

DEADLINE for the SEPTEMBER Issue of The Strafford Community Calendar is AUGUST 15

STRAFFORD COMMUNITY CALENDAR STAFF OF VOLUNTEERS

Visit Us on the Web Log on to www.straffordcommunitycalendar.com to see the online version of the Strafford Community Calendar

HOW TO SUBMIT ADS

Please email ads in Microsoft Word format (file name ends with .docx or .doc) or PDF format (file name ends with .pdf) to staff@straffordcommunitycalendar.com and your payment to SCC, P.O. Box 341, Strafford, NH 03884 by the 15th of the month before publication (e.g., July 15 for inclusion in the August issue). See Ad Rates & Sizes (below) on page 2 of every issue.

If you want us to design your ad, send us an idea of what you want included, along with your payment and the phone number where you can be reached with questions, to the SCC address above. Email any further questions to staff@straffordcommunitycalendar.com or call 942-8164.

WHERE TO FIND THE STRAFFORD COMMUNITY CALENDAR

Here are the locations where you can find a copy of the *Strafford Community Calendar*: Elf's; Hill Library; Post Office; Strafford Town Hall; Strafford School; Isinglass Store; K & J's Diner; Nippo Lake Golf Club; Northwood Garage; Northwood Physical Therapy; and online. The online version is posted in PDF format, complete with ads and working links on our website. Go to straffordcommunitycalendar.com; Click on **Download Current Issue** or **Download Previous Issue**; Save to your computer.

PHOTO CREDITS

The humming bird on this month's cover was "captured" by Bill & Linda Hodgdon. They also took the photo of sailboats on the lake on page 11. The photo on page 5 was taken by Rollande Merz at this year's Town Meeting. Pat Sims sent us the beautiful photos of the eagles on page 9 and the loon family on page 13. Be sure to look at these photos online (directions above). They are even more beautiful in color!

Send your photos to staff@straffordcommunitycalendar.com.

HOW TO SUBMIT ARTICLES

Please send articles to staff@straffordcommunitycalendar. com in Microsoft Word format (File name ends with .docx or .doc) or RTF format (File name ends with .rtf). Otherwise, place the text of your article directly into the message section of your email. (See guidelines below to submit photos with your article.) Place the name of your organization or article topic on the subject line. Include your name, email address, and phone number(s) on all submissions. We do not accept anonymous submittals.

The editors of this newsletter reserve the right to make any such corrections, additions, and/or deletions as needed in material submitted in accordance with established editorial practice. Opinions expressed in the *Strafford Community Calendar* do not necessarily reflect the opinions of the staff. The staff is not responsible for changes in function dates, times, or locations; errors; omissions; or cancellations. All materials must be received by the 15th of the month for inclusion in the following month's issue. Thank you for your cooperation.

HOW TO SUBMIT PHOTOS

Email photos in .jpg or .png format to staff@ straffordcommunitycalendar.com. Attach them to your email and include the photographer's name and the photo location(s) in your email, along with a statement of permission to print your photo(s). Send photos separately from your article; do not embed them into a Microsoft Word document.

THE STRAFFORD COMMUNITY CALENDAR AD RATES & SIZES

Regular Ads:

- 1-inch ad for 1 month: \$12.25; 3 3/4 in. wide x 1 in. high
- 1-inch ad for 6 months: \$68.50
- 1-inch ad for 1 year: \$117.00
- 2-inch ad for 1 month: \$24.50; 3 3/4 in. wide x 2 in. high
- 2-inch ad for 6 months: \$137.00
- 2-inch ad for 1 year: \$237.00
- 1/4-page ad for 1 month: \$30.00; 3 3/4 in. wide x 5 in. high
- 1/4-page ad for 6 months: \$170.00
- 1/4-page ad for 1 year: \$330.00

Inserts:

\$70 (After our review of your insert, you provide 1000 copies delivered to Lilac Printing, Rochester, NH by the 15th of the month before publication; e.g., May 15th for the June issue). A handling fee may be charged for more than one 8 ½ x 11 page.

Please remember:

- 1. Inserts in the *Strafford Community Calendar* must be approved by the editors on or before the deadline.
- 2. Inserts and ads are prepaid.

ICE CREAM SOCIALS

The July Strafford Women's Club Ice Cream Social made front page news in the July 8 Foster's Daily Democrat. A large color photo of a youngster adding toppings to a sundae was taken by Foster's reporter John Huff. Several additional color photos were printed on Page 2, including one of Coe-Brown Northwood Academy student volunteer Gwyn Locke scooping ice cream and another of Joel "Mr. Calef's Country Store" Sherburne enjoying his sundae. Photo titles noted that "Proceeds benefit the Club's many charitable programs including two college scholarships."

If you are one of the few who did not attend the July Social, you have a second chance. The next SWC Ice Cream Social will be held at the Bow Lake Grange Hall on August 3 from 4 to 8 pm. You can build a delicious sundae on a base of vanilla, coffee, or chocolate ice cream. Plenty of tasty toppings will be available, including fruits, nuts, sprinkles, other candies, caramel or hot fudge sauce, marshmallow, whipped cream, and a bright red cherry to top it off. Tickets will be sold at the door—small \$2.50; large \$3.50. Add a homemade brownie for fifty cents to eat with your sundae or to enjoy later.

