# Strafford Community Calendar

May 2017 Volume 41



### DEADLINE for the JUNE Issue of The Strafford Community Calendar is MAY 15

# STRAFFORD COMMUNITY CALENDAR STAFF OF VOLUNTEERS

Visit Us on the Web Log on to www.straffordcommunitycalendar.com to see the online version of the Strafford Community Calendar

### **HOW TO SUBMIT ADS**

Please email ads in Microsoft Word format (file name ends with .docx or .doc) or PDF format (file name ends with .pdf) to staff@straffordcommunitycalendar.com and your payment to SCC, P.O. Box 341, Strafford, NH 03884 by the 15th of the month before publication (e.g., July 15 for inclusion in the August issue). See Ad Rates & Sizes (below) on page 2 of every issue.

If you want us to design your ad, send us an idea of what you want included, along with your payment and the phone number where you can be reached with questions, to the SCC address above. Email any further questions to staff@straffordcommunitycalendar.com or call 942-8164.

# WHERE TO FIND THE STRAFFORD COMMUNITY CALENDAR

Here are the locations where you can find a copy of the *Strafford Community Calendar*: Elf's; Hill Library; Post Office; Strafford Town Hall; Strafford School; Isinglass Store; K & J's Diner; Nippo Lake Golf Club; Northwood Garage; Northwood Physical Therapy; and online. The online version is posted in PDF format, complete with ads and working links on our website. Go to straffordcommunitycalendar.com; Click on **Download Current Issue** or **Download Previous Issue**; Save to your computer.



**PHOTO CREDITS** 

Our cover photo this month was taken by Pat Sims. Photo on page 13 is by Bill & Linda Hodgdon. Thanks all!

Send your photos to staff@straffordcommunitycalendar.com.

### **HOW TO SUBMIT ARTICLES**

Please send articles to staff@straffordcommunitycalendar. com in Microsoft Word format (File name ends with .docx or .doc) or RTF format (File name ends with .rtf). Otherwise, place the text of your article directly into the message section of your email. (See guidelines below to submit photos with your article.) Place the name of your organization or article topic on the subject line. Include your name, email address, and phone number(s) on all submissions. We do not accept anonymous submittals.

The editors of this newsletter reserve the right to make any such corrections, additions, and/or deletions as needed in material submitted in accordance with established editorial practice. Opinions expressed in the *Strafford Community Calendar* do not necessarily reflect the opinions of the staff. The staff is not responsible for changes in function dates, times, or locations; errors; omissions; or cancellations. All materials must be received by the 15<sup>th</sup> of the month for inclusion in the following month's issue. Thank you for your cooperation.

### **HOW TO SUBMIT PHOTOS**

Email photos in .jpg or .png format to staff@ straffordcommunitycalendar.com. Attach them to your email and include the photographer's name and the photo location(s) in your email, along with a statement of permission to print your photo(s). Send photos separately from your article; do not embed them into a Microsoft Word document.

# THE STRAFFORD COMMUNITY CALENDAR AD RATES & SIZES

### Regular Ads:

- 1-inch ad for 1 month: \$12.25; 3 3/4 in. wide x 1 in. high
- 1-inch ad for 6 months: \$68.50
- 1-inch ad for 1 year: \$117.00
- 2-inch ad for 1 month: \$24.50; 3 3/4 in. wide x 2 in. high
- 2-inch ad for 6 months: \$137.00
- 2-inch ad for 1 year: \$237.00
- 1/4-page ad for 1 month: \$30.00; 3 3/4 in. wide x 5 in. high
- 1/4-page ad for 6 months: \$170.00
- 1/4-page ad for 1 year: \$330.00

### **Inserts:**

• \$70 (After our review of your insert, you provide 1000 copies delivered to Lilac Printing, Rochester, NH by the 15<sup>th</sup> of the month before publication; e.g., May 15<sup>th</sup> for the June issue). A handling fee may be charged for more than one 8 ½ x 11 page.

### Please remember:

- 1. Inserts in the *Strafford Community Calendar* must be approved by the editors on or before the deadline.
- . Inserts and ads are prepaid.

### **2017 MEMORIAL DAY PARADE** AND DEDICATION CEREMONY

The 2017 Strafford Memorial Day Parade will take place on Monday, May 29, 2017 at 11:30 AM. All entrants, including floats, trucks and community groups, are requested to arrive by 11:00 AM at the Beaver Dam Estates entrance. The Parade will conclude at the Bow Lake Dam area for the customary dedication to pay tribute to those who gave their lives for our Country. Refreshments will be served following the Parade and dedication in the Bow Lake Grange Hall. Please contact Jeannie Garcia at garcia6@tds.net or 269-4143 with any questions.

### 2017 HAZARDOUS WASTE DAY

Hazardous Waste Day occurs annually for the proper disposal of hazardous waste products, which can include, but are not limited to, household and garden items, garage products, and workshop/painting products. More detailed information is available at the Recycling Center/Transfer Station, Post Office and Town Hall. Prepare now to dispose of these items on Saturday, May 6, 2017, from 8:30 am to 12:30 pm at Turnkey Landfill, 90 Rochester Neck Road, Rochester, NH.

