Northwood; Heritage True Value Hardware; Isinglass Country Store; Johnson's Restaurant; K & J's Diner; Market Basket; Nippo Lake Golf Club; Northwood Diner; Northwood Garage; Piece Time Puzzles; Rochester Country Club; Sheilah's Deli & Market; and an original acrylic painting. Winning tickets will be drawn at the second ice cream social on Wednesday, August 8. You need not be present to win. Many thanks to our generous donors!

ICE CREAM SOCIAL

Slow down. Relax. Summer rushes by so quickly. Come spend an enjoyable evening with your family and friends at an old-fashioned Ice Cream Social at the Bow Lake Grange Hall from 4 to 8 pm on Wednesday, July 8, sponsored by the Strafford Women's Club to raise money for college scholarships and other worthwhile community projects. Small sundaes cost \$2.50 and large are \$3.50. Add a homemade brownie for 50 cents. Vanilla, chocolate and coffee ice cream will be served for you to construct your own delicious sundae from all your favorite candies, fruits, nuts, and syrups. Top it all off with whipped cream and a cherry. Tickets for our Summer Raffle 2015 can be purchased from any SWC member or at the Social. Please read the separate Raffle article for a list of prizes and details. Winning tickets will be drawn at the second Ice Cream Social on Wednesday, August 8.



STRAFFORD RECREATIONAL SPORTS

Strafford Recreational Sports provides youth sports opportunities for all children in Strafford, including soccer, cross country, basketball, skiing & snowboarding, track & field, baseball & softball, and volleyball. See our website www.straffordrec.org for details about each sport, including important registration deadlines.



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OUR CALENDAR IS A WINNER!

The Strafford Community Calendar has received a second place award in the 2015 Neighborhoods, USA (NUSA) Newsletter Competition. Strafford's 16-page, 39-year-old newsletter shared the top three places in the electronic format category with newsletters from Columbus, OH (1st place), and Palm Springs, CA (3rd place).

According to NUSA, "The Competition recognizes and honors excellence in neighborhood newsletters—a vital communication tool that can often determine a neighborhood's success."

A jury panel evaluates each entry, using a list of criteria that includes content, layout, and overall appearance, among other items. First, Second and Third place awards are presented in each category.

A plaque commemorating the award will be placed in an area where Strafford residents—

especially those who have contributed articles, photos, advertising, or their time to the *Calendar*—can share in the honor our unique little Town deserves.



STRAFFORD WOMEN'S CLUB

Please join the Strafford Women's Club on Monday, July 27, 2015, at 1:30 pm in the Idlepines Room of the Bow Lake Church. Our regular business meeting will be followed by the traditional, but always entertaining, Pint, Pound & Yard Sale and light refreshments. All women are welcome!

Please join us for our Ice Cream Socials on July 8 and August 5 at the Bow Lake Grange Hall and have fun participating in our Summer Raffle 2015. See separate articles for more information.

WHERE TO FIND THE STRAFFORD COMMUNITY CALENDAR

Here are the locations where you can find a copy of the *Strafford Community Calendar*: Elf's; Hill Library; Post Office; Strafford Town Hall; Strafford School; Isinglass Store; K & J's Diner; Sheilah's Deli & Market; Nippo Lake Golf Club; Northwood Garage; Northwood Physical Therapy; and online. The online version is posted in PDF format, complete with ads and working links on our website. Go to straffordcommunitycalendar.com; click on Download Current Issue or Download Previous Issue; save to your computer.



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Support the Heart of Bow Lake!!

We need your help! Whether you live in Strafford year round or are part of our special camp community, you recognize the Bow Lake Grange Hall as the heart of our small town, hosting special events and a number of community organizations while serving as a visible reminder of what makes our community so special. Imagine Strafford without the Grange Hall and all it provides the community. Help us keep her well maintained and ready to serve for the next century. Renew your Bow Lake Community Club membership or become a new member during this year's membership drive for as little as \$25; your dues go in direct support of the Grange Hall.

To join, or for more information, simply go to bowlakecc.org and click on "Membership" or contact Mark Thompson (664-9507 // bluehillfarm@metrocast.net). Thank you!

LIBRARY LINES

Hill Library has a new website! Visit www.hilllibrary.org to see what's new and what's happening at your Library.

