

The Strafford Community Calendar

February 2015

Volume 39



**DEADLINE for the MARCH Issue of
The Strafford Community Calendar is FEBRUARY 15**

**STRAFFORD COMMUNITY CALENDAR
STAFF OF VOLUNTEERS**

Print Editors.... Rollande Merz, Lucinda Kerivan, Carol Cooper
Web Editor..... Rollande Merz
Circulation Staff..... Carolyn Page, Debbie Shaver,
Shirley Brownell, Mary Lou Lambert

Visit Us on the Web

Log on to www.straffordcommunitycalendar.com to see the
online version of the Strafford Community Calendar

HOW TO SUBMIT ADS

Please email ads in Microsoft Word format (file name ends with .docx or .doc) or PDF format (file name ends with .pdf) to staff@straffordcommunitycalendar.com and your payment to SCC, P.O. Box 341, Strafford, NH 03884 by the 15th of the month before publication (e.g., July 15 for inclusion in the August issue). Ad Rates & Sizes are below and on our website.

If you want us to design your ad, send a handwritten or typed copy of what you want included, along with your payment and the phone number where you can be reached with questions, to the SCC address above. Email any further questions to staff@straffordcommunitycalendar.com or call 942-8164.

HOW TO SUBMIT ARTICLES

Please send articles to staff@straffordcommunitycalendar.com in Microsoft Word format (File name ends with .docx or .doc) or RTF format (File name ends with .rtf). Otherwise, place the text of your article directly into the message section of your email. (See guidelines below to submit photos with your article.) Place the name of your organization or article topic on the subject line. Include your name, email address, and phone number(s) on all submissions. We do not accept anonymous submittals.

The editors of this newsletter reserve the right to make any such corrections, additions, and/or deletions as needed in material submitted in accordance with established editorial practice. Opinions expressed in the *Strafford Community Calendar* do not necessarily reflect the opinions of the staff. The staff is not responsible for any changes in function dates, times, or locations; errors; omissions; or cancellations. All materials must be received by the 15th of the month for inclusion in the following month's issue. Thank you for your cooperation.

HOW TO SUBMIT PHOTOS

Email photos in .jpg or .png format to staff@straffordcommunitycalendar.com. Attach them to your email and include the photographer's name and the photo location(s) in your email, along with the statement: "The *Strafford Community Calendar* staff has my permission to publish any or all of the photos attached to this email."

**THE STRAFFORD COMMUNITY CALENDAR
AD RATES & SIZES**

Regular Ads:

- 1-inch ad for 1 month: \$12.25; 3 3/4 in. wide x 1 in. high
- 1-inch ad for 6 months: \$68.50
- 1-inch ad for 1 year: \$117.00

- 2-inch ad for 1 month: \$24.50; 3 3/4 in. wide x 2 in. high
- 2-inch ad for 6 months: \$137.00
- 2-inch ad for 1 year: \$237.00

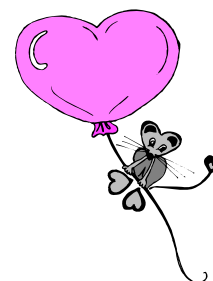
- 1/4-page ad for 1 month: \$30.00; 3 3/4 in. wide x 5 in. high
- 1/4-page ad for 6 months: \$170.00
- 1/4-page ad for 1 year: \$330.00

Inserts:

- \$70 (you provide copies) for one 8 1/2 x11 page (handling fee at discretion of editors will be charged for more than one page)

STRAFFORD LINKS

- Bow Lake Camp Owners Association blcoa.org
- Bow Lake Community Club bowlakecommunityclub.org
- Bow Lake Sailing wessexusa.com/bls_main1.html
- BSA Troop 23 straffordtroop23.webs.com
- Coe-Brown Northwood Academy www.coebrown.org
- Hill Library strafflib.org
- Lakeside Players thelakesideplayers.org
- Strafford Community Calendar straffordcommunitycalendar.com
- Strafford Police straffordpolice.org
- Strafford Recreational Sports, Inc. straffordrec.org
- Strafford School strafford.k12.nh.us
- Strafford Swamp Stompers Snowmobile Club straffordswampstompers.org
- Strafford Town Democratic Committee strafforddems.org
- Town of Strafford strafford.nh.gov



Pat Sims took this month's cover photo of a Robin. Thanks!

Send your photos to staff@straffordcommunitycalendar.com.

PUBLIC HEARING

A Public Hearing will be held on Tuesday, February 10, 2015 at 5:50 pm at Strafford Town Hall to present a Warrant Article asking "Shall we permit the public library to retain all money it receives from its income-generating equipment to be used for general repairs and upgrading and for the purchase of books, supplies and income-generating equipment?" pursuant to RSA 202-A:11-a. This question shall be on the official ballot for voting on Election Day, March 10, 2015.

SUPERVISORS OF THE CHECKLIST

Supervisors of the Strafford Checklist will be sitting at Town Hall on Saturday, February 28, 2015, from 11:00 to 11:30 am for additions and corrections of Checklist per RSA 654:27, 28; 669:5. Change in party registration may be accepted. If you are registering as a new voter, proof of citizenship, age, and residency in Strafford need to be provided. No additions or corrections shall be made to the Checklist after this session until Town Election Day on March 10, 2015, except as provided in RSA 659:12; 654:8, II. (Carol Cooper, Martha English, Marilyn Roderick, Supervisors)

STRAFFORD WOMEN'S CLUB HAM & BEAN SUPPER

Do you have "cabin fever"? Come on over to the Bow Lake Grange Hall on February 6, 2015, from 5 to 7 pm for the annual Strafford Women's Club Ham & Bean Supper. You'll enjoy joining many of your neighbors and friends there to relish prize-winning home-made baked beans, baked ham, home-made potato salad & coleslaw, rolls, coffee and milk. If you still have room, there will be a variety of home-baked pies and desserts. All this delicious food will cost just \$8.00 per ticket at the door. Children five years and under will eat at no charge. Members of the SWC prepare and donate most of the food, so proceeds will help fund two \$1,000 college scholarships for Strafford high school seniors and will help support other worthwhile Strafford projects. Take-out meals will be available after 6:30 pm for \$8.00. In case of snow, call Pam at 822-2563 or check online at www.wmur.com. (Snow date is Saturday, February 7.)

PUBLIC HEARING

A Public Hearing will be held on Tuesday, February 10, 2015 at 6:00 pm at Strafford Town Hall for review of the proposed budget and certain warrant articles to be voted on at the March 14, 2015 Town Meeting. Storm Date is Thursday, February 12, 2015.