### NINTH ANNUAL BOW LAKE DAM 15K/5K

Lace up your shoes for another great race. On Saturday, June 3, 2017, we are hosting a 15K race around Bow Lake (starting at 9:30 am) and a 5K race along a portion of Bow Lake (starting at 10 am) to benefit the Cystic Fibrosis Foundation. Join us for the race and stay afterwards for live music, a cookout, free massages, and a toddler dash. Sign up to race or donate at www.bowlakedam15k5k.com. To support the event as a sponsor or a volunteer, email racingtocureCF@gmail.com. If you can't make the race this year, consider joining us on May 2, starting at 4 pm at Flatbread in Portsmouth for a Community Giving Night. A percentage of the proceeds raised that night will be donated to our cause. Alone we can make gradual progress; together we can make miracles!

### **MUSEUM PROGRAM**

Have you been to the Children's Museum in Dover? How about the NH History Museum or the Currier Museum of Art in Concord? When was the last time you went to Strawbery Banke in Portsmouth? Well, you could go to any one of these, bring back a receipt for your fee, and present it to the Friends of Hill Library for a family reimbursement of up to \$35 per year. This program allows you to go to any museum and be subsidized for at least part of your cost to visit. If you are a Hill Library patron, you can take advantage of this offer. Just ask at Hill Library's circulation desk or go online for the forms (www. hilllibrary.org). Check out http://museumsnewengland.org/ to find a wide variety of museums to select from for your next family trip.

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### **BOW LAKE BEACH & SWIMMING LESSONS**

The 2017 season at the Bow Lake Dam beach extends from June 18 to August 12. Swimming lessons will be held in two sessions—Session 1 from June 26 to 30 and July 5 to 7; and Session 2 from July 31 to August 11. Registration forms are available at www.strafford.nh.gov; Town Hall; and Post Office.

### LIFEGUARD POSITION OPEN

The Town of Strafford is accepting applications for the position of Lifeguard for the 2017 Beach Season. Please forward your resume with three references to the Administrator, Town of Strafford, P.O. Box 23, Center Strafford, NH 03815 or via email to admstraff@strafford.k12.nh.us. Applications must be received no later than 2:00 pm on Monday, May 15, 2017.

### MISSION ACTION DAY

What is Mission Action Day? It's a day when God's people show His love to those around them. Mission Action Day will be Saturday, May 13, this year. The day will start with breakfast at Third Baptist at 8:00 am. Then, teams of workers will go out wherever they are needed. Lunch will also be provided. There is always laughter and camaraderie.

Would you like to help? Do you need some help? Please call Pastor Harold Muzzey at 664-7750 for more information.

### **CAMP SENTINEL**

It is time to start thinking about summer camp! Camp Sentinel is located in the foothills of the Ossipee Mountain range in Tuftonboro, NH. Established in 1949, Camp Sentinel offers a safe, fun, Christian experience for boys and girls ages 7 to 15. For more information, go to www.campsentinel. org. Limited scholarships are available for Strafford residents. Applications for scholarships will be accepted until May 1, 2017. Further scholarship information is available through Lori Shiere from Third Baptist Church (664-6910) or Louise Matteson from Bow Lake Baptist Church (664-9753).

### CENTER STRAFFORD CEMETERY ASSOCIATION

The Annual Meeting of the Center Strafford Cemetery Association will be held in the Christian Education Building by

Third Baptist Church (junction of Rts. 126 and 202A) on Saturday, May 6, 2017, at 10:00 a.m.

The Cemetery Association is also looking for parties interested in mowing the Cemetery located on Rte. 126 throughout the mowing season. You must have your own equipment. Please contact John Hall at 664-9290.



# The Strafford Garden Club's

Garden Accent and

# **Plant Sale**

**Saturday** May 27 8:00 A.M. to 11:00 A.M.

# at the Bow Lake Grange Hall

Perennials, herbs, heirloom veggies
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### STRAFFORD SUMMER ARTS CAMP 2017

African drumming. Painting. Acting. World music of all kinds . . . These are just some of the words that help define one of best summer educational opportunities for students in New Hampshire, and it is right in our backyard. Strafford School is fortunate once again to host Strafford Summer Arts—a weeklong day camp run by theatre, music, and art professionals. This year's camp is on July 31 through August 4, 2017. Camp is for ages 8 to 14 and runs from 9 am to 3 pm (with a Friday evening performance for the community at 6:30 pm. The cost is \$350 (\$275 for residents of Strafford). A \$125 deposit is due at time of registration with balance due July 1, 2017.

Guided by New Hampshire Theatre Project (NHTP) director Genevieve Aichele, instrumentalist Randy Armstrong, and art instructor Jessica Anderson, Strafford Summer Arts Camp includes dramatic theatre and movement instruction, storytelling, costume design, and set decoration/setup. In addition, Randy brings a wide variety of world instruments the participants are excited to play! Students learn to play multicultural music, as well as sound effects. No prior experience is necessary.

We also have AMAZING Coe Brown interns who bring great energy and enthusiasm to the program. The emphasis of the camp is on collaboration, gaining self-confidence, and developing an appreciation for world cultures through theatre, art, and music—and, of course, fun!

Please email info@nhtheatreproject.org or call 603-431-6644 x4 with questions or to enrol. Local community coordinator, Angela Smith, is also available to answer questions at straffordsummerarts@gmail.com.

### 25th ANNUAL USPS LETTER CARRIERS NATIONAL FOOD DRIVE

The Strafford Post Office, once again, is proud to support the Annual National Food Drive on Saturday, May 13, 2017. You know how important our food drive is. Last year the Strafford community generously donated 2,465 pounds of nonperishable food and personal care products. The items collected all stay here and are donated to the local food pantry located at the Third Baptist Church of Center Strafford on Rte. 202A, 22 Strafford Road, Strafford, NH. The pantry is open Thursdays from 8 to 10 am for confidential distributions.