Our Summer Reading Kick-off for "High Flying Heroes" began on Saturday, June 27. It's not too late to come in and sign up for Summer Reading, children and adults alike. We now have the Coe-Brown Reading List books ready for circulation. Get a jump start on your summer reading.

The Collection—Come check out our new titles—Adult Fiction and Non Fiction: *Death of a Liar* by MC Beaton; *Single Thread* by Marie Bostwick; *State of Wonder* by Patchett; *Every Fifteen Minutes* by Scottoline; *What is God?* by Needleman; and *Eat Right 4 Your Type* by D'Adamo. DVDs: *Orange is the New Black*, Seasons 1 and 2; *Kingsman: Secret Service*; *Bletchley Circle*; *Despicable Me 2*; *Berenstain Bears Collection*; *Still Alice*; *The Complete Matrix Trilogy*; *Imitation Game*; *Gone Girl*; and *The Theory of Everything*. Children/Young Adults: *El Deafo* by Cece Bell; *Things We Know By Heart* by Kirby; *Family Romanov* by Fleming; *An Ember in the Ashes* by Tahir; *The Wicked Will Rise* by Paige; the complete *Kingdom Keepers* series, by Pearson; and *Hacks for Minecrafters*.

The Trustees—the next Trustees meeting is Tuesday, July 14, at 6 pm. There are two positions for Alternates that need to be filled. If you think you might be interested in being a Hill Library Trustee Alternate, come by and see what the Trustees are all about. We are looking for energetic, creative

folks to bring fresh perspectives to the Board. If you need transportation to the meeting, please call 664-2800.

Programming—Bricks4Kidz is still going strong. Come build on July 11 from 12:00 to 1:30. Summer Craft Activities will take place Monday afternoons, July 6, 13, 20 and 27, at 3 pm. Summer Story Time sessions will be Wednesdays, July 1, 8, 15, 22, and 29 at 11 am. On Thursdays, July 2, 9, 16, 23 and 30, we will be featuring a fun movie from 2 to 4 pm. Cartoon and Drawing Club meets the first Tuesday and third Thursday of each month—July 7 and July 16—5 to 7 pm. As an added summer program, on July 15 from 12 to 3 pm Anne will lead a special "Make-and-Take" book-making workshop with "Cereal Box Books" for 6-12 year olds. Call Anne with any questions, 664-2238. Don't miss Lindsay and Her Friends Puppet Pals at Hill Library on Saturday, July 18, from 11 to noon. Join us on Thursday, July 23, at 6:30 pm for our Book Club. This month's book is *The Invention of Wings* by Sue Monk Kidd. Come share your thoughts. Sew & Chat meets on Sunday afternoon, July 26, at 2 pm. Minecraft Club will be taking a hiatus over the summer and will reconvene in September. All Hill Library events are free and open to the public.

Wanted: Legos in the Library! Got bricks in your home that are no longer in use? We would love for you to donate them to the Library. Also, our Young Adult collection is growing but can use your help. Please bring donations of books or audios to the circulation desk, thank you.



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BOW LAKE STEWARDSHIP FOR 65 YEARS IS CENTER STAGE

It may not be evident all year round—especially with the severe winter we just endured (!)—but the Bow Lake Camp Owners Association (BLCOA) works for the communities surrounding Bow Lake throughout the year to protect it as the jewel it is. In fact, the BLCOA began in 1950 and has been supported by several generations past and future. It may also not be evident because of our historic name, but anyone can be a member of the Association, whether or not they own a “camp” (i.e. cottage) on the Lake. Membership is only \$25 per family, which is a bargain considering how much activity is involved in being good lake stewards. (See www.blcoa.org for form.)

In a recent article from the New Hampshire Lakes Association, the question was asked, “Who does it all at your lake?” Although the BLCOA doesn’t do everything the article listed, our members and directors do a large share such as: Collect water samples for testing by UNH; staff the boat ramp in Strafford with a Lake Host to prevent the spread of milfoil; and hold presentations about how to prevent run-off and keep the lake healthy.