Northwood Physical Therapy

We have been in clinical practice for more than thirty years, and operating in Northwood for the last eleven years. Thank you for making us your provider of choice.

We are big on expertise with the heart of a small town practice.

Your Therapists are:

Dr. Toyin Atoro-O PT DPT MCSP(UK)
Dr. Jessica Roy, PT DPT
Dr. Joseph Girard, PT DPT

PHONE: **603 942 9933**

**We are right on Route 4,
almost across from the Fire Department.**

E.R. Fabian & Son

Strafford, New Hampshire

Water Filtration Systems ♦ Well Pumps ♦ Well Service

What's in your water?



**Don't
guess.
Test!**

Find out if your water meets recommended EPA water quality standards.

Free initial water testing for:

Iron
Hardness
PH
Chlorides
Manganese
Alkalinity
TDS

Find water quality information for consumers at:

www.ERFabianandSonNH.com

No Water? Call any time for
well pump service and repair.

Phone Bob: 603-330-0592 or email: erfabian3@metrocast.net

residential ♦ commercial ♦ emergency service

25 years in the water and well industry • Licensed in NH and ME

ATTENTION HIGH SCHOOL SENIORS

This year the Strafford Women's Club is offering two \$1000 scholarships to full-time, college-bound graduating seniors who are residents of Strafford. Scholarship application forms will be available at Coe-Brown's Guidance Department on February 1 or may be mailed to you upon request by calling Dr. Pamela Marks at 603-822-2563.

DAISY GIRL SCOUTS COMMUNITY SERVICE

The Strafford Daisy Girl Scout Troop #13034 is working on the "5 Flowers, 4 Stories, 3 Cheers for Animals Journey". They are learning the importance of caring for animals and themselves. As a community service project, the Daisy Girl Scouts are collecting items for the Cocheco Valley Humane Society (CVHS) in Dover. There will be a donation drop box in the Strafford School lobby from Monday, February 2, to Friday, February 6. Some of the donations the Humane Society is requesting are Purina dry cat/kitten food, cat litter, 6-foot leashes, and Pedigree wet dog food. The full wish list for the CVHS can be found at www.cvhsonline.org/ourwishlist.cfm. Thank you in advance for your donation. If you have any questions, please contact Daisy Leader Sandra Kerivan at skerivan@metrocast.net. Also, keep an eye out for your local Girl Scout; it is Girl Scout Cookie Season! Help support the local troops by ordering some cookies!

SCHOLARSHIP OPPORTUNITY

The Strafford Garden Club is offering a \$1000.00 scholarship to a college bound high school senior or student already enrolled in a college, technical school, or graduate school. Students will need a 3.0 grade point average to be eligible. This scholarship is offered to students who live in Strafford and Northwood or are relatives of Strafford Garden Club members. Any student may apply, but those enrolled in or planning to major in courses relating to plants, ecology, environment, or agricultural studies, etc. will be given preference. Applications are available at the Coe-Brown Guidance office or by calling Mary Lou Lambert at 664-9503. Former winners may reapply. The deadline for application is March 15.

STRAFFORD WOMEN'S CLUB

Remember our winter break from monthly business meetings continues this month; but don't forget to meet for lunch at Cooper Hill Pizzeria on Monday, February 23, 2015, at noon. All are welcome to join us. Please call or email Lucinda by February 19 if you plan to attend (664-9200 or kerivan@metrocast.net).

Also, please join us for the SWC's annual Ham & Bean Supper at the Bow Lake Grange Hall on Friday, February 6 (snow date February 7). See separate article for more details.



Start enjoying your well water

Visit us at our shop on Route 4 in Northwood, NH, or at www.h2oguy.com

942-5671
Or Toll Free: (800) 729-0388

Well pumps & water filtration systems installed & repaired
Emergency service available!

AQUA SPECIALTIES
ESTABLISHED 1989

VISA MASTERCARD DISCOVER

honest prices | quality products | prompt, friendly service

TREE REMOVAL EXPERTS

603-608-9976

120' Working Capacity

ARBORCARE TREE SERVICE

Carl Hall, Owner
BS UNIVERSITY OF NEW HAMPSHIRE
PROFESSIONAL ARBORIST 41 YEARS

- Crane & Aerial Bucket Service
- 24 Hr Emergency Service
- Fully Insured
- Free Estimates
- Sr. Citizen Discounts

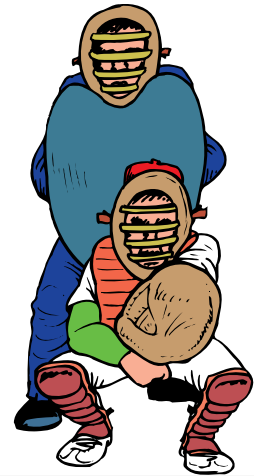


2015 BYA BASEBALL/SOFTBALL SEASON

Registration for the BYA Baseball/Softball 2015 Season is now open. Strafford students play baseball and softball through the Barrington Youth Association. Register now online. It's fast, it's easy, and, of course, it's secure. Register before March 6 and get the Early Bird Discount of \$30 per player. You can also register now and pay up to 6 months later with PayPal. Register anytime at www.byanh.org. You can also register in person at one of these two signups: Barrington Sign Up is on Friday March 6, 2015, 6:30 pm to 8:00 pm in the Barrington Middle School Auditoria. For the Strafford sign up please check www.byanh.org for sign up date.

Changes to the 2015 Baseball Program: T-Ball: (Ages 4 & 5)—T-Ball has been expanded to include 4-year olds. This level will focus on mechanics, introduction to rules, positions, etc. Players will hit off tees and games will be limited to 1 hour or 3 innings (whichever occurs first). Instructional (Ages 6 & 7)—This level will be coach-pitch. Each player will get 7 pitches (to encourage swinging). If the 7th pitch is fouled, the player at bat will continue. Similar to the current Rookie level, score will not be kept at the Instructional level. Minors (Ages 8 & 9)—Depending on the talent level within the league, Coaches will pitch half of each game for the first 3 to 4 weeks, at which point the players will pitch full games for the remainder of the season. Stealing is allowed and a 5-run limit will be in effect for all innings. Score will be kept at the Minor level. Majors (Ages 10 - 12)—Majors has been expanded to 10-year olds beginning this upcoming season. Majors will play on a 60-foot field with all current 60-foot rules in effect. This includes stealing, 7-run limit per inning (except the last inning), and dropped third strike. Score will be kept at the Major level.