Tickets for \$1.00 each will be sold for the Pick-a-Prize Raffle. Prize drawings will be held beginning at 7:30 pm during the last half hour of the Social. See separate article for a list of the many valuable prizes.

SWC SUMMER RAFFLE 2016

The Strafford Women's Club is offering tickets for sale for its Summer Raffle 2016 Fundraiser for scholarships and select community projects—One Ticket for \$1 or six tickets for \$5. Tickets are available at our Ice Cream Social on Wednesday, August 3, at the Bow Lake Grange Hall or from Carol Cooper at 942-8164. This is a pick-a-prize raffle where you choose the prize you wish to win by placing your tickets in the appropriate jar at the Social. Prizes include gifts and/or certificates from Ady's One Stop Gift Shop; Blue Oasis Spalon (Monique Cilley); Blue Oasis Spalon (Carol Griffin); Blue Oasis Spalon (Terra Martineau); Bow Lake Community Club; Cooper Hill Pizzeria; Dunkin Donuts Northwood; Halo's Family Hair Salon; Hannaford Northwood; Heritage Hardware; Isinglass Country Store; Johnson's Seafood & Steak Restaurant; K & J's Diner; Kriya Touch Therapies (Suzanne Jenkins); Liu's Garden Chinese Restaurant; Market Basket; Nippo Lake Golf Club; Northwood Diner; Northwood Garage; Piece Time Puzzles; Rochester Country Club; Town Line Tavern; a Deep Fat Fryer; and Turnout Treasures. Winning tickets will be drawn during the Ice Cream Social on August 3 beginning at 7:30 pm. You need not be present to win. Many thanks to our generous donors including AMI for our road signs!

And don't forget to enter our one-prize Silent Auction of a framed aerial photo of Bow Lake taken by Strafford's own Barry Nation (see him on Facebook). This would be a great addition to any home.

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MUSEUM PROGRAM

Have you been to the Children's Museum in Dover? How about the NH History Museum in Concord? When was the last time you went to Strawbery Banke? Well, you could go to any one of these, bring back a receipt for your fee, and present it to the Friends of the Hill Library for a reimbursement of up to \$25. This program allows you to go to any museum and be subsidized for at least part of your cost to visit. Any Hill Library patron can do this once a year. Just ask at Hill Library's circulation desk or go online for the forms (www.hilllibrary.org).

BOOK SALE AT HILL LIBRARY

The Friends of Hill Library will conduct a book sale and provide light refreshments from 10 am to 2 pm during Hill Library's Summer Reading Program closing event on August 20, 2016. If you have any books in decent condition you would like to donate to this sale, please bring them to Hill Library.

STRAFFORD WOMEN'S CLUB

The Strafford Women's Club's August 22, 2016, meeting will be held in the Idlepines Room of the Bow Lake Church at 1:30 pm. We will be reviewing the Ice Cream Socials/Raffle and planning future events. New members are always welcome. Hope to see you on the 22nd.

WOMEN'S BREAKFAST

The Bow Lake Church extends an invitation to all community women to come together for a once-a-month potluck breakfast. This gathering is designed for women of all ages to enjoy the fellowship of one another as well as giving the opportunity, through the easy channel of food, to become better acquainted. There is no charge, no homework, no deadline and no lists, but we do ask that everyone bring a dish to pass. Each breakfast features a new (and brief) speaker. Breakfast begins at 9 am on the first Saturday of every month in the Idlepines Room of the Church. Place settings and beverages are provided. Welcome! Come and enjoy.

AUSTIN CATE REUNION NEWS

The Austin Cate Academy reunion luncheon will be held on August 30, 2016, at 12 noon at Johnson's Seafood & Steak Restaurant in Northwood...and Nelson McLean will be there! Come one, come all; no reservations necessary; see you there.



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NOTES FROM THE TOWN CLERK

Regular Business Hours: Mon/Wed/Thu–8:30 to 2:00; Tuesday-1:00 to 7:00.

Online Vehicle Renewals & Dog Licensing—You can renew your vehicle registrations and license your dogs with the Strafford Town Clerk online. Just follow the instructions on the renewal letters we send OR go to www.strafford.nh.gov (our Town website) and locate the red "Online Payments" button on the home page. The Strafford Town Clerk will process your online renewals and mail your registrations/licenses to you. It's easy and convenient. Only renewals can be processed online; allow one week for processing; all new vehicles, vehicle transfers, and new dogs must continue to be processed in person at the Town Clerk's office. We continue to offer renewal services by mail or in person at the Town Clerk's office.

The Town Hall (including the Town Clerk's Office) will be closed on the following days in August, September, and October 2016: Monday, September 5, 2016—Labor Day; Tuesday, September 13, 2016—State Primary Election—open for voting only; and Monday, October 10, 2016—Columbus Day

The State Primary Election will be held at Strafford Town Hall on Tuesday, September 13, 2016. The polls will be open for voting from 8:00 am to 7:00 pm.