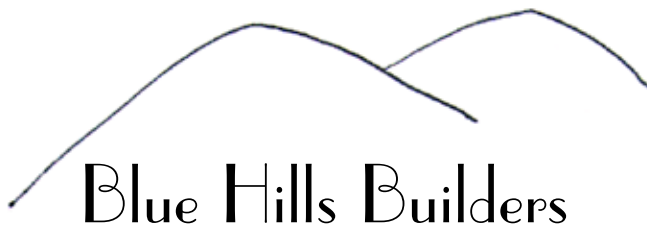
In addition to these activities, the BLCOA also supports community activities and events: Fireworks on the 4th of July (this year scheduled for July 3 around 9:30 pm); Day at the Dam Games and Races (July 4 at 9:30 am); and the Memorial Tree-planting Program. To raise funds for

the above activities, BLCOA hosts two cookouts held on Whitcher’s property: Chicken BBQ on Saturday, July 11 (5-7pm); and Lobster Cookout on Saturday, August 8 (5-7pm). Please plan to join us at these events, and become members during this 65th anniversary year.

NOTES FROM THE TOWN CLERK

Online Vehicle Renewals & Dog Licensing—You can renew your vehicle registrations and license your dogs with the Strafford Town Clerk online. Just follow the instructions on the renewal letters we send OR go to www.straftord.nh.gov (our Town website) and locate the red “Online Payments” button. The Strafford Town Clerk will process your online renewals and mail your registrations/licenses to you. It’s easy and convenient. Only renewals can be processed online; allow one week for processing; all new vehicles, vehicle transfers, and new dogs must continue to be processed in person at the Town Clerk’s office. NOTE: We continue to offer renewal services by mail or in person at the Town Clerk’s office.

For further information or questions, please contact Diane Waldron, Strafford Town Clerk, at 664-2192 ext. 102.



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Contact Brian, a Strafford resident, for a free consultation!



BOW LAKE COMMUNITY CLUB NEWS

The Annual Ed Gerhard concert was a great success and a rare treat for those who were fortunate enough to attend and experience Ed's beautiful music in the intimate setting of the Grange Hall. Thank you to Ed for his generosity and good humor and to all those who came out and were treated to his special music on a perfect summer evening.

We are almost to our membership goal for the year. If you haven't renewed your membership or are thinking of joining the Bow Lake Community Club, now is the time. Membership starts at just \$25, and your dues go to directly support the iconic Bow Lake Grange Hall. Look for the separate ad and insert in this publication for more information or go to our website at bowlakecc.org.

Ever wonder how we use your membership dollars? Every cent goes to maintaining/improving the Bow Lake Grange Hall or to support non-profit organizations in the community. Recent examples are the installation of new air conditioning units (just in time for the hot summer) and the purchase of new dining tables. Next up is a badly needed kitchen remodel which will support all the organizations and individuals that use the Grange Hall for their events.

Would you believe we still have summer dates available for Grange Hall rentals? To secure your date, call Paula King at 664-5901 or email at lnpbakerhouse@aol.com soon.

STRAFFORD TOWN DEMOCRATS

The Strafford Town Democrats and guests enjoyed sunshine, live folk music, a chicken barbeque and lots of good company at the committee's first-ever Flag Day Family Picnic in June. The Kitz Farm at 848 Parker Mountain Road in Strafford, with its meticulously restored 1800s post-and-beam barn and vistas of lush fields and Parker Mountain beyond, provided the ideal scenic setting for this festive event. Former Congresswoman Carol Shea-Porter and her husband Gene arrived just in time to meet many of the attendees. The water balloon contest was a big splash. Word is not yet in on exactly who won the egg toss, but it is reported that a good time was had by all.

The Strafford Town Democratic Committee will meet next on Tuesday, June 7, at 7 pm at Hill Library in Strafford. Special guest Joe Cicirelli, a Field Organizer for the State Employees Union, will be on hand to talk about labor issues. Please plan to attend and join the discussion. Stay in touch with committee activities online at www.strafforddems.org.



Independence Day

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Patrick Lavoie, Jr. of Strafford, New Hampshire, is the owner of Brass Knuckle Scrappers. You saw him this past winter at the Bow Lake Grange Hall building his large snow fort.

He is coming out with a kick starter campaign to raise funds for his upcoming clothing line called Brass Knuckle Scrappers. It is a New England craftsmen lifestyle brand. Recently this past year, he trademarked the words "Wicked Tough," as in Brass Knuckle Scrappers Wicked Tough apparel. He has high hopes for the future of the company and wants to make an all American made product. Please watch for his video on kickstarter.com, coming July 11 at 8 AM. The funds he raises will go to the next stages of his clothing, primarily printing the garments and other stages of design, production, and merchandising. Support local!