Your Postal carriers will be collecting non-perishable food and personal care products that are left in a bag by customer's mail box. There will be a receptacle available in the lobby of the Strafford Post Office for those customers who wish to drop off their items. The lobby is open Monday to Friday from 6:45 am until 5:00 pm. On Saturday lobby hours are 6:45 am until

All donations will be distributed to the local food pantry located at the Third Baptist Church of Center Strafford, Rte 202A, 22 Strafford Rd., Strafford, NH. This year there is a need at the pantry for soups, condiments and any kind of canned beans including baked beans. Donations of personal care products are always welcome, including shampoo, soaps, razors, and toothbrushes.

The Strafford Post Office employees thank the Town of Strafford for their continued support and look forward to another successful Food Drive.



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Rental includes a banquet/dance hall with a stage and a smaller ground-level room. A fullyappointed kitchen is available.

Contact Paula King at 664-5901 to book your event now!



### LIBRARY LINES

If you haven't come in to check out the Hill Library remodel yet, stop by soon! Our new layout has been well received and showcases our collection in updated areas and new, warmer lighting. We have comfortable areas for all ages to play and sit in as well as lower picture book bins in our Children's Area. The Adult Fiction collection is now located in the entrance area. There is a cozy nook to sit and read a good book or talk to a friend.

Exciting news for Story Time! Story Time will be on Monday mornings for the months of May and June. It will begin at 10:30 am based on feedback from parents. Why not try it out? Some themes will be Spring, ducks, flowers, gardening and bunnies. Bring your preschoolers in for some age-appropriate activities, great books and special projects.

Do you need help downloading your eBooks or audios? Stop by for Tech help on Mondays from 12-3 pm or Tuesdays from 4-7 pm. Bring your device, and we will help you download audio or eBook. The overdrive website is nh.overdrive.com and download eBooks from NH Downloadable Books Consortium, accessing thousands of titles.

New to Collection—Also, we received a new collection of materials from SILC—the Suncook Inter-Library Cooperative—on April 13. Some of the new DVD titles are *Diana* with Naomi Watts, *The Freshman* with Marlon Brando, *Sisters* with Tina Fey, and *Ben-Hur* without Charlton Heston (this version has Jack Huston and Morgan Freeman). A few of our new Audio titles are *A Piece of the World* by Christina Baker Kline, *The Nightingale* by Kristin Hannah, *The Man Without A Shadow* by Joyce Carol Oates, and *The Forbidden Zone* by Tony Abbott. There are 40 other new titles as well. We also have three Kindles that can be checked out for eBooks of your choice. Check our website: www.HillLibrary.org and our Facebook page, Hill Library, for our new titles and program offerings. And remember, you can renew your books online from our OPAC.

### **Libby + Miner**

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<u>Trustees</u>—The next Trustees Meeting is Wednesday, May 10, at 6 pm. All Trustees meetings are open to the public. There is an open seat for Library Trustee Alternate. We are looking for energetic individuals who would like to serve the Town and our Library. Stop by or call for more information, 664-2800.

<u>Programming</u>—Looking for a new book to read? Join the Book Club. On May 4, *The Old American* by Ernest Hebert will be discussed at 6:30 pm. June 1 is next month's Book Club date; and *A Dog's Purpose* by W. Bruce Cameron will be the featured book.

The Artists Group will meet on Tuesdays, May 9 and 23, from 5-7 pm. Need some help with your computer or device? Computer Help with Matt will be Thursdays, May 11 and 25, from 6-7 pm. An Evening of Spoken Word with Skip Manning will meet on Wednesday, May 31, at 5:30 pm. Remember that you can use our new Meeting Room for your programs or meetings. Call for availability.

Interested in making healthy smoothies? Join us on Tuesday, May 30, from 6-7:30 pm for Spring Greens and Smoothies: Not all smoothies are created equal! Most common smoothie recipes are loaded with sugar, leading to a quick spike in blood sugar leaving you feeling drained and craving more. Learn to make healthy, low sugar smoothies with the fresh, vitamin-packed greens of spring. Sample flavor combinations and take away recipes to make at home. This workshop also offers an introduction to using "superfoods" to compliment your diet. Presented by Lori Steere, CIHC, Certified Integrative Health Coach. All Hill Library events are free and open to the public, unless otherwise specified.

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### **OHRV's FISHING & HUNTING LICENSE**

Turkey season is coming up. May 3 until May 30 is the Spring open season. Be sure your license is up to date for that. Remember to wear your Hunter Orange.

I stand corrected! Trout season for Wild Trout Ponds is from the fourth Saturday in April (April 22) through Labor Day, and they are catch and release only.

Trout Ponds—Open season is from the fourth Saturday in April (April 22) thru October 15.

Daily limit is five (5) fish or five pounds, whichever limit is reached first.

New ban on Lead Sinkers and Jigs—State Law prohibits the use of lead sinkers and jigs weighing one ounce or less, regardless of length, in all fresh waters of NH. The sale of these lead sinkers and jigs is prohibited in the state of NH. Learn more at fishleadfree.org.

Black Bass (Smallmouth Bass & Largemouth Bass)—May 15 to June 15, catch and release only. From April 1 to May 14 and June 16 to June 30, two (2) fish daily.

Purchase your Hunting & Fishing License and register you OHRV at the Tax Collector's Office. To purchase your Hunting License, you need your expired Hunting License OR a copy of your "Hunter Safety Course Certificate."