Playing Up/Playing Down—Recognizing these changes are substantial, BYA will allow baseball and softball players to petition to play up or down (outside of the League for their age bracket) if they choose. Players will go through an evaluation process and must be approved by the League to play in a level outside of their age band. For example, a 7-year old may petition to play in Minors if he passes the evaluation for the Minor level skillset. Similarly, a 10-year old may petition to play Minors if he is assessed at the Minor level of play.



A-D ARCHAMBAULT
COMMERCIAL/RESIDENTIAL

PLUMBING & HEATING

Master Plumber #2884C
Gas License #GFB1000701

www.adplumbing.com

603-335-1800

Service & Repairs

Faucets • Toilets • Pipes • Drains • Gas Piping
Water Heaters • Oil & Gas Boilers & Furnaces

Installation

Water Heaters • Oil & Gas Boilers & Furnaces
Mini Split & Central Air Conditioning • Radiant Heat
Gas piping • Faucets • Toilets
New Construction • Remodeling

FULLY LICENSED AND INSURED

Where Shall We Gather?

The Bow Lake Grange Hall

569 Province Road, Strafford

- Affordable
- Versatile
- Well Equipped
- The perfect place for your family, corporate or community event



The Bow Lake Grange Hall is a blend of modern amenities with a nostalgic feel; a unique, multi-use facility, ideal for your special event.

Rental includes a banquet/dance hall with a stage and a smaller ground-level room. A fully-appointed kitchen is available.



Contact Paula King
at 664-5901
to book your event now!

LIBRARY LINES

The next Trustee Meeting is Tuesday, February 3, at 6:00 pm. We look for input on Library hours, staffing, and finances. If you need transportation to the meeting, please call 664-2800.

We are now open from 11 am to 7 pm on Wednesdays. Our preschool Storytime will run from Wednesday, January 6, at 11:00 am to February 25. Join us on Thursday, February 26, at 6:30, for our Book Group. This month's book is *Stone Mattress*, by Margaret Atwood.

Congratulations to the SeaPerch ROV students for your submarine build, and good luck at the competition at UNH this spring! Students worked for 12 hours over December and January using power drills and soldering irons to build a three motor underwater craft. Thank you to Rick Cecchetti of the Portsmouth Naval Shipyard and UNH Cooperative Extension volunteer, Indra Edmonds, for heading up this program. If there are any students in grades 4-8 who would like to be a SeaPerch ROV team member, contact Hill Library and we can start another build.

Home school activity hour starts in February and will run from 2-3 pm. No registration is needed; and, like all Library programs, this is free and open to everyone. We'll have a few activities, introduce you to Library programs and services, and give opportunities for students to share short presentations with the group.

Inquiry Club continues in February. On Thursday

afternoons, students grades 3-8 formulate questions, investigate, build meaning and understanding, and communicate their learning to others while doing some fun hands-on science and making new friends. The cost is free, and all materials are included; but space is limited. Contact the Library for time, policies, and registration information.

Wanted: Legos in the Library! Got bricks in your home that are no longer in use? We would love for you to donate them to the Library. Also, our Young Adult collection is growing but can use your help. If you have books or audios you would like to donate, please bring them to the circulation desk.

TOWN OF STRAFFORD DEMOCRATS

The Strafford Town Democratic Committee will meet at 7 pm on Tuesday, February 3, at Hill Library in Strafford. Planning and preparations continue for the traditional St. Patrick's Day dinner on Saturday, March 14, at the Bow Lake Grange Hall. The evening will include a full Irish dinner with corned beef and cabbage and all the accompaniments, plus coffee and dessert. Plan to enjoy Irish entertainment, luscious gift baskets and more. Stay in touch online at strafforddems.org.



Steve's Clock Repair, LLC

Sales and Service Cleaning/Lubrication
Preventive Maintenance Local Pick up available

603-942-5583

Libby + Miner

Tax & Bookkeeping, LLC

Debbie Miner, E.A.
P.O. Box 2, Strafford, NH 03884 • Phone: 664-7758
Fax: 664-7880 • Email: libminer@metrocast.net

OWNER/BROKER
smcphée@metrocast.net

Sandy McPhee

NOTARY PUBLIC
REAL ESTATE



OFFICE: (603) 942-7003
CELL: (603) 496-3743

We have been helping folks with their real estate needs for over 20 years.



683 Suite A, 1st NH Tnpk, Northwood, NH 03261 Northwood, NH 03261

GOSSE SEPTIC SERVICE

Barnstead, NH

269-3441

Serving: Alton, Barnstead, Chichester, Epsom, Gilmanton, New Durham, Northwood, Pittsfield, Strafford

SEPTIC TANK PUMPING



www.gosseseptic.com

PORTABLE TOILET RENTALS

"So Clean... Your Guests Will Thank You!"

FLUSHABLE UNITS & SINKS AVAILABLE FOR SPECIAL EVENTS



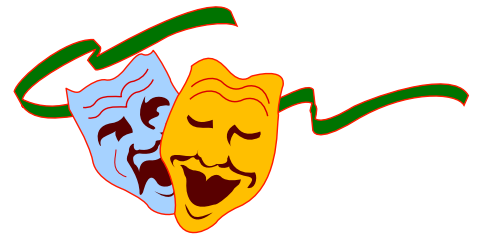
MUSEUM REIMBURSEMENT PROGRAM

The Strafford Library Association (Hill Library's "friends group") offers a \$500.00 per calendar year fund for reimbursement on admission fees to any museum in New England. A family can request up to \$25.00 per visit per year (amount not to exceed the actual admission fees). All you need to do following a visit to a museum is fill out a reimbursement request form (which will include the patron's library card number) and submit it at the circulation desk in the Library, together with the receipt from your visit which shows the full cost, number of attendees, and the date. Requests made after the \$500 fund is depleted will not be processed. The required form will be available at Hill Library or can be downloaded from the Library's website—www.trafflib.org. There are hundreds of museums throughout New England. Visit the following websites for more information: <http://www.museumlink.com>; <http://visitnewengland.com>; or HistoricNewEngland.org.



LAKESIDE PLAYERS

We are proud to announce that hopefully (this is New England) you won't have to brave the snow and ice to enjoy Carol MacDonald's show, *Impersonators of Romance IV*, this year. To avoid performing through a weather emergency, the much loved show will be in April. Save a date so you can bring a date to this fabulous dinner and show on Friday, April 17; Saturday, April 18; and Sunday, April 19. The cast of "celebrities" just gets bigger and better!