Voter Registration for State Primary Election / Supervisors of the Checklist Sessions—You may register to vote with the Town Clerk during regular business hours on or before Thursday, September 1, 2016. You may also register to vote at the Supervisors of the Checklist session to be held on Tuesday,

September 6, 2016 from 7:00 to 7:30 pm at Strafford Town Hall. If you have not registered to vote by September 6 and wish to vote at the State Primary Election, you may register at the polling place on Election Day, September 13.

For further information or questions, please contact Diane Waldron, Strafford Town Clerk, at 664-2192 ext. 102.

SUPERVISORS OF THE CHECKLIST

Supervisors of the Strafford Checklist will be sitting at Town Hall on Friday, August 19, 2016 from 2 to 2:30 pm for corrections of address and addition of new voters. Stipulations according to RSA 654:2. No change of party accepted until after the State Primary, according to RSA 654:32. If you are registering as a new voter, a photo ID, proof of citizenship, age, and residency in Strafford needs to be provided.



Supervisors of the Checklist, Marilyn Roderick, Carol Cooper, and filling in for Martha English, Judy Dupre.

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READY RIDES

Ready Rides is a non-profit organization formed to provide rides for seniors and physically challenged neighbors in Barrington, Durham, Lee, Madbury, Newmarket, Northwood, Nottingham, and

Strafford who need transportation to



medical and dental appointments.

We continue to see a growth in ride requests month after month. The success of our program depends on our volunteer drivers. We are always looking for new drivers. Our program works around your schedule and availability; you can do as many or as few rides as you want. Drivers select rides from a list of requested trips to match a driver to a rider. We offer training programs for new drivers and mileage reimbursement.

To request information about registering as a rider or volunteering as a driver, please email us at info@readyrides.org or call 603-244-8719.

Monetary donations are always appreciated and can be mailed to Ready Rides, P.O. Box 272, Northwood, NH 03261. Your gifts are tax deductible. Thank you.

SRS SOCCER PROGRAM SEEKS REFEREES

The Strafford Recreational Sports Soccer program is seeking certified referees for the fall soccer season. This is a great opportunity for local high school-age youth to make some extra money during the soccer season. See the following website for information regarding referee certification: https://sites.google. com/site/nhreferee/instruction/new-referee-training. If you are already certified and would like to get on our referee list, contact us. Contact Greg Sawyer or Craig Thomas with any questions: gsawyer@metrocast.net or chomas33@yahoo.com.





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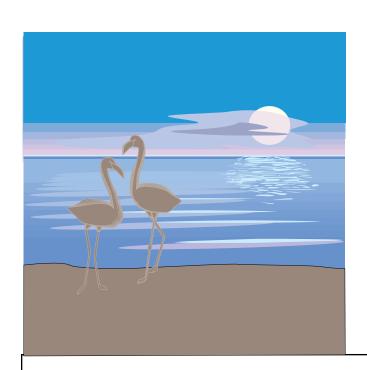
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CONSERVATION NOTES

We have good conservation news and bad news this month. Let's see, how shall we start? Let's get the bad news over first. Have you noticed that the shores of Bow Lake seem to be bristling with even more docks than ever before? It's true—there are new docks out there; and, strangely enough, no new permit applications to the Department of Environmental Services (DES) have come to the Conservation Commission's attention. Anytime a permit is submitted to DES for activity in a wetland, which of course includes the Lake, the application is also submitted to the Conservation Commission for our comment. The Conservation Commission cannot officially approve or disapprove, but DES invites our input and comment. All new docks, seasonal as well



as permanent, need to have a permit from DES! Find the guidelines for size, spacing, and distance from abutting properties at the DES website http://des.nh.gov/organization/divisions/water/wetlands/docks/index.htm. DES may require any docks without proper permits to be removed. Even if your dock is already in, update with a permit application.

And now for some very good news! The owner of the ten-acre Bennett Island, where the bald eagles and some of our Bow Lake loons are raising young, has agreed to permanently protect the island from development with a Bear-Paw conservation easement. We need to raise money to get the easement done, so once again the flamingos are going to be flying from lawn to lawn to help with this conservation project. For \$50 you can order a flock of 25 pink flamingos to surprise a friend with a 24-hour landing of the flock on their lawn placed by the Bear-Paw flamingo crew. Check the flamingo order form inserted loose in this issue of the *Calendar*, or find additional forms online at Bear-Paw. org. There will also be appeals for significant non-flamingo contributions to protect our Bow Lake's largest island.



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Contact Brian, a Strafford resident, for a free consultation!



STRAFFORD GARDEN CLUB

Our next meeting will be held August 8 at 1 pm at the Bow Lake Grange Hall. Our speaker will be this year's scholarship winner, Maria Rainey, a student at New Hampshire Technical Institute. Maria, who is studying Landscape Design, will be presenting all she has learned about landscaping in her classes. As always, the public is invited to our programs, which start at 2:30.