STRAFFORD SUMMER ARTS PRESENTS "WORLD TALES"

Strafford Summer Arts is excited to be holding its "World Tales" one-week summer camp program at Strafford School from August 3 to 7, 2015 from 9 am to 3 pm with a Friday evening performance for the Community at 6:30 pm. Strafford Summer Arts offers a unique opportunity for children entering grades 3 to 8 from the greater Strafford community to have fun participating with professional artists from the NH Theatre Project while exploring a multicultural theme in a weeklong arts experience. Guided by NHTP Director, Genevieve Aichele, activities will include dramatic theater and movement instruction, storytelling, costume design and set decoration/setup. Instrumentalist and instructor, Randy Armstrong, brings world instruments the students are excited to play; learning to play multi-cultural music, play sound effects, with no prior experience necessary. The emphasis of this camp is placed on collaboration, gaining self-confidence, and an appreciation for world cultures through theater, art, and music. And, of course, fun!

The cost is \$250 per child for residents of Strafford and \$325 for non-residents. Scholarships may be available for students with demonstrated need or multiple student registrations; please request an application. Space can be reserved for your child by mailing a completed SSA Participant Info Form, Medical Consent Form and tuition payment to NHTP Camps, 959 Islington Street,

Portsmouth, NH 03801. After July 15, please call 603-431-6644 to check availability. Early enrollment is encouraged as space is limited, and early enrollment allows us to plan stories and activities plus coordinate volunteers and fund raising activities for this non-profit camp.

The SSA Participant Info Form, Medical Consent Form and Parent Information Form can be downloaded at the Strafford School website: www.strafford.k12.nh.us; under Community Groups. If you have any questions or would like the forms mailed or e-mailed to you, please contact either NH Theatre Project at info@nhtheatreproject.org, call 603-431-6644 x4, or contact Lisa Donnelly at 603-833-5417 or StraffordSummerArts@gmail.com.



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STRAFFORD TOWN REPUBLICANS

At the June Town of Strafford Republican Committee Roundtable, the discussion included Senator Shaheen's effort to amend the First Amendment and the Clinton Foundations receiving of money for the benefit of Haiti and questions of timely distribution of the same. The big thing talked about is a cross-party topic that is important to anyone who pays any electric bill in New Hampshire. A June 6, 2015, front page article in the New Hampshire Union Leader entitled "Ratepayers could get an electric whacking" by Paul Freely, <http://www.unionleader.com/article/20150607/NEWS05/150609345>, quotes former PUC Commissioner and Strafford resident, Michael Harrington. Michael and others in the article point out that buried in Section 14 of a bill that has passed both the New Hampshire House and Senate and that has a fast track support base including the Attorney General's office and the Governor's Consumer Affairs office is a transfer of risk from Eversource Stockholders to anyone who buys distributed electricity in New Hampshire to the tune of 200 million dollars or more. The vehicle for this transfer is "stranded costs," and the risk is in PPAs or "purchased power agreements" which is all fairly complicated. The boiled down version is that a "risk" and likely "cost" that is now Eversource stockholders' is about to become the "cost" of any person on the Eversource distribution system (everyone in Strafford) regardless of who they buy their electricity from to the tune of 200

million bucks. Since the Governor has stated an intent to sign this bill, the only possible stopping point is the NHPUC at hearings later this year. Use your voice!

The next meeting of the Republican Committee is on Monday, July 13, 2015, at 6:30 pm at Hill Library. All are welcome.

INFORMATIONAL MEETING ON DEPRESSION AND GETTING HELP

On Wednesday, July 22, 2015, from 6:30 to 7:30 pm, an informational meeting on depression will be offered in the Idlepines Room of the Bow Lake Baptist Church. If you have struggled with depression or know someone who is depressed or just wonder what the signs of depression are, then come and join the discussion. This is not a counseling session; rather it is to get information on warning signs and what can be done to help. The meeting will be led by JoAnn Pearson, RNC, Certified Psychiatric/Mental Health nurse, with many years of experience working at Cornerstone VNA.



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STRAFFORD SCHOOL BOARD

The Strafford School Board would like to congratulate the graduated CBNA students and wish them well in future endeavors. We would also like to wish the graduated 8th graders well as they move up to high school.