Little Lakeside Players will be returning to the Bow Lake Grange Hall stage with a production presented August 7, 8 & 9. The LLSP will be looking for cast and crew starting May 11, 13 & 17.

Calling all businesses and individual patrons of the arts that would like to contribute to help defray the cost of royalties, scripts, etc.—please contact Paula at LnPBakerHouse@aol.com for details.



Blue Hills Builders

Kevin Hinrichsen Strafford, NH

603 664-2203

Your Local Roofing Specialists

Architectural Shingles • Metal Roofing

Dependable Quality Craftsmanship

Quality Materials

Fully Insured

Renovations

Home Repairs

Siding



888-9NE-LIFT

603-397-9533

Accessibility for New England, Inc.

Do you or a family member have difficulty maneuvering through your home due to barriers and physical challenges?

Accessibility for New England provides practical and economical accessibility solutions for New England residents who face mobility issues in their own home and want the independence to remain in a barrier-free living environment.

Accessibility for New England installs Modular and Wood Ramps, Stair-lifts, Residential Elevators, platform lifts and ADA Home modifications to help remove boundaries.

www.accessibilityfornewengland.com

Contact Brian, a Strafford resident, for a free consultation!



YOUR BOW LAKE COMMUNITY CLUB NEWS

When you hear “Bow Lake Community Club”, what do you think? How about these three quick facts? (1) We are the caretakers of the historic Grange Hall, making sure it is maintained and ready for hosting the many family and community events that make Strafford such a special and unique place. Interested in booking the Grange Hall for your own gathering? We can even help you with resources for your special event. Contact us to book your next event, or, better yet, become a member and get one free hour of rental time (www.bowlakecommunityclub.org); (2) We sponsor famous annual Strafford events including “Your Just Desserts” in May, our Pulled Pork Drive-Thru Dinner in July, the Chili & Chowder Challenge in October, and “Ducks Over the Dam” at the end of summer featuring hundreds of rubber duckies in a bobbing race for the ages; and (3) Our facilities host many Town organizations, including the Garden Club, the Boy Scouts, and the Strafford Women’s Club. We are especially proud to be the chartering organization for our local Boy Scout Troop 23, which merits special congratulations as it is about to add two new Eagle Scouts to its ranks in February!

A New Year brings a new Board and exciting possibilities. Please join us in welcoming our officers for 2015: President Sheila Jenkins-Hamilton; 1st Vice-President Bob Lee; 2nd Vice-President Vicky Mowers; Treasurer Donna Fletcher; Recording Secretary Martha English; Corresponding

Secretary Suzanne Murdoch; Building Administrator (and Lakeside Players Lead Director) Paula King Baker.

Bow Lake Community Club is here for you and our community. Membership dues are our main source of revenue. If you aren’t already one of our valued members, we invite you to join and support us as we support you. For more details and to sign up, visit us at www.bowlakecommunityclub.org or write us at P.O. Box 204, Strafford, NH 03884.

WHERE TO FIND

THE STRAFFORD COMMUNITY CALENDAR

Here are the locations where you can find a copy of the *Strafford Community Calendar*: Elf’s; Hill Library; Post Office; Strafford Town Hall; Strafford School; Isinglass Store; K & J’s Diner; Sheila’s Deli & Market; Nippo Lake Golf Club; Northwood Garage; Northwood Physical Therapy; and online. The online version is posted in PDF format, complete with ads and working links on our website. Go to straftordcommunitycalendar.com; click on Download Current Issue or Download Previous Issue; save to your computer.

*Thank you to our:
Police
Firefighters
Emergency Responders*



*Your friends at the
Bow Lake Freewill Baptist
Church want you to know that
we support you and your work
with our prayers and love.*

www.blfwbc.org

SAFETY TIP OF THE MONTH

Let’s talk about Ground Fault Circuit Interrupters—GFCIs. GFCIs will trip after a ground fault is detected, stopping the flow of electricity in a circuit.

Since the inception of GFCIs in the early seventies, thousands of lives have been saved by their use. GFCIs may be installed as outlets or in your electric panel. They must be installed in kitchens above counters, for every outlet in bathrooms, for pools and hot tubs; anywhere water is present.

I’ve seen GFCIs stick, and once they stick, they become ineffective. To prevent this, manufacturers want you to test them each month. Contact the manufacturer for more information on testing. If your GFCIs are not working, call a licensed electrician. GFCIs save lives from electrocution if working correctly and installed in the right places.

Safety tip of the month brought to you by Solid Home Inspections. “Every Home Needs a Solid Home Inspection”. Telephone 312-0251; email marbl53@yahoo.com; License No. 377.

CONSERVATION NOTES

Here are two news bulletins that involve the cooperative relationship between the Strafford Conservation Commission and Bear-Paw Regional Greenways: First, how about a guided winter walk down on the Isinglass River Conservation Reserve? Every February Bear-Paw offers a walk on one of the conservation properties it has worked to protect; and this year on Saturday, February 21, from 1 to 3:30 pm, it will be right down on our own IRCR. Of course, you can walk there any day, and thanks to Don Clifford, you'll find the parking lot plowed after any of our storms. But on the February 21 walk, Bear-Paw's Frank Mitchell, naturalist and UNH Forestry Specialist, will lead the walk and be able to point out lots of features of the forest, animal signs, and plant identifications that many of us may miss on our own walks. You'll remember that Bear-Paw and the Trust for Public Land worked to pull in grants to purchase the property; Strafford conservation funds also contributed to the purchase; and several Strafford private landowners conserved their own properties as match for the large Federal grant. Then the volunteers of the Strafford Trail Committee got to work and created the extensive system of trails with their many wooden wetland crossings and benches at scenic spots. The IRCR is a wonderful resource for the Town and the region. The walk on the 21st will let us know even more about what is out there! Meet at the parking lot off Range Road beyond the Recycling Center just before 1 pm.

Secondly, the Storer Boy Scout Crooked Run project is complete! This insures the protection of about 500 acres of the property that overlaps Strafford, Barnstead, and Pittsfield. As we proposed at the public hearing, Strafford Conservation Fund contributed \$34,000 to help with the fundraising for this project. The largest amounts came from grants Bear-Paw secured. The property will still be owned by the Boy Scouts, but because they received funds from the Land and Community Heritage Investment Program (LCHIP), written into the conservation easement is the right for public pedestrian access to, on and across the property for hunting, fishing, nature observation, hiking, cross-country skiing and similar transitory, non-intensive, non-commercial, outdoor recreational purposes, but not for camping. Enjoy Strafford's many places for a winter trek!