Mud Season is here get your OHRVs, Dirt Bikes, Three or Four Wheelers and Snowmobile Registration at the Tax Collector's Office. If you have not registered it in the past two years, you will need to know all the information about it (including the VIN#).

Purchase licenses and registrations on Monday, Wednesday and Thursday from 8:30 to 2, or on Tuesday from 1 to 6.

### NOTES FROM THE TOWN CLERK

The Town Hall will be closed Monday, May 29, 2017 for Memorial Day.

Avoid late fees...License your dogs by May 31.

Online Vehicle Renewals & Dog Licensing—You can renew your vehicle registrations and license your dogs with the Strafford Town Clerk online using our E-REG system. Just follow the instructions on the renewal letters we send or go to www.strafford.nh.gov (our Town website) and locate the Pay Online button on the Quick Links section of the home page. The Strafford Town Clerk will process your online renewals and mail your registrations/licenses to you. It's easy and convenient.

Only renewals can be processed online; allow one week for processing; all new vehicles, vehicle transfers, and new dogs must continue to be processed in person at the Town Clerk's office; for estimates, use this handy option on E-REG for new vehicles.

For questions or concerns, the Town Clerk can be reached at 664-21920 x102 or townclerk@strafford.nh.gov.

### ARE YOU MISSING SOMETHING?

Unsecured trash has a tendency to fly out of the back of trucks and land in yards and on roadways on your route to the Recycling Center. PLEASE take the time and make the effort to avoid being guilty of this unintentional littering by closing bags tightly and tying down the load. Let's all help out and keep litter in its appropriate place.



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Contact Brian, a Strafford resident, for a free consultation!



### STRAFFORD WOMEN'S CLUB

The month of May brings us together for our Annual Meeting/Luncheon to be held at Noon on Monday, May 22, 2017, at Cassidy's Tavern at the Bow Lake Inn. Come early between 11:30 and 12 for socializing and payment of dues. The business portion of our meeting will include election of officers, annual reports, and scholarship announcements. For more details or questions, please contact Lucinda at 664-9200 or kerivan@metrocast.net. The Women's Club welcomes new members. All are welcome to join us. RSVP to Lucinda by May 16 to make your reservation.

We've set the dates for our Summer 2017 Ice Cream Socials at the Bow Lake Grange Hall; mark your calendars now—July 5 and August 2, 2017—for these annual SWC fundraisers.

### WE'VE MOVED

The Clothes Closet at St. Joseph's Church in Northwood offers free, gently used clothing to men, women, and children. Please visit our new, handicapped accessible location in the Church's Parish Hall, next to Northwood Town Hall. We are open on Mondays from 3:30 to 4:30 pm and Thursdays from 11 am to noon. Also, join us every Monday at 4:30 pm for a free meal and fellowship at the Interfaith Community Kitchen in the Parish Hall.

### AN OPEN INVITATION FROM THE STRAFFORD WOMEN'S CLUB

April has cried and stepped aside, and along comes pretty little May—and with it, a special invitation from the Women's Club to gather, (as the song continues), when June is bustin' out all over!

We are pleased and excited to invite you to join us as we welcome Professor Michael Magoon and Certified Health and Wellness Coach Jason Pelland as they share information about health, wealth, wellness, safety, and aging gracefully in our high-paced society. They will have interactive, dynamic discussions about how you can live life fullest by embracing healthy eating, diet, exercise, staying safe online and in the community, as well as participate in a question and answer session.

So now is the time to save the date of June 26, 2017 on your calendar, for the month of June will no doubt "burst" forth with activity. Be sure to mark the time of 1:30 pm in the Idlepines Room of the Bow Lake Church. Light refreshments and conversation will follow. Questions? Call Jane at 664-9202.

### **TOPS**

It's always a great time to refocus on your personal goals. TOPS (Take Off Pounds Sensibly) meets on Tuesday evenings at 6:15 pm at the Strafford Police Station. With the support of others you can reach your goals. Please join us to see what our group can do for you.





### MAY IN THE GARDEN

The next meeting of the Strafford Garden Club will be held on Monday, May 1, 2017 at the Bow Lake Grange Hall at 1:00 pm. At 2:00 pm, Charlie Moreno will explain what makes our Strafford Town Forest lands important. The Forest lands now total over 1,200 acres, preserving some of the ecologically significant land in Town. From the middle of Town, it includes much of the forest that you see on the south face of the Parker-Evans Mountain. Charlie will take us through the land's natural history, ecological values, community uses, and future vision for the land. Please join us.

Be sure to save the date and mark your calendar for Saturday, May 27, the day of the Strafford Garden Club's Annual Garden Accent & Plant Sale. No kidding, no where will you find the variety of plants, herbs, garden accessories, raffle items/prizes and garden advice so available and inexpensive. The Plant Sale hours are 8:00 am to 11:00 am at the Bow Lake Grange Hall. Come early! See our ad elsewhere in the *Calendar* for more information.

While our gardens have been asleep over winter, a small committee of Garden Club members has been wide awake and planning for the new Garden at the Dam which has been renamed "Gwen's Garden" thanks to all the donations in memory of co-founder and loyal member Gwen Wilson. Maria Rainey, our last year's scholarship winner, volunteered to draw the landscaping plans for the space as part of her course requirements. She has spent many hours on this project, and we love her suggestions. This Spring you will see us busy at work as we remove the remaining roots of invasive plants, amend the soil and start to plant. Give us a thumbs-up as you drive by.