After another very successful year, the Board would like to thank the SAU 44 staff, our new administration, and the entire staff of Strafford School for a job well done. For those who have asked about the status of contract negotiations with the Strafford Educators Association (SEA), the Board had intended to meet with the representatives of the SEA and approved moderators to try to clear the impasse and come to an agreement. Due to State-regulated timing issues, we were unable to do so in the time allotted. Therefore, all employees covered under the Collective Bargaining Agreement (CBA) will receive the same pay in 2015/2016 as the current year. There will be no step or stipend increases. This will continue until a new contract agreement is reached.

The Board negotiating team is planning on holding another taxpayer discussion forum to speak with members of the community about the steps we should be taking moving forward and answer any questions people may have. Remember, we were elected by, and represent, the taxpayers of Strafford with the intent of providing the best learning environment we can for the children of the Town. We manage a budget of over 11 million dollars and need your input to do so. If there are social groups in Town

that would like me to attend a meeting and talk about our process or procedures, I would be happy to do so. As a single member I cannot speak for the Board, but as one of the contract negotiators, I (Brian Monahan, Chairman of the School Board) can listen to concerns or provide information on what the Town currently pays for. Please let me know if you have any questions. Comments may be sent to the Board email, schoolboard@strafford.k12.nh.us. Anything sent to this email is discussed/read at Board meetings and becomes public information through the meeting minutes.

NORTHWOOD BEAN HOLE BASH TRAIL BOUNCE AND SADDLEBACK MOUNTAIN RUN

The Bean Hole Bash trail bounce (2.5 mile walk) and 7 mile Saddleback Mountain run takes place in Northwood Meadows on July 25 at 9:30 am. Registration will begin at 8 am. Pre- registration is \$20, and race day registration is \$25. The proceeds will benefit the girls and boys basketball program at Coe-Brown Northwood Academy. For more information and online registration, go to www.beanholebash.com or Sydney Fisher at sydney.fisher@coebrown.org.



Jim & Marlene Graves

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READY RIDES

Ready Rides is a non-profit organization formed to provide rides for seniors and physically challenged neighbors in Barrington, Durham, Lee, Madbury, Newmarket, Northwood, Nottingham and Strafford who need transportation to medical and dental appointments.

We continue to see a growth in ride requests month after month. The success of our program depends on our volunteer drivers. We are always looking for new drivers. Our program works around your schedule and availability; you can do as many or as few rides as you want. Drivers select rides from a list of requested trips to match a driver to a rider. We offer training programs for new drivers and mileage reimbursement.

To request information about registering as a rider or volunteering as a driver, please email us at info@readyrides.org or call 603-244-8719.

Monetary donations are always appreciated and can be mailed to Ready Rides, P.O. Box 272, Northwood, NH 03261. Your gifts are tax deductible.



STRAFFORD GARDEN CLUB NEWS

Summer is in full swing now, and the Strafford Garden Club is going strong with all of our botanical activities. Our second annual Blueberry Pancake Breakfast is officially on schedule for Saturday, August 1, from 7:30 to 10:30 am at the Bow Lake Grange Hall. This popular event benefits our work around town, so look for the posters and be sure to bring the whole family.

Our next meeting will include an interesting field trip. After a brief business meeting on Monday, July 6, at 11 am (note special time) at the Grange Hall, we plan to carpool to Studley's in Rochester. We will visit this beautiful shop and Garden Center, while Molly and Jeff re-pot our house plants and answer any questions we have. Lunch will follow at the Garage at Governor's Inn. Be sure to let Norma Bishop know if you plan on going.

This month we want to feature Echinacea, a flowering plant in the daisy family. The large showy flowers, commonly called coneflowers, are a great addition to your garden, as they bloom from early to late summer and grow readily in both moist and dry areas. Anyone interested in medicinal plants will be happy to learn that some species of Echinacea are traditionally used to treat and prevent the common cold, flu, and other infections. (For more information, search Echinacea in Wikipedia.)

So that is the News for this month. Hope to see you at the next meeting.