NORTHWOOD OIL

**1085 FIRST NH TURNPIKE
NORTHWOOD NH 03261-8243**

**INSTALLATION
MAINTENANCE
FREE ESTIMATES**



**DIESEL
FUEL OIL
KEROSENE**

MAKING WARM FRIENDS SINCE 1964

**Plumbing
and Heating**
Master Plumber # 2890

Fred B. Holmes
home (603) 664-2568
cell (603) 765-4779

**Well Pump and
Sewer Service**
Pump Installer #1784

*open/close summer homes
renovations
new homes*



HALOS
Hair Salon

(603) 942-7782

Our Services include: Great Haircuts for the whole family!

Full range of Color: Permanent, Demi, Hi-lights, Lo-lights, Designer, we also offer Ammonia Free!

Texture: Straightening and Perms! Special Occasions: Weddings, Proms etc!

Local, Friendly and Professional Open 7 Days a Week
262 First NH tnpk, Northwood

WANTED TO BUY

ANTIQUES

ONE ITEM OR ENTIRE ESTATE

Over 45 Years Experience Buying Antiques Throughout New England



**We Buy Anything Old: Large Pieces
such as Antique Furniture, Rugs,
Paintings; Smalls such as China,
Old Clocks, Vintage Toys & Dolls,
etc. We are always buying any form
of Gold & Silver (Sterling) or Coins.**



PETER CARSWELL ANTIQUES

500 Pond Hill Road, Strafford, NH 03884

Call 603-332-4264 or 603-496-3214

Member New Hampshire Antique Dealers Assn.

STRAFFORD SCHOOL BOARD

The School Board has been diligently working on completing the Strafford School District budget for the 2015 - 2016 school year, along with negotiating a teacher and paraprofessional contract. This budget, the teacher contract, and other warrant articles, including a warrant article for a full-day kindergarten program, will be brought to the Town for approval at the Strafford School District meeting on Wednesday, March 11, at 7:00 pm. The proposed budget at this time, without cost adjustments for the new teacher contract or the cost of a full-time kindergarten program, is \$10,903,085.60. Please plan to attend this important meeting.

TOWN OF STRAFFORD REPUBLICANS

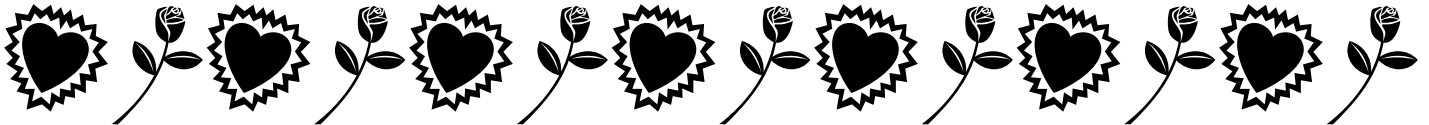
Please join us for the Town of Strafford Republican Committee meeting on Monday, February 9, 2015, at 6:30 pm at Hill Library for a discussion with State House Representative Kurt Wuelper about the upcoming session and what's on the minds of citizens.

FROM BOW LAKE BAPTIST CHURCH

In September of 2014 with love and appreciation for her 13 years of service, the Bow Lake Church members accepted Reverend Dr. Lillian J. Buckley's letter of retirement from her position as part-time Pastor.

Members and friends of the Bow Lake Church are now pleased to welcome Jeff Robie as Interim Pastor of the Bow Lake Baptist Church while the pulpit committee seeks a new permanent minister. Pastor Jeff will fill the position as minister on a part-time basis. Pastor Jeff holds a Master of Divinity degree and a Bachelor of Arts degree; he has extensive experience with local and foreign missions and worship leading. Pastor Jeff believes that his call to ministry is to "honor and glorify God by leading and equipping a multi-generational congregation through Christ-centered worship, service, and outreach".

With open hearts and minds we are grateful for the blessings—unseen, unknown, and unimagined—that this year will bring to us. Please join our worship services, every Sunday at 10:00 am; come and meet Jeff and his wife Julie and stay for coffee. Happy New Year.



Life is too short not to eat good food.

664-5551

Hours: Mon-Thurs. 6am – 9pm

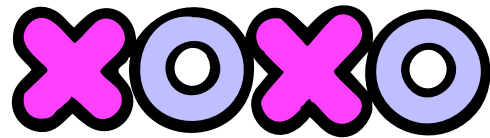
Friday & Saturday 6am- 10pm

Sunday 6am -8pm

Delivery Thurs-Sunday starting at 5pm

PIANO LESSONS
ALL AGES
WELCOME

DEBBIE L. BELAIR
603-978-5116



Strafford KinderCampus

2014-2015 Program Openings:

Pre-School Programs
Kindergarten Care
Kindergarten Enrichment
After School Enrichment



www.straffordkindercampus.weebly.com

664-9025

NH THUNDER TRACK & FIELD PROGRAM

The NH Thunder Track and Field Program is now accepting registrations for the 2015 Track & Field season. Register and pay online at www.straffordrec.org. Or you can print out and return the registration form with the program fee of \$45.00 (includes uniform and meet fees) (\$35.00 if you do not need a uniform and are using the one from last year) to SRS Track and Field, P.O. Box 261, Strafford, NH 03884.

Early Bird Registration Deadline is by March 20th; after that Registration will be \$55.00 and \$45.00 with a uniform. Registrations will not be taken the first night of practice. The program will begin Monday, April 13, and run through the end of May.

The Track and Field Program is open to boys and girls ages 7-15 yrs. as of December 31, 2015. Practices will be Monday and Thursdays from 5:15 to 6:45 pm with 3 track meets throughout the season. Practices are held at the Coe-Brown Northwood Academy Track. The meets will also be held at Coe-Brown. Times will be subject to change due to High School meets and availability of CBNA athletes. There will also be optional meets during the season that we will encourage you to go to.

The Track & Field Program is USATF certified. This is a great opportunity to participate in any, and all, track and field events you may be interested in, such as shot put, javelin, high jump, long jump, discus, running events, and hurdles. Events will be chosen by the guidance of the coaches and athletes together. The track program only works if we have interested parents to volunteer to help with measuring, timing, and supervising the different age groups. No experience is necessary. The Coe-Brown athletes also help to make this program a success. We are excited to continue to build our NH Thunder running program; our emphasis is completely on fun and participation. We are looking forward to another great year. Please call Karyn Fisher at 664-6993 or email 5fishers@metrocast.net with questions or concerns.