At our July meeting, a road clean-up crew was scheduled; future trips and outings were announced; and renovations for the Dam Garden were reviewed. Also, six "Welcome to Strafford Baskets" were readied for delivery to new residents in our Town. Finally, Ellie Daniels, Seacoast Regional Field Biologist, gave a presentation about loons.

On July 19 we ventured to "Garden in the Woods", New England Wild Flower Society's renowned botanical garden, which began in 1931. It is a 45-acre property located in Framingham, MA where winding paths wander through a maze of native plants and habitats. Lunch was enjoyed at the historic Wayside Inn.

August is a busy month in the garden. It is the time to reap the harvest that was so carefully planned and planted. There are plenty of "to dos" this time of year: Seed peas and spinach, keep harvesting squash and zucchini, giving your excess crop to neighbors and friends until they padlock their doors. Admire those tomatoes and pick the cherry ones off the vine for your breakfast on the way to work. Remember to harvest herbs for use and drying; take pictures of your garden at peak for

bragging rights; and prune summer flowering bulbs and plants.

Having trouble with deer eating your hosta plants? Try Liquid Fence. It will keep deer away but must be re-sprayed after watering and/or rain. Also, try hanging original Irish Spring Soap on a string and place in fruit trees.

Other helpful tips: Water hydrangeas with tea. Kill slugs and snails with salt or use Slug Go, which can be purchased at Wentworth Gardens in Rollinsford. Got weeds in the cracks of your walkway? Try making a mixture of 1 cup of salt and 2 cups

of water and spray liberally. Want to get rid of red ants? Try making a mixture of ½ cup of borax and ½ cup of sugar. Last but not least, what kind of hose does a gardener wear? A garden hose! See you in the garden.



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STATISTICAL REVALUATION UPDATE

In accordance with New Hampshire State law and with appropriations voted at the 2016 Town Meeting, Strafford has been in the process of undergoing a Statistical Revaluation of all real properties within the Town boundaries. KRT, the firm contracted to complete this work, is nearly finished. In early to mid-August, property owners will receive a letter from KRT notifying them of their property's current assessed value. The letter will also outline the process to follow should owners believe their property value is inaccurate. Informal meetings to discuss property values will be held in mid- to late August at the Town Hall; the letter will direct property owners how to schedule an appointment should that be desired. The Town website, www.strafford.nh.gov, will have updated information concerning the process as it becomes available. As always, should there be any questions about the process, please feel free to call the Town Hall at 664-2192 ext. 107.



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YOGA CLASSES

Please join Lanta Bice Totten, a certified Yoga Instructor, twice a week on Mondays and Wednesdays from 6 to 7 pm through August 24, 2016, to experience the benefits of yoga. This program is hosted by The Bow Lake Community Club. Discover increased flexibility, a greater sense of ease in your life and so much more! Lanta's classes are mindful, interwoven with yogic philosophy and open to all levels. Her unique style and sense of realness invites ease in her students. Find greater connection with yourself and your community this summer at The Bow Lake Grange Hall, 569 Province Road in Strafford. This is a "By Donation" offering. There are no set fees. Pay what you are able. A few mats are available, but consider bringing your own if you have one.



PETER CARSWELL ANTIQUES

STILL BUYING!







As many of you may know, the antiques business is going through tremendous change. I'm still out there buying what's selling!

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STRAFFORD TOWN DEMOCRATIC COMMITTEE

The Strafford Town Democratic Committee and other Strafford residents gathered in July at the Bow Lake home of Dan and Joyce Cappiello to hear from Andru Volinsky, a New Hampshire lawyer and education advocate running for the Executive Council in District Two, which spans from Keene to Concord to the Dover/Rochester area. Volinsky's diverse experience includes teaching at the University of Tennessee School of Law, working for the New Hampshire Public Defender Program, then transitioning to private practice. He is perhaps best known for representing communities fighting to protect public funding for schools, including in the Claremont School Funding suit, and he currently represents the City of Dover and the Dover School District in their fight for fair school funding. He represented the New Hampshire Secretary of State in the effort to regulate insurance risk pools, which led to the return of over \$100 million to property tax payers since 2012. He also has worked to protect public workers' pensions while representing the New Hampshire Retirement Security Coalition.

The Strafford Town Democrats will meet next on Tuesday, August 2, at 7 pm at Hill Library. Please join us for more updates on this exciting election year. Stay in touch online at www.strafforddems.org.

STRAFFORD TOWN REPUBLICAN COMMITTEE

At the July meeting of the Strafford Town Republican Committee, we were joined by both State Representative Kurt Wuelper and the Ayotte for Senate Field Director for Strafford County, Hannah Hazlett. Rick Ashooh, who is running for the United States House 1st District seat, was favorably discussed with his time working at Bae pro-life stance, and that he is active in social justice and charitable work. Hannah comes from a military family, and her Dad has been working through a traumatic brain injury and is just about through college and will be counseling Vets with traumatic injuries. Hannah likes and appreciates the sincerity of US Senator Ayotte and her industriousness. Kelly is very supportive of the 2nd Amendment and won the New Hampshire Coalition of Taxpayers even though she was not in attendance. Kelly was the first female Attorney General and is solidly supportive of law enforcement.