Well, it so happened that April showers brought snow plowers, but we managed to muddle through the last snowstorm of Winter. Now that it is May we can rejoice in the return of the gardening season. This is the month we plant our veggies outside. Annuals can be purchased and planted, and window boxes and planters can be filled. We also start our runner beans inside (so little animals don't get the delicious beans first) and place supports for peonies, poppies and other tall flowers.

If you happen to be planting your first garden look at the article at http://www.realfarmacy.com/7-common-mistakes-of-the-beginner-gardener for some worthy advice. And remember, new gardeners learn by trowel and error! Enjoy May in the garden. See you at the Plant Sale!





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# The Strafford Garden Club's

**Garden Accent and** 

# **Plant Sale**

Saturday May 27 8:00 A.M. to 11:00 A.M.

# at the Bow Lake Grange Hall

Perennials, herbs, heirloom veggies Proven varieties for your Strafford garden

Plus garden related arts and crafts
Proceeds from the sale go toward town beautification
and scholarships for higher education

### STRAFFORD GARDEN CLUB ANNUAL GARDEN ACCENT & PLANT SALE

Members of the Strafford Garden Club will be holding a Garden Accent & Plant Sale on Saturday, May 27, from 8 to 11 am at the Bow Lake Grange Hall, 569 Province Road in Strafford.

The Club will be selling perennials, herbs, and heirloom vegetable plants of proven varieties for area gardens. If you have plants to donate for the sale, please contact a Garden Club member or bring them to the Grange Hall Friday, May 26, from 1 to 4 pm.

Garden-related arts and crafts will also be displayed for sale upstairs in the Grange Hall. If you would like to display and sell your garden-related arts or crafts during the plant sale, please contact Bev Nemetz at 664-2552.

Proceeds from the sale will go toward Town beautification and awarding of an annual scholarship for higher education.

This year the Garden Club's special project is renovation of the garden at Bow Lake Dam in memory of Strafford Garden Club co-founder and loyal member, Gwen Wilson, who recently passed away.



# Pediatric Specialist Dr. Alison Gomes, DMD Family Dental Pediatric & Adult Dentistry One Visit Crowns www.NorthwoodFamilyDentalCenter.com 1505 1st NH Tpke, Northwood 942-5541

### BLCC NEWS - THE CONCERT IS COMING!

Spring is here, and it won't be long before summer is upon us! Speaking of summer, our much-anticipated Ed Gerhard Annual Concert will be held earlier than usual this year, on Saturday, May 20. It's difficult to relay how special it is when the Grange Hall is transformed into an intimate concert venue perfect for connecting to Ed's incredible music and relaxed style. While tickets are available at the door, buying ahead is your best value and ensures your seat. To buy yours, go to virtuerecords. com and click on "tickets" at the very top of the page. Also, don't forget to bring your non-perishable food contributions for the Strafford Food Pantry.

We're excited to announce our first Chamber of Commerce After Hours will be held at the Grange Hall on Tuesday, May 16, from 5 to 7 pm. We'll also have some of our local businesses represented. This is a great opportunity to meet some of our small business owners, enjoy some refreshments, and check out the Grange Hall. Come join us!

We are counting our blessings, thankful for both our faithful and new BLCC members who have already sent in their memberships this year. These memberships allow us to maintain the Bow Lake Grange Hall to serve the community, and we are so pleased to see her full of life when people gather. Not a member? Now is the perfect time to join! Membership levels start at just \$25 and come with a free hour of Grange Hall rental. There is no additional membership obligation. For more information, please check out our website, www.bowlakecc.org or contact Martha English at 664-9089 or mre0384@gmail. com. The May meeting is on Tuesday, May 9, at 6:30 pm at the Bow Lake Grange Hall, and the public is welcome.

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### TOWN DEMOCRATIC COMMITTEE

We had a good turnout for our April forum on health care and health insurance, a concern for many residents. Healthcare policy expert Patrick Carrol took questions about the Affordable Care Act, which has now been the law of the land for seven years, and the impact of changes being considered by Congress. He explained that thanks to the Affordable Care Act, also known as "Obamacare," New Hampshire's uninsured rate (people going without health insurance) is as low as it has ever been. The law has stabilized the individual market as it was intended to do. In New Hampshire alone, 42,000 people signed up the first year. A bi-partisan effort is needed to improve the current law, which is helping so many in New Hampshire and across the country, and maintain critical programs like Medicaid and Medicare.

The committee will meet next on Tuesday, May 2, at Hill Library. Please join us. Stay in touch online at www. strafforddems.org.

### CATAMOUNT WOMENAID PLANT SALE

Hundreds of locally grown plants will be available at Catamount Womenaid's Spring Plant Sale on Saturday, May 20, from 9 am to 3 pm at Christie's Antiques in Epsom. All the plants, which have been donated by avid gardeners and nurseries in our area, will be ready for transfer into home garden beds. Choose from dozens of varieties of perennials and annuals, suitable for full sun to shade, all at reasonable prices. Christie's Antiques is located at 1740 Dover Road (Route 4) in Epsom—the purple house on the hill across from Cumberland Farms.

All proceeds will benefit Catamount Womenaid, which provides emergency financial relief for individuals and families in Deerfield, Epsom, Northwood, Pittsfield, and Strafford. (See catamountwomenaid.org.) The generosity of home gardeners and nurseries makes this sale possible. Those with plants to donate should contact catamountwomenaid@gmail.com.