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E-mail: boyencpa@metrocast.net

HISTORICAL NOTES

Please join the Strafford Historical Society on Tuesday, July 21, 2015, for one of our most popular events, the annual Summer Road Trek. This year's Twilight Tour will travel to the Strafford/Barnstead line to share information and enjoy the wonderful views. We will then tour the area of South Barnstead next to Strafford known as Clarkville. The overlapping Strafford/Barnstead community was unified by the store, post office, one room school and church. Our tour will feature the South Barnstead Church, inside and out, and its burial ground, the final resting place for many Strafford residents. In addition, Mr. and Mrs. Tom Frangione have graciously offered to let us see their early 19th Century house and barn on John Tasker Road. Those joining us should plan to meet at Austin Hall at 6 pm, and we will carpool from there. Once we have provided maps, we will travel northwest over Parker Mountain on Route 126; so if you are running late, please join us. All will be welcome to return to Austin Hall after the tour for refreshments and socializing. Strafford poet Ed Pacht will be with us to share his unique reflections on the evening. Hope to see you there.

Remember the Strafford Historical Society's annual yard sale fundraiser at the Old Waldron Store on August 8 and 9. Donations large and small are very welcome. If you have items that you would like to donate, please contact any Society member, or you may drop off donations at the Old Waldron Store. (No large appliances please.)

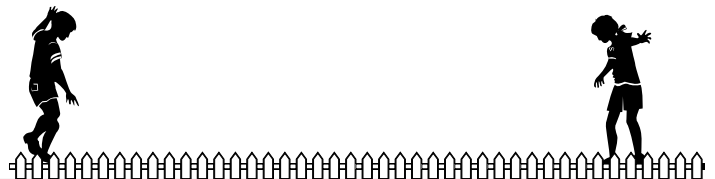
DON'T MISS THESE UPCOMING

BOW LAKE COMMUNITY CLUB EVENTS

Who wants to cook after a long week? Our annual Pulled Pork Drive Thru at the Grange Hall is on Friday, July 3, from 5-7, featuring our own slow-cooked pulled pork plus tasty side dishes and a toothsome dessert. Come out and treat yourself and your family to delicious summer fare while supporting the BLCC and your Grange Hall!

Don't forget to get your duck entries for Ducks O'er the Dam coming on September 5, 2015. Will this be the year your bobbing pintail crosses the finish line first? Entries are available on our website (bowlakecc.org), using the insert in this publication, or through any Board member or at Sheilah's Deli & Market. Make it a "six-quack" to increase your odds of victory.

Note: The planned August production of "Gran's Guide to Stop an Ogre" by the Little Lakeside Players has been cancelled. Please watch for future opportunities for our younger thespians!



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THE BOW LAKE BAPTIST CHURCH PRESENTS "INSIDE RUSSIA TODAY"

On Saturday, August 1, 2015, The Bow Lake Baptist Church will present "Inside Russia Today", an Interactive Presentation with Marina Forbes.

There will be a Pot Luck Breakfast at 9:00 am; the presentation, "Inside Russia Today", will start about 9:30 am. Attendance at the breakfast is optional, but we hope you come.

This program is free and open to the public. It was made possible through a grant from the New Hampshire Humanities Council (<http://www.nhhc.org>). For more info, please call (603) 332-2255 for Marina Forbes or 332-6265 for coordinator Joan Nelson.

CONSERVATION NOTES

You've heard about it before—our New Hampshire bats are in trouble from the White Nose Syndrome fungal disease. According to NH Fish and Game, through counts of bats in caves where they are known to hibernate, losses up to 99% of the bats have been recorded. In their winter hibernating state when their temperatures are lowered, their immune system is depressed and the fungus can progress to wings and other

parts of the body causing dehydration. This wakes them, and in desperation they fly out in winter where, without warmth or food, they die. NH Fish and Game has received calls from people who have seen bats in flight in February, all of them doomed.

One of our bat species, the Northern Long-eared bat (NLEB), has just this spring been added to the Federal Endangered Species Act list of Threatened species because of losses from this devastating disease, and it also continues on the State of New Hampshire list of Threatened Species. This bat is a medium sized one with, as you would expect, much longer ears than our other bat species, and a wingspan of about seven to ten inches. It has soft brown fur on its back and lighter tawny fur on its underside.

At the Strafford Forest we will be doing our best to help our Northern Long-eared bats that remain—because we want to, but also because we have new restrictions that apply to any lands under forest management through a US Department of Agriculture Natural Resource Services grant, which applies to our Town Forest. During the summer, the Northern Long-eared bats roost in forests. They choose hollow places in older trees or snuggle under loose bark. Many females will have a pup, but the pup can't fly for more than a month. Forestry activities can be very disturbing especially during the time the babies can't fly, so we are not to have any of our wildlife habitat improvement timber cutting during June or July.