STRAFFORD COMMUNITY CALENDAR DEADLINE

Publishing a sixteen-page newsletter, in print and online, every month is extremely time-consuming. In order to meet the publication schedule, the editors need your cooperation in honoring their deadline as follows: All articles and ads must be turned in by the 15th of the month. Late submissions will only be accepted from those who have made special arrangements with one of the editors no later than the 15th. Of course, early submissions are always welcome.



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BOW LAKE COMMUNITY CLUB NEWS

Who doesn't like Pulled Pork? After days of rubbing, braising, and pulling over 200 pounds of delicious pork, our parking lot and kitchen were hopping with hungry diners. Thank you to everyone in the community who came out for this annual July 3 event. See you next year!

Ducks O'er the Dam is on Saturday, September 3. There'll be fun for the whole family–food, games, and water activities. Do you have your six-quack yet? Don't wait—to adopt your ducks and be eligible for our cash prizes, go to our website, bowlakecc.org, and find the "Adopt a Duck" link; or you can visit the Isinglass Country Store or K & J's Diner adjacent to the store. If you have any questions, contact David Murdoch at murdochwd@aol.com or 905-9897. It will be a quacking good time.

We are proud to announce local winners of our 2017 Strafford Calendar Photo Contest as follows: Steven Bachmann, Paul Poe, Paula L. King, Robin Pullo, Jean Ewen, Pat Sims, Charlie Matteson, Mike Smith, and Suzanne Murdoch. Thank you to everyone who sent in such gorgeous area photos. Look for details on our 2017 Strafford calendar in the next issue. What better way to share our beautiful corner of the world with family and friends?

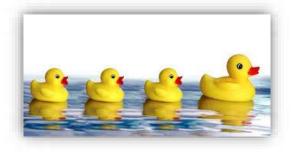
Show your community pride--Bow Lake Community Club T-Shirts now available. You may have seen us wearing our classic crew neck shirts at the Pulled Pork event. Neutral heather gray with black printing (duck on the front, "Supporting Our Grange Hall" on the back), we have sizes from medium to X-large at a cost of \$15. Supplies are limited. To get yours, contact Michelle Benger at 664-5745.

Our very popular annual Chili & Chowder Challenge is coming on October 8. You don't want to miss it. To sign up for this popular event, call Michelle Benger at 664-5745 and throw your chef's hat into the ring.





GAMES WATER ACTIVITIES* FOOD



Adopt a duck (or a six-quack) and join us for our epic Ducks O'er the Dam and family fun event on Labor Day weekend! You'll be eligible for cash prizes while supporting the Bow Lake Grange Hall. Adopting your ducks is easy:

- Go online to bowlakecc.org and click on the link "Ducks," or
- Purchase at the Isinglass Store or Karen & Julio's, or
- Call David Murdoch at 905-9897

*Kids – bring your bathing suit for maximum fun!



THE TRANSFER/RECYCLING CENTER BESIDES BOW LAKE, MY FAVORITE PLACE IN STRAFFORD!

OK, I'll admit it, being a homeowner in Strafford, I've been fascinated by the help, organization, and neatness of the Transfer Center for 23 years. It seems like the place to "see and be seen" in Strafford. To begin with, I asked the attendants at the "dump" a question about whether to call it officially the Transfer Center or Recycling Center and was told both are appropriate. For this article, I interviewed three attendants: Ben Frankum, the leader, Eugene, and Dan. They told me some funny and touching stories. And they each seem to have very big hearts and a great connection to the community. All the attendants receive mandatory training once a year to learn the latest about disposing of tires, various oils, Freon, etc. Call me "out of it", but I never realized that the big mound in back of the transfer center was the former dump!

Why is it a favorite place of mine? (Other than the BLCOA's upcoming Lobster BBQ on Saturday, August 13, from 5-7pm--Call Becky Whitcher for tickets: 603-664-9067). Because I look forward to going there every Wednesday or every weekend to deposit my hard-earned garbage, jars, plastics, and paper. I really look forward to the shed with its fascinating collections. For hours see www.strafford.nd.gov/index/php/recycling-center. When I asked about the worst weather they have experienced, Eugene said that the attendants are like the postmen—they deliver in rain and snow and sleet and hail. Ben told of a time during a bad snow storm when the electricity

went out and the trash compactors didn't work. Sometimes they will close if the weather is really bad so that people aren't tempted to come out.