STRAFFORD SWAMP STOMPERS SNOWMOBILE CLUB

Hopefully by the time you're reading this we've had a healthy dumping of the "White Gold" and we're all out enjoying the trails. Our crews have finished up our Trail Work for the second time this season and the grooming equipment is ready to go. All we need is some more snow. New on our trail system this season are Direction/Info signposts at all major intersections plus one atop Evan's Mountain and at our Park & Ride lot at the base of Mile Hill. Each sign post has a copy of our new trail map which includes GPS coordinates for each intersection showing where you are. Also, there will be info on Points of Interest and mileages for food and gas, etc. Speaking of food and gas, Sheilah's Deli and Big Eric's Deli/Isinglass Store are both accessible from our trail system. The Isinglass Store is directly on our main trail through town, now known as Corridor 17A. Sheilah's is accessible from our Bow Lake Dam Trail with sled parking at the Bow Lake Grange Hall parking lot.

Our Winter Cookout & Bonfire is scheduled for Saturday, February 7, at the home of Club President Shawn Barry. Street address is 1437 Parker Mountain Road. Time is 4 to 11pm. The Event is accessible via snowmobile; just follow the signs towards the Park & Ride. The Club will be providing burgers and hot dogs. Big Eric will be manning the grill and bringing some of his own specialties including pulled pork. Caryn will be cooking up some of her famous chili. We'll be having a 50/50 raffle as well as door prizes plus Swamp Stomper gear for sale. A kid's favorite, Snow Coach Rides will be back again this year as well and maybe some other surprises, too. We're hoping for a group ride to Lake Shore Farm during the day to check out the Northwood Crankpuller's Vintage Snowmobile Race Series taking place the same day. Check out our website (www.straffordswampstompers.org) or Facebook page for more information or contact Shawn at (603) 969-4705 or email shawn@straffordswampstompers.org. THINK SNOW!



NORCROSS WILDLIFE SANCTUARY

Norcross Wildlife Sanctuary in Wales, MA will offer programs during the week of February 17 to 19. On February 17 there is a Preschool Story Time. Join us for a story and activities. This program is suitable for children ages 2 to 5 years old. This will pique the child's interest in nature and wildlife. On February 18 we will offer a Stars and Constellations program to talk about the solar system and the five circumpolar constellations. For an accompanying project we will make a constellation guide and a constellation projector out of an empty Pringles can. On February 19 we will offer a Bluebird Nest Box building class. During this program we will construct a bluebird nest box. Adding these nest boxes to the landscape have helped cavity nesting birds find places to raise their young.

Norcross Wildlife Sanctuary is located at 30 Peck Road, Wales, MA. All of these programs will begin at 10:00 am and are free of charge. Please contact us at 413-267-9654 to reserve a spot in any of these programs.



TOPS "TAKE OFF POUNDS SENSIBLY"

First, we apologize for listing an incorrect contact number in our article in the January issue. The correct number is included in this article. Now, let's get healthy and lose weight. Why not try something new this year—TOPS. TOPS is a group that meets every Tuesday at the Strafford Police Station, downstairs. We start with weigh in from 6 to 6:30 pm, followed by an informative, fun-filled meeting. TOPS is a support group with the emphasis on SUPPORT with no set diet and no counting points. You decide how you want to lose the weight, and TOPS will support you with weekly weigh-ins, contest to motivate you, workshops, and rallies. You decide how involved you want to be. Even if you just come once a week, you will find a group that will support you and want you to reach your goals and a group of friends who want you to succeed. If you are looking for a weight loss group that once-a-week lectures you and then you leave for the week, TOPS is not that place. TOPS makes you the primary, most important person; and you will have a group of new friends who will support your weight loss journey and all the obstacles and pitfalls that come along the way. TOPS group will be right there to talk to, not just on meeting night but any time you may need that little boost. Give us a try; call Judy at 603-664-9681 or just come to one of the meetings. What do you have to lose?

We Deliver!

7 Days

4pm -close

Call 664-2726



**FREE 10"
CHEESE PIZZA**

with any

delivery over \$15

Valid all February 2015

****ask for details about our free delivery club****

In the **Isinglass Country Store** * 410 RollerCoaster Rd. Strafford, NH

>>>live magic show February 29th!!!<<<



Jim & Marlene Graves

189 Wakefield Street

Rochester, NH 03867

(603) 332-0511

Fax (877) 577-7241

E-mail: lilacprinting@yahoo.com

www.lilacprinting.com

Business Cards • Brochures

Letterhead • Envelopes

Color Copies • B&W Copies

Custom Invoices • Banners

Booklets • Postcards

Rack Cards • Magnets

**STRAFFORD RECREATIONAL SPORTS
6th ANNUAL BOW LAKE 5K**

Do you have a New Year's resolution to be healthy? Well why not train for our 6th Annual Bow Lake 5k? This is a local road race in support of Strafford Recreational Sports. It takes place on Sunday, April 12, with the gun going off at 9:00 am. Registration will begin at 8:00 am. Registration is available on-line at our Website: www.straffordrec.org. View course map and other details there as well. Pre-Registration is \$20 (online until April 11 at 5 pm). Family Discounts will also be offered for 3 or more family members registering. NH Thunder athletes will also be given a discount. Race day registration will be \$25. There will be cash prizes for first and second place Male and Female runners overall; and prizes for each age category. There is also a Walkers category. Refreshments will be served after the race. We hope you can join us in support of SRS to have fun and stay active! Look for more information in the upcoming months.

Any questions, contact Karyn Fisher at 5fishers@metrocast.net or 664-6993.



WOMEN'S BREAKFAST

The Bow Lake Church continues to extend an invitation to all community women to come together for a once-a-month pot luck breakfast. This gathering is designed for women of all ages to enjoy the fellowship of one another as well as giving the opportunity, through the easy channel of food, to become better acquainted. There is no charge, no homework, no deadline and no lists, but we do ask that everyone bring a dish to pass. Each breakfast features a new (and brief) speaker. Breakfast begins at 9 am on the first Saturday of every month in the Idlepines Room of the Church. Place settings and beverages are provided. Welcome! Come and enjoy.