A single bat will eat about half its own body weight in insects each day. If it captured only mosquitoes, that would be 1500 of them!! Go, bats! The NH Fish and Game Non-Game program has much more information online about White Nose Syndrome, bats in general, ways individuals can help them, and even opportunities to participate in bat counts.

Where Shall We Gather? The Bow Lake Grange Hall 569 Province Road, Strafford

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Rental includes a banquet/dance hall with a stage and a smaller ground-level room. A fully-appointed kitchen is available.



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Contacts

EMERGENCY NUMBERS

Police/Fire/Medical Emergency.....911
 Police Non-Emergency.....664-5644
 Police Business Line664-7462
 Dog Officer.....664-5644
 Poison Control.....1-800-562-8236
 All Emergencies.....911
 Fire Department Business Line664-6863

Town Hall.....664-2192

Town Clerk's Hours (Ext. 102):

Monday, Wednesday, & Thursday.....8:30–2:00
 Tuesday.....1:00–7:00

Tax Collector's Hours (Ext. 103):

Monday & Wednesday.....8:30–2:00
 Tuesday.....1:00–6:00

Town Office/Selectmen's Hours (Ext. 110 or 101):

Monday, Tuesday, Wednesday.....9:00–noon

Building Inspector's Hours (Ext. 104 or by appointment):

Tuesday.....4:00–7:00

Planning & Zoning (Ext. 105)

Assessor (Ext. 107)

Hill Library.....664-2800
 Monday through Thursday.....11:00–7:00
 Saturday.....10:00–2:00

Recycling Center Year-Round Hours:

Wednesday.....4:00 p.m.–7:00 p.m.
 Saturday & Sunday.....9:00 a.m.–1:00 p.m.

Strafford Post Office.....664-2118
 1079 Parker Mountain Road (Rt. 126), Strafford, NH 03884

Monday–Friday:

Retail Service.....8:00 a.m. – 12:30 p.m. & 1:30 p.m. – 4:30 p.m.
 Lobby & Post Office Box Access.....6:45 a.m. – 5:00 p.m.

Saturday:

Retail Service.....8:00 a.m. – 12:00 p.m.
 Lobby & Post Office Box Access.....6:45 a.m. – 12:00 p.m.

CHURCH DIRECTORY

Bow Lake Baptist Church664-7401
 530 Province Road, Strafford, NH www.blfwbc.org
 Worship Service (Sunday School & Child Care Available).....10:00 a.m.

3rd Baptist Church of Ctr. Strafford.....664-7750
 Sunday Worship Service.....10:00 a.m.

Crown Point Baptist Church.....509-2224
 274 First Crown Point Rd.
 Worship Service.....9:00 a.m.

St. Joseph's Catholic Church.....942-8716
 Rte. 4, Northwood
 Sunday Mass.....10:00 a.m.

Northwood Congregational Church U.C.C.942-7116
 881 First NH Turnpike (Rte. 4), Northwood, NH 03261
 Sunday Service.....9:00 a.m.

St. Stephen's Episcopal Church435-7908
 50 Main Street, Pittsfield, NH 03263 www.ststephenspittsfieldnh.org
 Sunday Service.....9:30 a.m.

New Hope Church.....285-3533
 34 Raymond Rd. (Rte. 156), Nottingham, NH 03290
www.new-hopechurch.com
 Sunday Service10:00 a.m.

Nottingham Community Universalist Church679-8400
 106 Church St. (Rt. 156 & Church St.), Nottingham, NH 03290
www.nc_uc@yahoo.com
 Sunday Service.....10:00 a.m.

St. George's Episcopal Church868-2785
 One Park Court at 14 Main Street, Durham, NH 03824
www.stgeorgesdurham.org
 Sunday Services.....8:00 a.m. & 10:00 a.m.

Northwood Advent Christian Church.....834-0863
 113 School St, Northwood, NH
 Worship Service.....10:00 a.m.

The Christian Cupboard and USDA emergency food distribution site at the Christian Center continues to serve the Town of Strafford. Persons needing food are invited to come to the Center on Thursdays between 8:00 and 10:00 a.m. for confidential emergency food distribution.