Ben told me about a minister that repairs violins to give to kids that want to play. He also told me about seeing generations of families take bicycles with training wheels, then bring those back and upgrade to true two-wheelers. He said he usually gives things in the shed one week for "adoption," although I have seen some exercise equipment there for longer. Dan said he considers the people who throw out their exercise equipment, some of it brand new, "members of the Liar's Club"—hilarious, I thought to myself. As for the shed, my husband researches it thoroughly every time we go. His two pride and joys were a series of encyclopedia-like books written after WWI, and a set of red and gold cigar boxes he found early this summer. He always finds a new/old book to read. We found a transfer chair on wheels for my 95-year old mother which we passed on to another person in need. I have found numerous mugs, large and small—my favorite one is a ceramic cow at the bottom of the mug, which must inspire children to drink all their milk so they can get to the cow! And I just lately found a blow-up penguin that I am going to send to my grown daughter in San Francisco who loves penguins. Ben took home a 12-point deer head himself. So if you recycle things in the shed, you never know what or where they will end up in the world. Another funny story was how some people, while backing up to dispense metal, old suitcases, not garbage, actually drive over the cement wall;

(Continued next page)



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The Cooper House • 195 No. Main St., Rochester, NH 03867 603-332-7423 • 800-491-7423 • Fax: 603-332-6950 E-mail: boyencpa@metrocast.net others fall into the lower level pit!

Ben told me that Strafford people do a good job recycling. The more we recycle, the less the Town has to pay. He said the aluminum pop cans (below) are good money-makers for the Town. They also make money on metal. I learned there is a lot to learn at the Recycling Center.

TOPS

It's always a great time to refocus on your personal goals. TOPS (Take Off Pounds Sensibly) meets on Tuesday evenings at 6:15 pm at the Strafford Police Station. 2015 was a great year for our chapter. Our members lost a combined total of over 112 pounds! With the support of others, you too can reach your goals! Please join us to see what our group can do for you.



HISTORICAL NOTES

The Strafford Historical Society's annual fundraising yard sale will be Saturday, August 13, and Sunday, August 14, from 8 am to 2 pm at the Old Waldron Store, 520 Province Road. This event is rain or shine—we will have the big tent again this year. We already have received some wonderful donations, so expect an excellent shopping experience, all for a good cause. Yard sale proceeds help the Historical Society maintain our two buildings—the Old Waldron Store and Austin Hall. Your support makes all the difference.

If you would rather join us under the tent, tables are available for \$15. We welcome donations large and small. Items for the yard sale may be dropped off on the front porch of the Old Waldron Store, or contact JoAnn Brown at 664-2225 or Liz Evans at 664-7736 (eevans.strafford.nh@gmail.com). Please, we cannot accept large appliances or electronics that would be costly for our organization to dispose of should they not sell. Thank you.

The next Bicentennial Planning meeting will be on Monday, August 15, at 6:30 pm at the Old Waldron Store. Are you interested in helping out with the Bicentennial or do you have some good ideas to share? All are welcome. If you cannot attend and you would like to get involved, please contact the planning group at straffordbicentennial@gmail.com.

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LIBRARY LINES

Come log your books for our Summer Reading Program and earn a ticket for our weekly prizes. We have three more weekly craft projects on Monday afternoons from 2 to 4 pm. If you feel like cooling off in air conditioning with a movie, Tuesday and Thursdays are our weekly Movie Time from 2 to 4 pm. If you want to hear some stories and have a craft, Story Time sessions will be held on Wednesdays from 11 am to noon. And, for the month of August, Hill Library has "Simple Machines" for patrons to explore. These are on loan from the State Library. Come in and create something. And try our Wii Challenge on August 27 from 11 am to 1 pm. Bring a friend and play some games.

Celebrate the end of Summer Reading on August 20 with Hill Library. Come by for the huge Book Sale from 10 to 2 pm. Take some books home. Join us for Ilze Luneau, the Basketball Queen from 10 to 10:45 am. Ilze will amaze audiences with never before seen basketball handling tricks. She dribbles, juggles, and spins on a balance board. Come join the fun.

New to the Collection—Check out our new Suncook Inter-Library Cooperative (SILC) materials. We have received 40 new audio CDs and DVDs. Come in and check them out! All of the new items are on the back side of the white shelf on your right as you enter the Library. Check our website: www.HillLibrary. org and our Facebook page (Hill Library) for new titles to our collection. If you like audio and ebooks, go to nh.lib.overdrive. com. You can check out three titles at a time. Choose Strafford Hill Library; and when prompted for your Library card number, enter 4692 and your six digit card number.

Come in and check out our telescope. We also have three Kindles that can be checked out. You can use these when you download ebooks from NH Downloadable Books Consortium, accessing thousands and thousands of titles. If you haven't already, come in and find out how to download audios and ebooks with your Library card.

Hill Library Trustees—The next Trustees Meeting is on Wednesday, August 10, at 6 pm. All Trustees meetings are open to the public—please join us.

Programming—Feeling artistic? Try the Cartoon and Drawing Club on August 2 and 16 from 5 to 7 pm. For older artists, join in a time of creative expression with other likeminded individuals on August 9 and 23 from 5 to 7 pm. Both programs are led by the wonderful Anne Smith. Anne will also have a stick bound book craft workshop on August 9 from 11 am to 2 pm. All Hill Library events are free and open to the public.

YO-YO SHOW & THROW

Show your Yo-Yo stuff; learn new tricks; and develop new skills at Hill Library in Strafford on August 3 and 17 from 6 to 7 pm. All levels welcome—ages 6 to 600. Please join us.