### **WOMEN'S BREAKFAST**

The Bow Lake Church extends an invitation to all community women to come together for a once-a-month pot luck breakfast. This gathering is designed for women of all ages to enjoy the fellowship of one another as well as giving the opportunity, through the easy channel of food, to become better acquainted. There is no charge, no homework, no deadline and no lists, but we do ask that everyone bring a dish to pass. Each breakfast features a new (and brief) speaker. Breakfast begins at 9 am on the first Saturday of every month in the Idlepines Room of the Church. Place settings and beverages are provided. Welcome! Come and enjoy.

Bow Lake Community Club Presents GRAMMY® Award-winning Guitarist

### **ED GERHARD**

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Bow Lake Grange Hall
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664-7200 for info / tickets
Tickets available at
online at edgerhard.com

Food Drive at Concert to Benefit the Strafford Community Food Pantry



### A PORTION OF PROCEEDS TO BENEFIT BOW LAKE GRANGE HALL

Ed Gerhard returns to The Bow Lake Grange Hall on May 20 for his 21st Annual Benefit Concert. Ed has spent the past year touring worldwide to introduce his lastest Signature Guitar built by Breedlove Guitars. He is happy to be home in Strafford sharing his music with the community and supporting a great building. He will perform on 6 string, slide guitar and Hawaiian lap steel.

Ed's music is featured in the Ken Burns documentary "Mark Twain" and "The National Parks: America's Best Idea." Ed's recordings have received rave reviews including the Boston Globe's Critics' pick for Top Ten Albums of the Year and he was awarded a GRAMMY for his inclusion on Henry Mancini; Pink Guitar.

Refreshments and CDs will be available at intermission.



### **CONSERVATION NOTES**

Spring has finally arrived after a cold and snowy March. The loons are back at Bow Lake. They were preceded by an assortment of other waterfowl including ring-neck ducks, buffleheads and common mergansers. Our first day in the 80's brought out the peepers in volume. Along with the warmth comes the opportunity to focus on property maintenance and projects to improve our conservation areas including the Strafford Town Forest, Evans Mountain and the Isinglass River Conservation Reserve (IRCR). Some things being considered are updating info on the kiosks at trailheads and assuring maps, usage and other postings on the bulletin boards are legible. We will be conducting routine maintenance of hiking trails to remove windfall, clean water bars, and prune as necessary. Many thanks to Don Clifford for keeping parking lots plowed, which enabled many to enjoy winter activities.

An area that is always of concern is invasive species. Trying to control and eliminate these is an ongoing challenge. Bittersweet is a particularly pesky species. This month will see another garlic mustard pull at the IRCR. This organized workday has been ongoing for several years and is a fun and worthwhile event.

With the warm weather and increase in outdoor activities comes exposure to deer ticks and risk of Lyme disease. Strafford County has a high incidence of ticks. Be sure to use routine precautions with repellents and appropriate clothing and footwear. Check for ticks after any outdoor activity.

The New Hampshire Association of Conservation Commissions is partnering with NH DES Coastal Program and NH Granit to present a workshop—Coastal Viewer 101, on May 17. NH Coastal Viewer is a web-based mapping tool that

provides access to data on NH's coastal resources and hazards and resilient landscapes. Class is at 6:30 and will be held at Pettee Hall, Room G-18, 55 College Road, University of NH, Durham, NH. Contact barbara@nhacc.org if you are interested in attending.

### STRAFFORD TOWN REPUBLICANS

At the April Round Table of the Town of Strafford Republican Committee, State Senator John Reagan and State Representative Kurt Wuelper joined us. A summary sheet illustrating the notable positive economic impact that the Portsmouth Naval Shipyard has on the region was reviewed. Strafford has 49 workers there. We spoke of care for elders and how Strafford County Homemakers are trying to keep up with an increase in business since a private home care company recently went out of business. Although providing care for an elder at home is generally 1/3 the cost of providing for them in an institution, the reimbursement rate had not had an increase in 10 years when a modest increase occurred. We also discussed the budget negotiations and the voter registration bill. While the new voter bill still allows for affidavits to be filled out, it is hoped that there will be less cheating as part of it. Ocular recognition tied into an interstate interactive database was brought up as a way to really keep people from voting multiple times. The Secretary of State's office has a HAVA pot of money to try to reduce cheating and are currently working on an interstate data base integration. Please join us May 8 and other second Mondays from 6:30 to 8:00 pm at Hill Library.

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### **HISTORICAL NOTES**

The Historical Society welcomes spring with two special events in May. On Tuesday, May 16, please join us for a Potluck Dinner at Austin Hall at 6:30 PM followed by the Society's Annual Business Meeting. Guests and visitors are always welcome. Please bring a dish to share—we always have an interesting variety!

On Sunday, May 21, Austin Hall will host a special Afternoon Tea from 1 to 4 PM featuring a vintage radio show. Our thanks to the Strafford Women's Club, who are co-hosting this event as a benefit for the Strafford Historical Society and the Strafford Bicentennial Committee. For tickets, please phone JoAnn Brown at 664-2225.

See you at the Memorial Day Parade!