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- 1 Wed 11:00 am Story Time at Hill Library (every Wednesday in July).
5-6:30pm Free Dinner at Community Kitchen, Christian Center, Third Baptist Church (every Wednesday).
7:00 pm Fire Department EMS training.
- 2 Thu 8-10 am Food Pantry at Christian Center (every Thursday).
2-4 pm Afternoon movie at Hill Library (every Thursday in July).
7:30 pm Planning Board meeting at Town Hall.
- 3 Fri 5-7 pm Pulled Pork Drive-Thru Dinner at Bow Lake Grange Hall sponsored by BLCC; see article.
7:30 pm AA in Idlepines Room, Bow Lake Church (every Friday).
9:30 pm Fireworks at the Dam; time approximate (rain date July 4).
- 4 Sat **INDEPENDENCE DAY**; Town Hall and Library closed.
9:30 am Activities Day at Dam by BLCOA; swim races, tube races, & other fun (rain date July 5).
- 5 Sun See *Contacts* page for local religious services.
- 6 Mon 11:00 am Strafford Garden Club meeting and trip; see article.
3:00 pm Crafts Make-and-Take at Hill Library (every Monday in July).
5-6 pm Free Dinner at Interfaith Community Kitchen; St. Joseph's Parish Hall, Northwood (every Monday)
7:00 pm Conservation Commission meeting at Town Hall.
7:00 pm Fire Department business meeting.
- 7 Tues 5-7 pm Cartoon and Drawing Club meets at Hill Library; see *Library Lines*.
6:00 pm Selectmen meet at Town Hall.
6:15 pm TOPS (Take Off Pounds Sensibly) at Police Station (every Tuesday).
7:00 pm Town of Strafford Democrats meeting at Hill Library.
- 8 Wed 4-8 pm Ice Cream Social by Strafford Women's Club at Bow Lake Grange Hall; see article.
6:00 pm School Board meets in Strafford School Library.
- 11 Sat 12-1:30p Bricks4Kidz at Hill Library.
5-7 pm BLCOA's Annual Chicken Barbecue at Whitcher's by BLCOA; see insert.
- 13 Mon 6:30 pm Town of Strafford Republicans meeting at Hill Library; see article.
7:00 pm Fire Department training.
- 14 Tues 6:00 pm Library Trustees meet at Hill Library.
7:00 pm Bow Lake Community Club meeting at Bow Lake Grange Hall.
- 15 Wed **Deadline for August Strafford Community Calendar.**
12-3 pm Make-and-Take book-making workshop at Hill Library; see *Library Lines*.
- 16 Thu 5-7 pm Cartoon and Drawing Club meets at Hill Library; see *Library Lines*.
- 18 Sat 11a-12p Lindsay and her Puppets at Hill Library; see *Library Lines*.
8:00 pm *Tommy Experience* at Rochester Opera House; see article.
8:30 pm Christmas-in-July Boat Parade on Bow Lake; see article (rain date July 25).
- 20 Mon 7:00 pm Fire Department work session.
7:30 pm Fire Department officers meeting.
- 21 Tue 6:00 pm Selectmen meet at Town Hall.
6:00 pm Strafford Historical Society's Summer Road Trek; meet at Austin Hall; see *Historical Notes*.
- 22 Wed 6:00 pm School Board meeting in Strafford School Library.
6:30 pm Information on Depression and Getting Help, Idlepines Room, Bow Lake Church; see article.
- 23 Thu 6:30 pm Book Club meets at Hill Library; see *Library Lines*.
- 24 Fri Evening Bean Hole Bash in Northwood; see www.beanholebash.com.
- 25 Sat Bean Hole Bash in Northwood continues all day; see www.beanholebash.com.
8:00 am Registration for Bean Hole Bounce & Run; race at 9:30 am; see article.
- 26 Sun 2:00 pm Sew & Chat at Hill Library.
- 27 Mon 1:30 pm Strafford Women's Club meeting; see article.
7:00 pm Fire Department work session.
7:00 pm SAU 44 Joint Board meeting.
- 30 Thu 5-7 pm Evening of Poetry at Hill Library; see article.
- 8/1 Sat 7:30-10:30a Pancake Breakfast by Strafford Garden Club at Bow Lake Grange Hall; see article.
9:00 am Pot Luck Breakfast in Idlepines Room, Bow Lake Baptist Church.
9:30 am "Inside Russia Today" in Idlepines Room, Bow Lake Baptist Church; see article.

Calendar of Events

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