KINDERGARTEN REGISTRATION 2015-2016

If you have a child who will be of kindergarten age (age 5 as of September 30, 2015) or if you have a child who will be entering 1st grade and is not currently at Strafford School, please contact the School office with all pertinent information (i.e. name, DOB, address, parent name, phone, etc.). We will send registration packets out in mid-March. Please call the School at 664-2842 or email information to lhebert@strafford.k12.nh.us or ddoyon@strafford.k12.nh.us.

 <p>TOP OF THE RIDGE CHIMNEY SERVICES INC. Insured / Certified 603-942-7581 P.O. BOX 434 STRAFFORD, NH 03884</p> <p>Chimney Sweeping Video Inspections Stainless Steel Liners Chimney Caps Masonry Repairs Stove Installations</p>	 <p>444 1st Crown Point Rd. Strafford, NH 03884 (603) 332-0349</p> <p>RAD MESSENGER EXCAVATING AND TRUCKING</p> <p>BULLDOZER • BACKHOE • GRADER SEPTIC TANK WORK • SAND • GRAVEL • FILL • LOAM</p>
<p>Computer Obedience Training & Repairs Gregory J.D. King 664-7414 info@wessexusa.com</p> 	<p><i>small websites for big results . . .</i></p> <p>Spiderworks Corner</p> <p>Call or Email 664-9952 or spiderworks@metrocast.net Website: rollandemerz.com</p>
<p><i>Tony Fallon Architecture</i> <i>tony@tonyfallon.com</i> <i>603 269 3206</i></p>	 <p>C. Boyen Thompson, PC Certified Public Accountant</p> <p>The Cooper House • 195 No. Main St., Rochester, NH 03867 603-332-7423 • 800-491-7423 • Fax: 603-332-6950 E-mail: boyencpa@metrocast.net</p>

STRAFFORD SCHOOL FOOD SERVICE

The Strafford School Food Service Department is pleased to announce our participation in the National School Lunch Program. Meals will be available to all children at our School. Meals meet nutritional standards set by the U.S. Department of Agriculture. Our School participates in the National School Lunch Program, and the School Breakfast Program.

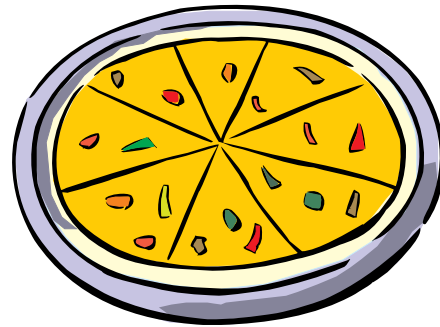
If your income is less than or equal to the Federal Eligibility guidelines, you are eligible for free or reduced-price meals. These guidelines are effective July 1, 2014 through June 30, 2015.

For more detailed information or to get an application for free or reduced-price school meals, contact us at Strafford School Food Service Department, 22 Roller Coaster Road, Strafford, NH 03884 or phone: 664-2842. You can find more information on our website at <http://www.strafford.k12.nh.us>.

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write to USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington DC 20250-9410 or call (800) 795-3272 or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.

BYA BEST PIZZA NIGHT FUNDRAISER

Support BYA (Barrington Youth Association) with a night of sampling pizza from area restaurants. Eat and vote for the area's best pizza on Friday, March 6, 2015, from 6:30 to 8:00 pm at the Barrington Middle School Auditoria on 20 Haley Drive in Barrington. Register at www.byanh.org now and save—The early bird deal is \$5 per person (a savings of \$5 per person) online now through February 22, 2015. Tickets can also be purchased at the event for \$10 per person. BYA Players: Wear your game jersey and your name will be entered into our special player drawings. There will also be raffles from local businesses, 50/50, and other great prizes! To sponsor or donate to this event, please contact BYA at barringtonyouthassociation@yahoo.com. Strafford students play baseball and softball through the Barrington Youth Association.



Nippo Lake Golf Club and Restaurant

OPEN to the PUBLIC

2015 Golf Memberships Available
Alliance Memberships with
Sister Club Rochester Country Club
603-664-7616

BLUE GRASS

Sundays 6pm – 8pm
visit: www.nippobluegrass.com
for dates and bands performing



VALENTINE'S WEEKEND

Friday & Saturday Nights

February 13th & 14th

DINNER for TWO - \$45.00

Appetizers – Salad – Entrée – Dessert

Sweetheart Tables Available
Reservations Recommended

RESTAURANT HOURS

MONDAY - TUESDAY CLOSED

Wednesday & Thursday – 2:00pm to 9pm

Friday – 11:30am to 10pm

Saturday – 11:30am to 10pm / Sunday – 11:30am to 8pm

DAILY LUNCH and DINNER SPECIALS

603-664-2030

www.nippolake.com

88 Stagecoach Road, Barrington, NH 03825



ASSISTANT BUILDING INSPECTOR/ CODE ENFORCEMENT OFFICER

The Town of Strafford has an opening for a part-time Assistant Building Inspector/Code Enforcement Officer.

Associate's degree in building construction or related field with at least 5 years experience in construction or building; or any equivalent combination of education/experience. Must be proficient in structural, mechanical and electrical codes. Must be available Tuesdays 4:00 PM – 7:00 PM, plus additional hours for appointments, inspections, and records maintenance.

Please forward your resume to the Board of Selectmen, PO Box 23, Center Strafford, NH 03815 or e-mail to admstraff@strafford.k12.nh.us.

Closing date 2/10/15.
No phone inquiries please.

Contacts

EMERGENCY NUMBERS

Police/Fire/Medical Emergency.....	911
Police Non-Emergency.....	664-5644
Police Business Line.....	664-7462
Dog Officer.....	664-5644
Poison Control.....	1-800-562-8236
All Emergencies.....	911
Fire Department Business Line.....	664-2915

Town Hall..... 664-2192

Town Clerk's Hours (Ext. 102):

Monday, Wednesday, & Thursday.....	8:30–2:00
Tuesday.....	1:00–7:00

Tax Collector's Hours (Ext. 103):

Monday & Wednesday.....	8:30–2:00
Tuesday.....	1:00–6:00

Town Office/Selectmen's Hours (Ext. 110 or 101):

Monday, Tuesday, Wednesday.....	9:00–noon
---------------------------------	-----------

Building Inspector's Hours (Ext. 104 or by appointment):

Tuesday.....	4:00–7:00
--------------	-----------

Planning & Zoning (Ext. 105)

Assessor (Ext. 107)

Hill Library..... 664-2800	
Monday.....	2:00–6:00
Tuesday.....	Noon–8:00
Wednesday.....	11:00–7:00
Thursday.....	2:00–8:00
Saturday.....	10:00–2:00

Recycling Center Year-Round Hours:

Wednesday.....	4:00 p.m.–7:00 pm
Saturday & Sunday.....	9:00 a.m.–1:00 p.m.