### **READY RIDES**

Ready Rides is a non-profit organization formed to provide rides for seniors and physically challenged neighbors in Barrington, Durham, Lee, Madbury, Newmarket, Northwood, Nottingham, and Strafford who need transportation to medical and dental appointments. This year we will be expanding our ride service to Newfields. The success of our program depends on our volunteer drivers. We are always looking for new drivers. Our program works around your schedule and availability; you can do as many or as few rides as you want. Drivers

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### STATE HOUSE UPDATE

This is another in a series of non-partisan State House updates from one of your State Representatives, Mike Harrington. This being the first year of the legislative session, the State budget is the biggest issue in Concord. For the first time in many years, the NH House of Representatives failed to pass a budget bill (HB 1). Most Democrats and many Republicans (for different reasons) voted against HB 1. This means the Governor's original budget and not the one endorsed by the House Finance Committee will be sent to the NH Senate. After the Senate acts, whatever comes out will be sent back to the House and ultimately, the Governor (assuming a bill is passed by both the House and the Senate). Of note to Strafford is the fact that the Governor's budget includes some funding for full-day kindergarten, which the Finance Committee's version did not. As you may know, at the recent Strafford School Distinct Meeting, full-day kindergarten was approved at a cost of approximately \$107,000 for the first year. The Governor's budget, if passed, would provide the Strafford School District with around \$20,000 to \$25,000 to partially fund full-day kindergarten for the next school year.

Other major issues, based on the amount of emails I have received from folks in Strafford and New Durham, the Towns I represent. I want folks to know that I may not have responded to all the emails I received from those Towns as is my normal policy. This was due to the thousands of emails I received from other towns in NH as well as from other states. It was simply impossible to open them all and just read where they were sent from. I ask anyone from Strafford or New Durham who did not get a response from me to re-send their email.

Concealed Carry—The Governor signed into law a bill that allows a person who could legally carry a firearm to now be able to carry it concealed without obtaining a permit. This makes NH law similar to Vermont and Maine as well as other states.

Transgender rights—This bill was passed by the Senate but tabled by the House. This effectively kills this bill for the current session.

Voting Laws—SB 3, which makes substantial changes to NH's voting laws was passed by the Senate. The House will be holding a public hearing on this bill next week. As I am on the committee (Election Law) that will hold the hearing, I would appreciate input from the residents of New Durham and Strafford. The wording of the bill can be found at http://www.gencourt.state.nh.us/bill\_status/billText.aspx?sy=2017&id=885&txtFormat=html.

Of course I appreciate input from New Durham and Strafford folks on all State issues. You can contact me at haaringt@ metrocast.net or 942-8691. My voting record, as well as that of other Representatives and Senators, can be found at http://www.gencourt.state.nh.us/nhgcrollcalls/



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# Contacts

### **EMERGENCY NUMBERS**

ENIERGENCI NUMBERS
Police/Fire/Medical Emergency911
Police Non-Emergency664-5644
Police Business Line664-7462
Dog Officer
Poison Control1-800-562-8236
All Emergencies911
Fire Department Business Line664-6863
Town Hall
Town Clerk's Hours (Ext. 102):
Monday, Wednesday, & Thursday
Tuesday
1.00 7.00
Tax Collector's Hours (Ext. 103):
Monday & Wednesday
Tuesday
1:00-0:00
Town Office/Selectmen's Hours (Ext. 110 or 101):  Monday, Tuesday, Wednesday9:00–noon
<b>Building Inspector's Hours (Ext. 104 or by appointment):</b> Tuesday4:00–7:00
Planning & Zoning (Ext. 105)
Assessor (Ext. 107)
Hill Library664-2800
Monday through Thursday11:00-7:00
Saturday
<b>/</b>
Recycling Center Year-Round Hours:
Wednesday4:00 p.m7:00 pm
Saturday & Sunday9:00 a.m1:00 p.m.
I
Strafford Post Office
1079 Parker Mountain Road (Rt. 126), Strafford, NH 03884
Monday-Friday:
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Lobby & Post Office Box Access6:45 a.m. – 5:00 p.m.
Saturday:
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Lobby & Post Office Box Access
2000 γ & 1 050 Office Dol/10005

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### CHURCH DIRECTORY

CHURCH DIRECTORY				
Bow Lake Baptist Church	664-7401			
530 Province Road, Strafford, NH www.blfwbc.org				
	Worship Service 10:00 a.m			
3rd Baptist Church of Ctr. Straffo	ord664-7750			
30 Strafford Rd. www.tbcstrafford.weebly.com.				
	Worship Service 10:00 a.m.			
Crown Point Baptist Church	509-2224			
274 First Crown Point Rd.	Worship Service 10:00 a.m.			
St. Joseph's Catholic Church	435-6242			
	turday 6:00p.m. & Sunday 10:00 a.m.			
Northwood Congregational Chu	rch U.C.C942-7116			
881 First NH Turnpike (Rte. 4), No				
	Sunday Service 9:00 a.m.			
<b>St. Stephen's Episcopal Church</b> 50 Main Street, Pittsfield, NH 0326	3 www.ststephenspittsfieldnh.org Sunday Service 9:30 a.m.			
New Hope Church	285-3533			
34 Raymond Rd. (Rte. 156), Nottir	ngham, NH 03290			
www.new-hopechurch.com	Sunday Service 10:00 a.m.			
Nottingham Community University 106 Church St. (Rt. 156 & Church www.nc_uc@yahoo.com	St), Nottingham, NH 03290 Sunday Service 10:00 a.m.			
St. George's Episcopal Church	868-2785			
One Park Court at 14 Main Street, I				
	urch834-0863			
113 School St, Northwood, NH				