AN EVENING OF SPOKEN WORD AT HILL LIBRARY

What do you say to you and me checking out the Hill Library? I've been told it's mostly free and joining goes quite easily. I go there about every week, to check out books and then to speak to crew and boss, and then I seek out something to take home that's new. But here I guess I must digress and then confess to you, about the reason I'm writing this and what else it is I do. You see the last week of the month, a clan or bevy or maybe a bunch of poets get ourselves together—we do it in almost any weather. The first to read is called the feature. They are a kind of special creature. They sing or read, they entertain—an hour to read, talk and explain. They're full of knowledge and full of wit and sometimes go on about themselves a bit. Then drinks and snacks and maybe some brownies, and chips and dips and Calef's cheese. We each then stand—woman and man—one at a time to read or rhyme. And when at last the hour is passed and each has had his say, the moderator wraps it up and declares an end of the day. Sometimes a song erupts in fun and later when the night is done, and after sweeping up and picking up, each goes home and every cup is filled with something you can't see. Yes everyone is blessed to be, filled with song and poetry. To clarify any mystery—it's free, it's your library, for all, big and small, Email me! Skip Manning 07072016 skip.manning@aol.com.

Old Home Day



Family Fun for ALL Ages Sunday, Aug. 14th, 10 am

Crownpoint Baptist 274 First Crownpoint Rd. Strafford, NH

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www.mrhowdo.com

Contacts

EMERGENCY NUMBERS

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Police/Fire/Medical Emergency911
Police Non-Emergency664-5644
Police Business Line664-7462
Dog Officer
Poison Control1-800-562-8236
All Emergencies911
Fire Department Business Line664-6863
Town Hall
Town Clerk's Hours (Ext. 102):
Monday, Wednesday, & Thursday
Tuesday
1.00 7.00
Tax Collector's Hours (Ext. 103):
Monday & Wednesday
Tuesday
1:00-0:00
Town Office/Selectmen's Hours (Ext. 110 or 101): Monday, Tuesday, Wednesday9:00–noon
Building Inspector's Hours (Ext. 104 or by appointment): Tuesday4:00–7:00
Planning & Zoning (Ext. 105)
Assessor (Ext. 107)
Hill Library664-2800
Monday through Thursday11:00-7:00
Saturday
/
Recycling Center Year-Round Hours:
Wednesday4:00 p.m7:00 pm
Saturday & Sunday9:00 a.m1:00 p.m.
I
Strafford Post Office
1079 Parker Mountain Road (Rt. 126), Strafford, NH 03884
Monday-Friday:
$Retail\ Service8:00\ a.m12:30\ p.m.\ \&\ 1:30\ p.m4:30\ p.m.$
Lobby & Post Office Box Access6:45 a.m. – 5:00 p.m.
Saturday:
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CHURCH DIRECTORY

CHURCI	H DIRECTORY			
Bow Lake Baptist Church	664-7401			
530 Province Road, Strafford, NH www.blfwbc.org				
	Worship Service 10:00 a.m			
3rd Baptist Church of Ctr. Stra	afford664-7750			
30 Strafford Rd. www.tbcstrafford.weebly.com.				
	Worship Service 10:00 a.m.			
Crown Point Baptist Church	509-2224			
274 First Crown Point Rd.	Worship Service 10:00 a.m.			
St. Joseph's Catholic Church	435-6242			
	.Saturday 6:00p.m. & Sunday 10:00 a.m.			
Northwood Congregational C	hurch U.C.C942-7116			
881 First NH Turnpike (Rte. 4),				
	Sunday Service 9:00 a.m.			
	1			
New Hope Church	285-3533			
34 Raymond Rd. (Rte. 156), No	ttingham, NH 03290			
www.new-hopechurch.com	Sunday Service 10:00 a.m.			
Nottingham Community Univ 106 Church St. (Rt. 156 & Chur www.nc_uc@yahoo.com	rersalist Church			
St. George's Episcopal Church	868-2785			
One Park Court at 14 Main Stree				
Northwood Advent Christian (113 School St, Northwood, N	Church834-0863 H Worship Service 10:00 a.m			
110 001100100, 1101011110000, 11	The state of the following			

STRAFFORD LINKS

Bow Lake Camp Owners Association	<u>blcoa.org</u>			
Bow Lake Community Club	www.bowlakecc.org			
Bow Lake Sailing <u>wessexusa</u>	.com/bls_main1.html			
BSA Troop 23 straff	Fordtroop23.webs.com			
Coe-Brown Northwood Academy	www.coebrown.org			
Hill Library	<u>hilllibrary.org</u>			
Lakeside Players	thelakesideplayers.org			
Strafford Community Calendar				
straffordcommunitycalendar.com				
Strafford Police	straffordpolice.org			
Strafford Recreational Sports, Inc.	straffordrecsports.org			
Strafford School	strafford.k12.nh.us			
Strafford Swamp Stompers Snowmobile Club				
<u>straffo</u>	rdswampstompers.org			
Strafford Town Democratic Committee				
	strafforddems.org			
Town of Strafford	<u>strafford.nh.gov</u>			

The Christian Cupboard and USDA emergency food distribution site at the Christian Center continues to serve the Town of Strafford. Persons needing food are invited to come to the Center on Thursdays between 8:00 and 10:00 a.m. for confidential emergency food distribution.