Strafford Post Office..... 664-2118

1079 Parker Mountain Road (Rt. 126), Strafford, NH 03884

Monday–Friday:

Retail Service.....	8:00 a.m. – 12:30 p.m. & 1:30 p.m. – 4:30 p.m.
Lobby & Post Office Box Access.....	6:45 a.m. – 5:00 p.m.

Saturday:

Retail Service.....	8:00 a.m. – 12:00 p.m.
Lobby & Post Office Box Access.....	6:45 a.m. – 12:00 p.m.

CHURCH DIRECTORY

Bow Lake Baptist Church..... 664-7401
530 Province Road, Strafford, NH www.blfwbc.org
Worship Service (Child Care Available)..... 10:00 a.m.

3rd Baptist Church of Ctr. Strafford..... 664-7750
Sunday Worship Service..... 10:00 a.m.

Crown Point Baptist Church..... 509-2224
274 First Crown Point Rd.
Worship Service..... 9:00 a.m.

St. Joseph's Catholic Church..... 942-8716
Rte. 4, Northwood
Sunday Mass..... 10:00 a.m.

Northwood Congregational Church U.C.C. 942-7116
881 First NH Turnpike (Rte. 4), Northwood, NH 03261
Sunday Service..... 9:00 a.m.

St. Stephen's Episcopal Church..... 435-7908
50 Main Street, Pittsfield, NH 03263 www.ststephenspittsfieldnh.org
Sunday Service..... 9:30 a.m.

New Hope Church..... 285-3533
34 Raymond Rd. (Rte. 152), Nottingham, NH 03290
www.new-hopechurch.com
Sunday Service..... 10:00 a.m.

Nottingham Community Universalist Church..... 679-8400
106 Church St. (Rt. 156 & Church St.), Nottingham, NH 03290
www.nc_uc@yahoo.com
Sunday Service..... 10:00 a.m.

St. George's Episcopal Church..... 868-2785
One Park Court at 14 Main Street, Durham, NH 03824
www.stgeorgesdurham.org
Sunday Services..... 8:00 a.m. & 10:00 a.m.

Northwood Advent Christian Church..... 834-0863
113 School St, Northwood, NH
Worship Service..... 10:00 a.m.

The Christian Cupboard and USDA emergency food distribution site at the Christian Center continues to serve the Town of Strafford. Persons needing food are invited to come to the Center on Thursdays between 8:00 and 10:00 a.m. for confidential emergency food distribution.

Cornerstone VNA..... 603-332-1133

Home ~ Health ~ Hospice

Trusted care since 1913

Your Health. Your Home. Your Choice.

For more information on all services,

visit www.cornerstonevna.org

Calendar of Events

February 2015

1	Sun		See Church Directory on <i>Contacts</i> page for religious services.
2	Mon	5-6:30 pm	Free Dinner @ Interfaith Community Kitchen, St. Joseph's Parish Hall (every Monday).
		7:00 pm	Conservation Commission meets at Town Hall.
		7:00 pm	Fire Department Business Meeting.
			Groundhog Day
3	Tues	5-7 pm	Cartoon & Drawing Club meets at Hill Library.
		6:00 pm	Library Trustees meet at Hill Library.
		6:00 pm	Selectmen meet at Town Hall.
		6:15 pm	TOPS (Take Off Pounds Sensibly) at Police Station; see article (every Tuesday).
		7:00 pm	Town of Strafford Democrats meet at Hill Library.
		7:00 pm	PTO meeting at School.
4	Wed	11:00 am	Story Time at Hill Library (every Wednesday in February).
		5-6:30 pm	Free Dinner @ Community Kitchen, Christian Center, Third Baptist Church (every Wed.)
		7:00 pm	Fire Department EMS training.
		7:00 pm	Meeting for Merrowvista for 6 th grade parents.
5	Thur	8-10 am	Food Pantry at Christian Center, Third Baptist Church (every Thursday).
		2-3 pm	Inquiry Club meets at Hill Library (every Thursday).
		7:30 pm	Planning Board meets at Town Hall.
6	Fri		No School; Teacher Workshop day.
		5-7 pm	Ham & Bean Supper by Strafford Women's Club at Grange Hall; see article.
		7:30 pm	AA in Idlepines Room, Bow Lake Church (every Friday).
7	Sat	9:00 am	Women's Breakfast at Bow Lake Church.
		4-11 pm	Strafford Swamp Stompers Snowmobile Club Winter Cookout & Bonfire; see article.
9	Mon	6:30 pm	Town of Strafford Republicans meet at Hill Library; see article.
		7:00 pm	Fire Department Training.
10	Tues	5:50 pm	Public Hearing on Warrant Article; see article.
		6:00 pm	Public Hearing on Town Budget at Town Hall; see article.
		7:00 pm	Bow Lake Community Club meeting at Bow Lake Grange Hall.
11	Wed	6:00 pm	School Board meets in Strafford School Library.
12	Thur	7:00 pm	Strafford Swamp Stompers Snowmobile Club meets at Nippo Lake Golf Club; see article.
14	Sat		Valentine's Day
15	Sun		Deadline for March <i>Strafford Community Calendar</i> .
16	Mon		Presidents Day ; Town Hall closed.
		7:00 pm	Fire Department Work Session at respective stations.
		7:30 pm	Fire Department Officers Meeting.
17	Tues	5-7 pm	Cartoon & Drawing Club meets at Hill Library.
		6:00 pm	Selectmen meet at Town Hall.
		6:30 pm	4 th Grade Band Concert at School.
21	Sat	1-3:30 pm	Bear-Paw Winter Walk at Isinglass River Cons. Reserve, Strafford; see <i>Conservation Notes</i> .
22	Sun	2:00 pm	Sew & Chat at Hill Library.
23	Mon		Strafford School winter vacation week; February 23 through 27.
		12 noon	Strafford Women's Club lunch trip; see article.
		7:00 pm	Fire Department Work Session at respective Stations.
		7:00 pm	SAU 44 Joint Board meeting.
25	Wed	6:00 pm	School Board meets in Strafford School Library.
26	Thur	6:30 pm	Book Club meets at Hill Library.
28	Sat	11-11:30a	Supervisors of the Checklist sit at Town Hall; see article.