### **STRAFFORD LINKS**

Bow Lake Camp Owners Association	<u>blcoa.org</u>			
Bow Lake Community Club	www.bowlakecc.org			
Bow Lake Sailing <u>wessexusa</u>	.com/bls_main1.html			
BSA Troop 23 straff	Fordtroop23.webs.com			
Coe-Brown Northwood Academy	www.coebrown.org			
Hill Library	<u>hilllibrary.org</u>			
Lakeside Players	thelakesideplayers.org			
Strafford Community Calendar				
straffordcommunitycalendar.com				
Strafford Police	straffordpolice.org			
Strafford Recreational Sports, Inc.	straffordrecsports.org			
Strafford School	strafford.k12.nh.us			
Strafford Swamp Stompers Snowmobile Club				
<u>straffo</u>	rdswampstompers.org			
Strafford Town Democratic Committee				
	strafforddems.org			
Town of Strafford	<u>strafford.nh.gov</u>			

The Christian Cupboard and USDA emergency food distribution site at the Christian Center continues to serve the Town of Strafford. Persons needing food are invited to come to the Center on Thursdays between 8:00 and 10:00 a.m. for confidential emergency food distribution.

# Calendar of Events

			Calendar of Evenis
1	Mon	10:30 am	Story Time at Hill Library; note day & time change (every Monday except May 29).
		1:00 pm 4:30-5 pm	Strafford Garden Club meeting at Bow Lake Grange Hall; see article.  Free Dinner at Interfaith Community Kitchen; St. Joseph's Parish Hall, Northwood (every Monday).
		7:00 pm	Fire Department business meeting.
2	Tues	6:15 pm	TOPS (Take Off Pounds Sensibly) at Police Station (every Tuesday).
_	1403	7:00 pm	Strafford Town Democrats meet at Hill Library
3	Wed	5-6:30 pm	Free Dinner at Community Kitchen, Christian Center, Third Baptist Church (every Wednesday).
		7:00 pm	Fire Department EMS training.
4	Thu	8-10 am	Food Pantry at Christian Center (every Thursday).
		6:30 pm	Book Club meets at Hill Library.
		7:30 pm	Planning Board meeting at Town Hall.
5	Fri	7:30 pm	AA at Idlepines Room, Bow Lake Church (every Friday).
6	Sat	8:30-12:30	Hazardous Waste Day; see article.
		9:00 am	Women's Breakfast in Idlepines Room, Bow Lake Church.
7	C	10:00 am	Center Strafford Cemetery Association Annual Meeting at Christian Center; see article.
7	Sun	6.20	See Church Directory on <i>Contacts</i> page for local religious services.
8	Mon	6:30 pm 7:00 pm	Town of Strafford Republican Committee meets at Hill Library.  Conservation Commission meets at Town Hall.
		7:00 pm	Fire Department training.
9	Tues	5-7 pm	Artists Group meets at Hill Library.
		5:30 pm	Selectmen meet at Town Hall.
		6:30 pm	Bow Lake Community Club Meeting, Bow Lake Grange Hall; public welcome.
10	Wed	6:00 pm	Library Trustees meet at Hill Library; see <i>Library Lines</i> .
		6:00 pm	School Board meeting in Strafford School Library.
11		6-7 pm	Computer Help with Matt at Hill Library.
13	Sat		USPS National Food Drive; see article.
1 /	C	8:00 am	Mission Action Day, meet at Third Baptist Church; see article.
14	Sun		Happy Mother's Day
15	Mon	7,00 pm	Deadline for June Strafford Community Calendar. Fire Department work session at respective stations.
		7:00 pm 7:30 pm	Fire Department Officers meeting.
16	Tues	5-7 pm	Barrington Chamber of Commerce After Hours, Bow Lake Grange Hall (public invited).
		6:30 pm	Strafford Historical Society Potluck Supper & Annual Meeting at Austin Hall; see <i>Historical Notes</i> .
17	Wed	6:00 pm	SAU 44 Joint School Boards Semi-Annual meeting with CBNA in CBNA Library.
20	Sat	-	Armed Forces Day
		9:00 am	Plant Sale by Catamount Womenaid; see article.
		8:00 pm	Annual Ed Gerhard Bow Lake Grange Hall Benefit Concert & Food Pantry Drive.
21	Sun	1-4 pm	SHS & SWC Host Afternoon Tea & Vintage Radio Show at Austin Hall; see Historical Notes.
22	Mon	11:30 am	Strafford Women's Club Annual Meeting & Luncheon at Cassidy's Tavern; see article.
		6:15 pm	SAU 44 Joint Board meeting at SAU 44 office.
23	Tue	7:00 pm 5-7 pm	Fire Department work session at respective stations.  Artists Group meets at Hill Library.
23	Tue	5:30 pm	Selectmen meet at Town Hall.
24	Wed	6:00 pm	School Board meeting in Strafford School Library.
25	Thu	6-7 pm	Computer Help with Matt at Hill Library.
26	Fri	1	No School; student placement day.
27	Sat	8-11 am	Plant Sale at Bow Lake Grange Hall by Strafford Garden Club; see article.
28	Sun	2:00 pm	Sew & Chat at Hill Library.
29	Mon	=	MEMORIAL DAY (observed); No School; Town Hall and Library closed.
		11:00 am	Parade staging; see article.
		11:30 am	Memorial Day Parade; see article.
2.0	T	7:00 pm	Fire Department work session at respective stations.
30	Tue	6-7 pm	Smoothies program at Hill Library; see <i>Library Lines</i> .
31	Wed	5:30 pm	Evening of Spoken Word at Hill Library.
			1.0