1		Mon	5-6 pm	Free Dinner at Interfaith Community Kitchen, St. Joseph's Parish Hall, Northwood (every Monday).
			7:00 pm	Fire Department Business Meeting.
			7:00 pm	
2	2	Tue	2-4 pm	Movie at Hill Library; see Library Lines. Calendar of Events
			5-7 pm	Cartoon & Drawing Club meets at Hill Library.
			5:30 pm	Selectmen meet at Town Hall.
			6:15 pm	TOPS (Take Off Pounds Sensibly) at Police Station (every Tuesday).
			7:00 pm	Strafford Town Democrats meet at Hill Library.
3	,	Wed	11:00 am	Story Time at Hill Library (every Wednesday).
			4-8 pm	Ice Cream Social Fundraiser by Strafford Women's Club at Bow Lake Grange Hall; see article.
			-	Free Dinner at Community Kitchen, Christian Center, Third Baptist Church (every Wednesday).
			6-7 pm	Yo-Yo Show & Throw at Hill Library; see article.
4	ί	Thur	7:00 pm 8-10 am	Fire Department EMS training. Food Pantry at Christian Center (every Thursday).
7	t	Tilui	2-4 pm	Movie at Hill Library; see <i>Library Lines</i> .
			6:30 pm	Book Club meets at Hill Library.
			7:30 pm	Planning Board meets at Town Hall.
5		Fri	7:30 pm	AA in Idlepines Room, Bow Lake Church (every Friday).
Ć	_	Sat	9:00 am	Women's Breakfast in Idlepines Room, Bow Lake Church.
			7:00 pm	Bow Lake Camp Owners Association Annual Meeting at Bow Lake Grange Hall.
7	7	Sun	1	See <i>Contacts</i> page for religious services.
			12 Noon	Wildflower Identification Walk; see Conservation Notes.
8	3	Mon	1:00 pm	Strafford Garden Club meets at Bow Lake Grange Hall; see article.
			6:30 pm	Town of Strafford Republicans meeting at Hill Library.
			7:00 pm	Fire Department Training.
9)	Tue	11a-2p	Make & Take Craft at Hill Library.
			2-4 pm	Movie at Hill Library; see <i>Library Lines</i> .
			5-7 pm	Artists Group meets at Hill Library.
1	^	W/. 1	6:30 pm	Bow Lake Community Club meeting at Bow Lake Grange Hall; public welcome.
1	0	Wed	6:00 pm	School Board meets in Strafford School Library.
1	1	Thur	6:00 pm 2-4 pm	Library Trustees meeting at Hill Library. Movie at Hill Library; see <i>Library Lines</i> .
1	. 1	Hilli	6-8 pm	Computer Help at Hill Library with Matt Olenski.
1	3	Sat	8am-2pm	Yard Sale at Old Waldron Store by Strafford Historical Society; see article.
-		out	5-7 pm	Annual Lobster Cookout at Whitcher's Point by BLCOA; tix at www.blcoa.org.; see insert.
1	4	Sun	8am-2pm	Yard Sale at Old Waldron Store by Strafford Historical Society; see article.
1	5	Mon	•	DEADLINE for September Strafford Community Calendar.
			6:30 pm	Bicentennial Planning meeting at Old Waldron Store.
			7:00 pm	Fire Department work session.
			7:30 pm	Fire Department officers meeting.
1	6	Tue	5:30 pm	Selectmen meet at Town Hall.
			2-4 pm	Movie at Hill Library; see <i>Library Lines</i> .
	7	3377 1	5-7 pm	Cartoon and Drawing Club meets at Hill Library.
		Wed	6-7 pm	Yo-Yo Show & Throw at Hill Library; see article.
	8	Thur	2-4 pm	Movie at Hill Library; see <i>Library Lines</i> .
	.9 20	Fri Sat	2-2:30 pm 10:00 am	Supervisors of the Checklist sit at Town Hall; see article. Summer Reading Finale at Hill Library with Basketball Queen; see <i>Library Lines</i> .
	.0	Jai		Book Sale Blow Out at Hill Library.
2	2.	Mon	1:30 pm	Strafford Women's Club meeting in Idlepines Room, Bow Lake Church; see article.
_	-	1/1011	7:00 pm	Fire Department work session.
			6:15 pm	SAU 44 Joint Board meeting.
2	23	Tue	5-7 pm	Artists Group meets at Hill Library.
2	24	Wed	6:00 pm	School Board meets in Strafford School Library.
2	25	Thur	-	First day for all students at Strafford School.
2	27	Sat	11a-1p	Wii Challenge at Hill Library.
2	28	Sun	2:00 pm	Sew & Chat at Hill Library.
	29	Mon	7:00 pm	Fire Department work session.
3	80	Tues	Noon	Austin Cate Academy reunion luncheon at Johnson's.
			5:30 pm	Selectmen meet at Town Hall.
				4.0